

The Our Lady of Sion College

Newsletter

College Theme 2018 – Rejoice in God's Love



From the Principal

At the heart of a strong community are those relationships that bind the community together. And at the heart of good relationships are the beliefs or values shared by those who form and contribute to the community. As a Catholic school community, the beliefs that we promote are centred on God's love for all of us and the idea that we are made in the image and likeness of God. Implicit in this is a respect for each person's dignity and uniqueness, and the community's support for each person's fulfilment.

As the staff and I work towards supporting each student's learning growth and wellbeing this year, it is timely to reflect on the key elements that can contribute to the full flourishing of our students. We do this in the full knowledge that as a staff we work in partnership with the families who are the primary educators of our students.

As outlined at our Information Evening a few weeks ago, we will encourage each student to make the most of her opportunities and to become involved in the full program of activities we offer. We hope and expect her to work to the best of her ability and encourage her to seek assistance early if she is encountering any challenges. We hope each student is now well on the way to developing a close relationship with her Subject teachers, Homeroom teacher and Year Level Coordinator. We also encourage students to develop strong and respectful relationships with each other and to work together so that everyone can thrive. Parents/guardians are always welcome to contact us to enquire about their daughter's progress or to share important information that will allow us to better support their daughter.

Central to all positive relationships is a common purpose, good communication, trust and honesty. Research tells us that when a strong partnership is formed between families and the school, learning and student wellbeing can be enhanced. To this end, we hope the Our Lady of Sion Support Network and staff contact details facilitate this process. These details were distributed on our Information Evening and are also enclosed in this newsletter.



1065 Whitehorse Road, Box Hill, 3128
Tel: 9890 9097 Fax: 9899 1456
Email: info@sion.catholic.edu.au
PRINCIPAL: Mrs Tina Apostolopoulos

IMPORTANT DATES

Week B

Mon 5 Mar	Italy & China Study Tour Pre-departure Evening Miriam Theatre @ 7:00pm
Wed 7 Mar	Year 7 Camp
Thu 8 Mar	Year 7 Camp
Fri 9 Mar	Year 7 Camp

Week A

Mon 12 Mar	Labour Day Public Holiday
Wed 14 Mar	Year 7 Family Mass LHC @ 7:00pm
Thu 15 Mar	Year 10 Retreat Space School Information Sessions: Miriam Theatre Juniors – 6:00pm Seniors – 7:30pm
Fri 16 Mar	College Talk & Tour @ 9:30am Catholic Education Week Mass at St Patrick's Cathedral

From the Principal...

School Review

This year, Our Lady of Sion College will be undertaking a School Review process. Reviews occur every four years and provide valuable opportunities for schools to reflect and plan for continuing growth and improvement. For this review cycle, the College will be using the Australian Council for Educational Research (ACER) National School Improvement Tool (NSIT). Rather than completing surveys as we have done in the past, three reviewers will spend four days at the College, 1–4 May, evaluating our programs and processes against nine Domains. Their report to the community will include affirmations, commendations and recommendations. The latter will inform our next School Improvement Plan, which will guide our work for the next four years. Further information about the ACER NSIT may be found at www.acer.org/school-improvement/improvement-tools/national-school-improvement-tool.

College Open Day

This year, our Open Day will be held on Thursday 22 March from 2:30 – 6:30 pm. This is not only an opportunity for prospective families to visit our school, but a way for current parents and guardians to see first-hand the learning experiences that their daughters are undertaking. I invite all parents and guardians to come along on 22 March to see classes in action and to learn more about how we are meeting your daughter's faith, learning and wellbeing needs.

God bless for the fortnight ahead.

Tina Apostolopoulos
Principal



Do you have a daughter currently in Year 5? Applications for Year 7, 2020, are now being accepted.

Families already enrolled at the College still need to submit an [Application for Enrolment Form](#) for each additional child. If you have a daughter in Year 5, please ensure you submit her application for enrolment by **Friday 17 August 2018**. For all enquiries, please contact Mrs Karen Morris, College Registrar, on 9890 9097 or info@sion.catholic.edu.au.

1065 Whitehorse Rd, Box Hill, 3128
Phone 03 9890 9097
Email info@sion.catholic.edu.au



Deputy Principal Faith and Mission



Last week our Year 12 students participated on their Retreat. This was a wonderful opportunity for the girls to step back from the busyness of their VCE studies and spend some time reflecting on their own lives, the relationships they have with each other and their connection to their God.

It was great to see the way the students entered positively into the activities on Retreat and how they engaged with the staff leaders. A special part of the retreat saw the girls pack toiletries to be distributed to men attending Ozanam House – a shelter in Flemington for the homeless. We shall add this to our list of *90 Deeds for 90 Years*.

Also last week, four students, Sally Collins, Georgia Drake, Rebecca Hosie and Monique Turner, who participated in the Australian Catholic Youth Festival in Sydney last December, were part of a student panel that presented to the staff of Catholic Education Melbourne, sharing some of their thoughts and reflections that the Festival has had on them.

Below is an extract from the CEM Director's eNews:

The panel also commented on quotes from Pope Francis and Archbishop Hart about the Year of Youth, where the leaders speak of their intention to listen to and engage with young people as often and as extensively as possible, drawing them into the heart of all the Church.

Georgia Drake, from Our Lady of Sion College, described a conversation she had with a bishop at the Australian Catholic Youth Festival, saying 'he cared about what we had to say, what we had to say about growing up Catholic, Catholic schools and the stigma of being Catholic we endure because it is something we want to be a part of'. She described how he had joined them on the train and that at first they didn't know whether or not to talk to him, but that he encouraged them to speak freely. As the students shared these anecdotes the heads were nodding and the sense of recognition rippled through the audience.

John McInerney, Deputy Principal – Faith and Mission



In Remembrance

Our thoughts and prayers go to Robyn McCann (Accounts) whose mother-in-law passed away this week. We remember Robyn and her family in a particular way at this sad time.

*Eternal rest grant unto her, O Lord, and may your perpetual light shine upon her.
May her soul and the souls of the faithful departed rest in peace, Amen.*



Deputy Principal Learning and Teaching



Next week we acknowledge International Women's Day and are grateful that our girls can be educated in a safe, nurturing and vibrant learning community such as Our Lady of Sion. It is an opportune time to pause and reflect on the learning that is possible at Sion and the opportunities that an excellent education provides for the future. Girls' schools are equipped to cater to the learning needs of girls where learning has no boundaries. We also understand not only how girls learn but also what strategies can be used when learning is challenging.

Every day your daughter is being confronted with new knowledge and new concepts, or her prior knowledge is being extended. Sometimes being confronted with lots of new knowledge can be challenging. Challenge is exciting when we feel empowered with strategies to actively make sense of new knowledge.

This raises a very important question, 'How can we empower our learners?' There are many strategies you can use to help your daughter feel that she is in control of her learning. The following is some useful advice from Professor Andrew Martin, University of Sydney.

Support your daughter to take control of her learning

Girls tend not to have a strong sense of control over their academic life, Andrew says.

'We find they don't always feel they're in the driver's seat and they are uncertain about their ability to avoid poor performance and failure.'

Parents can remind their daughters of three things where they have control over their learning:

- **Effort** – how hard they try
- **Strategy** – the way they try and the way they do their work
- **Attitude** – what they're thinking about themselves and the tasks they have to do.

'The more they can focus on these three things, the more in control they'll feel,' Andrew says.

I would like to remind parents and students that learning is a partnership between the teacher and the learner. Teachers welcome student feedback and it is crucial that students develop the skills to confidently ask questions, seek clarification and share their learning perspective with their teacher. A key strategy in becoming an active learner is to speak directly with the teacher with any learning concerns. Likewise, I encourage parents/guardians to also speak directly with the subject teacher if there are any concerns.

I would also like to inform parents that formal feedback on student learning progress takes place through Student Progress Meetings. In Semester 1, Student Progress Meetings are scheduled to take place as follows

18 April, 2.00 – 8.30 pm Student Progress Meetings (for students with surnames A–K)
24 April, 2.00 – 8.30 pm Student Progress Meetings (for students with surnames L–Z)

Please add these dates to your diary and take note that a letter to parents/guardians with detailed information will be sent via email on 21 March.

All the best for the fortnight ahead.

Michelle Rangelov
Deputy Principal – Learning and Teaching

Deputy Principal Student Wellbeing



Developing good skills to make and manage relationships is not as easy nor naturally occurring as one might imagine. With technology being used as a significant medium for relationships, it is not surprising that we are now seeing a 'delay' in the development of face-to-face social skills such as reading body language and knowing how to respond when someone is angry, upset or frustrated.

We commonly see a shift in friendships at all year levels at the beginning of the year and it is not only our Year 7 students who are experiencing the challenges of managing old and making new friendships. It is important that parents, regardless of the age of their daughters, talk about what to look for in a good relationship, including:

- the use of kind and supportive language
- taking turns and cooperating
- offering help when needed
- loyalty and being a good confidant
- inclusion in groups and activities
- an understanding of how others feel
- caring about others' opinions and interests
- the ability to give each other space and time outside of the friendship.

It is also important for parents to expect that their daughter will be a good friend when looking for companionship in others. Asking your daughter, 'Who were you kind to today?' is one way to set this expectation during her earlier years at school. When students understand how a healthy friendship should look and feel, they are better equipped to extricate themselves from relationships that are hurtful or make them uncomfortable.

Child Safe Standards

The second *Child Safe Standard* requires schools to develop and publicly communicate a Statement of Commitment to child safety or a school child-safe policy to their community. Our Lady of Sion College has recently undergone the process of reviewing both our Child Safety Policy and Code of Conduct to ensure that they continue to reflect the needs of our students and comply with changes in Government guidelines. This policy, the Code of Conduct and the CECV Commitment Statement can be accessed from our website www.sion.catholic.edu.au/student-wellbeing/134/p/child-safety. If you have a concern about the wellbeing of an Our Lady of Sion student, you are encouraged to contact the school and ask to speak to me or a member of the counselling team.

Christine Kralj

Deputy Principal – Student Wellbeing



Welcome back to all community members for 2018. The technological world continues to grow and we adapt accordingly. With the commencement of the new year, now is the time to ensure that you update or change all your passwords to ensure that all your data, intellectual property and documentation are secured.

The key aspects of a **strong password** are length (the longer the better); a mix of letters (upper and lower case), numbers, and symbols; with no ties to your personal information, and no dictionary words. Here are some examples that you might consider as a template, but please do not use these as your password.

OK Password	Better Password	Excellent Password
kitty	1Kitty	1Ki77y
susan	Susan53	.Susan53
jellyfish	jelly22fish	jelly22fi\$h
smellycat	sm3llycat	\$m3llycat
allblacks	a11Blacks	a11Black\$
usher	!usher	!ush3r
ebay44	ebay.44	&ebay.44
deltagamma	deltagamm@	d3ltagamm@
ilovemypiano	!LoveMyPiano	!Lov3MyPiano
Sterling	SterlingGmail2015	SterlingGmail20.15
BankLogin	BankLogin13	BankLogin!3

Elizabeth Sprague, 10 Silver
Student Digital Technology Leader

Year Level News



Year 7

Year 7 students are currently preparing for our camp next week. Camp is an important part of our Pastoral Program and will be an excellent opportunity to meet new people throughout the year level while participating in some fun and challenging activities. The focus for our camp is *Fostering a Sense of Belonging* and the students have been issued with the challenge of pushing themselves to try new and different things and supporting each other, making an effort to ensure that each and every student in Year 7 feels as though she belongs.

Preparing for camp can bring a range of emotions. Some students are very excited, but many feel uneasy at the thought of being away from home, the change in routine or sharing a cabin with new people. This is completely normal and to be expected. It is important for students to remember that feeling slightly uncomfortable is healthy and part of growing up, and not something that should be overly concerning or considered unusual. Thinking back to our own experiences of being away from home or being placed in an unfamiliar situation, we will often identify with such feelings of nervousness. But, it is important to focus on what can be learnt and the benefits of such experiences to student growth. Trying new things even when feeling nervous will show students that they can complete challenging tasks, and give them the confidence and resilience to overcome such feelings in the future. It's important to focus on these positives, and to remind students to be positive in their self-talk.

Hopefully all students will return home having had a positive experience, and will be grateful for the rest that the long weekend will bring!

Brianah Walsh
Year 7 Coordinator



Year 8

We have had a busy start to 2018 and the Year 8s have many more exciting events ahead. On 6–7 March, the Year 8s will be attending their Geography excursion. Please remind your daughter to be sun smart on this day and wear sunscreen and a hat along with appropriate clothing for the day.

This week students were handed their camp forms with all the information for the Year 8 Camp on 26–28 March. Please look over these carefully and provide all necessary information for your daughters. Please contact your daughter's Homeroom teacher or myself if you have questions regarding camp.

Last week each of the homerooms voted for Class Leaders. I would like to congratulate all of the girls who put their best foot forward and applied for the role. Congratulations to the recipients of Class Leader for 2018:

Blue:	Lily Malone and Ayla Hatfield
Gold:	Ariana Carroll and Madison Gill
Purple:	Jasmine Antoniou and Pavit Kelsi
Red:	Molly Stephens and Sienna Thompson
Silver:	Emma Hayes and Femke De Kort
White:	Tahlia Poldermans and Amelia Corelli.

Michelle Rudd
Year 8 Coordinator

Year Level News



Year 9

It has been a great start to the year with all the Year 9s settling in comfortably with their new subjects, teachers and classmates. On the first day back to school and at the recent year level assembly, the new 2018 leadership team for Year 9 was announced.

Congratulations to:

SRC Captains:

Liturgy Captains:

Social Justice Captains:

Drama Captains:

Debating Captain:

Environment Captains:

Music Captains:

Sport Captains:

Visual Arts Captains:

Carmel House Representatives:

Fatima House Representatives:

Loreto House Representatives:

Lourdes House Representatives:

9 Blue Class Leaders:

9 Gold Class Leaders:

9 Purple Class Leaders:

9 Red Class Leaders:

9 Silver Class Leaders:

9 White Class Leaders:

Jordin Rizzo & Isabella Shade

Veronica Burke & Imogen van Rensburg

Madeline Ballingall & Katelyn Ruscitti

Rosie Smith & Livinia Thompson

Bridie Paratene

Katerina Paschalis & Brisna Paulcy

Georgia Harman & Chelsea Hubbard

Emily Bugeja & Rose Laidlaw

Miranda Drake & Safina Baker

Alexandra Christopoulos & Brielle Smith

Georgia Wilson & Melanie Risvanis

Demi Loukos & Hannah Grogan

Leah Brown & Keeley McLeod

Chloe Lee & Mia Piotti

Hanna Gassmann & Jess Scida

Amy Toce & Zafira Tsagarakis

Judy Lin & Alyssa Cox

Jorja Livingstone & Ellie Shepherd

Heather Divens & Katherine Kirk.

I would also like to thank all the students who applied for a leadership positions. This term we had a huge number of students show interest in obtaining a position, which demonstrates the enthusiasm and passion that the Year 9s show towards making the year level a stronger and more affirming community.

This week we have been in the city, providing students with the opportunity to discover and explore different elements of Melbourne's CBD. I hope it has been a wonderful learning experience.

Jac Canning
Year 9 Coordinator



Year Level News



Paul Kerr
Year 10 Coordinator

Year 10

Today, the Year 10s will be preparing for the last few sessions of the Adventurous Journey. Over the last two weeks, much of our time has been organising the cooking groups, making decisions on gear and cooking a meal at lunchtime. The bag check on Monday before we left was a very worthwhile experience and set the group up for a positive start. Thanks again to all parents and guardians for their ongoing support of this valuable program.

We have also elected new Class Leaders. The students will be presented with their badges and announced in the next newsletter.



On behalf of Ms Anna Gionfriddo, Ms Dale Hunter, Miss Natasha Borg, Mr Andrew McLeod, Ms Heather Stewart and Mr Rob Steward, I would like to welcome all Year 12 families to 2018. So far, our Year 12 cohort have adapted extremely well to this year and all that it brings.

Year 12

Retreat was an amazing experience for all who attended. The year level Eucharistic celebration, letters from home and walking up the hill were all fantastic opportunities embraced by our students. On the second night, we also had a commissioning ceremony for the students who each received a prayer book and badge from Mrs Apostolopoulos, Ms Kralj and Ms Kelly as a symbol of the leadership and responsibility that our Year 12 cohort hold within our community.

Now that we have returned from retreat it is important that good routines are established around studies / sleep / nutrition and exercise. All of these elements are important to allow the best performance, day in, day out. Year 12 requires a sustained effort all year, not just at exam time.

I also encourage all families to ensure that your daughter(s) continue to be full members of the family unit, helping with preparing meals, cleaning up, hanging out washing or walking the dog. First and foremost they are a member of your family and still need to help out each and every day.

I look forward to continuing the journey with you, our Year 12 community, over the next two weeks.

I also encourage all families to ensure that your daughter(s) continue to be full members of the family unit, helping with preparing meals, cleaning up, hanging out washing or walking the dog. First and foremost they are a member of your family and still need to help out each and every day.

I look forward to continuing the journey with you, our Year 12 community, over the next two weeks.

Adam Rieusset, Year 12 Coordinator



Domain News



Science

Applications for the Denise O'Hara Science Academy have been distributed to Year 9 and 10 students. Please ensure they are returned ASAP. For any Year 9 or 10 student who has missed out on an application form, they can be collected from student reception.

Our Lady of Sion College is also promoting the opportunity to go to

Space School in Houston Texas. A letter regarding the information evening has been sent to parent emails. Details are also below. I am looking forward to seeing many of you at the information evening to find out more about Space School!

Cassie Marsden
Science Learning Leader



2018 Space School International Study Program

Two weeks. One giant goal. Dream BIG!

Do you like...

Exploring new ideas?

Experience-based learning?

Exciting and engaging experiences?

Problem-based learning?

Collaboration and teamwork?

Innovative design and engineering?

Exploring your curiosity and imagination?

Space missions, Astronaut training and discovering Space?

Sion girls will have the opportunity to participate in a two-week study tour to Houston, Texas, in the USA.

Information Evening Thursday 15 March

Miriam Theatre @ Sion

Juniors 6:00 - 7:00pm

Seniors 7:30 - 8:30pm

Please register your attendance via

<http://actura.com.au/alliance-vic-ourlady-rsvp>



Junior Expedition, Years 7-9
Departs: 8 December 2018
Returns: 21 December 2018

Senior Expedition, Years 10-12
Departs: 9 December 2018
Returns: 22 December 2018



Health and Physical Education

Premier's Active April

Premier's Active April challenges all Victorians to get **more active, more often** and do 30 minutes of physical activity a day during April. Using the online Activity Tracker you can log your daily activity and track your progress throughout the month. Plus, you can create and join teams, compare the progress of team members, discover events near you and win awesome prizes!

I am very excited to announce that **Our Lady of Sion College** will once again enter an Active April team, and we can't wait for every member of our school community (students, staff, parents and guardians) to sign up and get active together. It's easy to get involved - simply register (or re-register if you participated in previous years) at www.activeapril.vic.gov.au (students should use their school email address in the registration process) and then request to join our team using the

Team ID: **our-lady-of-sion-2018**

This is sure to be a fantastic community event and a great way for us all to make a positive impact on our health and wellbeing. If you would like more information about the challenge, the Premier's Active April website (above) is a great resource. It includes excellent suggestions for how you and your family can build activity into your day. Please feel free to email me if you have any further questions about the challenge or the registration process.

Natalie Hall
Health & Physical Education Learning Leader

Domain News



Mathematics

Mathematics Support

The Mathematics Learning Area wishes to provide all students studying mathematics with the opportunity to receive help with homework, assistance with knowledge and skills covered in class, and support with revision for assessment tasks outside the classroom.

Students can access support outside the classroom in a variety of ways. One way is to speak directly with their Mathematics teachers and ask for any assistance or clarification from them.

Another way is to attend one of our Mathematics Support programs:

Catch-up Club

Catch-up Club runs every Monday and Thursday at lunchtime. One of the Mathematics teachers below will be present at each session. Students can complete homework, prepare for an upcoming assessment or have mathematics concepts clarified.



Ms Mulvogue



Mrs Kerby



Mrs Daly



Ms Davey



Ms Cross



Ms Shaw



Miss Proctor

Afterschool Mathematics Support

Mr Robert Steward will run the Afterschool Mathematics Support on a Monday afternoon from 3:30 to 4:15pm.

Mathematics Support programs aim to provide an environment where students can get more help to support their individual learning needs. It provides students with a space where they can do mathematics homework, ask for clarification of mathematical concepts or revise for topic tests and tasks. We will have a mathematics teacher available for students to ask questions and seek advice.

To be eligible to attend the afterschool Mathematics Support, students must complete and return a permission form. The permission forms are located in the perspex display outside Student Reception.

The dates for the program are:

Term 1

Mondays: 26/2, 5/3, 19/3, 26/3

Term 2

Mondays: 16/4, 23/4, 30/4, 7/5, 21/5, 28/5, 4/6, 18/6, 25/6

Term 3

Mondays: 23/7, 30/7, 6/8, 13/8, 20/8, 27/8, 3/9

Term 4

Mondays: 10/9, 17/9, 8/10, 15/10, 22/10, 11/11, 19/11, 26/11

The venue is EC 1.6

Please contact your daughter's Mathematics teacher or Ms Helen Mulvogue, at the College (9890 9097), if you have any questions regarding your daughter's progress in Mathematics this year.

Helen Mulvogue
Mathematics Learning Leader



Mr Steward

The Arts



Music

Sion First Band Blasts Off

With enthusiasm, kindness of spirit, a little trepidation, and exuberance of energy, our inaugural *Sion First Band* had a high-flying launch, blasting off with verve and volume. In our first rehearsal, the 22 Year 6 girls, destined for Sion in 2019, travelled from 15 different primary schools, coming together for 90 minutes of making friends and music. This new initiative will run for the entire year, and adds a valuable layer to our transition program and, of course, our Music Department. We look forward to sharing our success throughout the year.

James Le Fevre

Director of Bands and Arts Learning Leader



Matisse Nannes

(Year 12 Purple)

Year 12 student, Matisse Nannes, is accustomed to life in the spotlight. She frequently delivers emotive and impassioned performances as a soloist and chorister. Her innate ability to connect an audience to the message of a lyric is one of her strengths, and it is this ability, along with her natural vocal tone, that has gained her a lead role in Catholic Education Melbourne's performing arts spectacular *Time To Shine*. Matisse will also step centre-stage into the role of Alice in our production of *The Addams Family*, as well being an energised leader of our College Vocal Ensemble, and completing Unit 3/4 VCE Music. On top of all this Matisse lends her energy to Carmel House, fulfilling the role of House Captain.



Sports News



Swimming News

Over the past two weeks, the Sion Swimming Team has been training hard and preparing well for the upcoming carnival season. On Friday 16 February, the team got to race for the first time this year at Genazzano, with a team of mostly juniors. Each swimmer was given the opportunity to step outside their comfort zone and try something new. Again, on Tuesday 20 February the swimming team had another opportunity to put their skills to the test against MLC and Ruyton. At both meets the girls got to showcase all their hard work and swim lots of PBs. The team is ready for the first carnival at MSAC on Monday and I am so excited to see what the rest of the Aquatics season holds for Sion in 2018!

Anna Kipping – Sport and Swimming Captain

Diving News

Since the start of the year our diving team has tripled in size. We competed in our first training meet and now we are preparing for the GSV Preliminary competition. All girls have improved immensely with most of them able to successfully perform three dives. I thank the girls for their massive commitment and persistence to being part of the diving team and I look forward to the training and competitions to come.

Sarah Denmead – 12 Silver

GSV Sports Leaders Breakfast

On Thursday 15 February Mia, Bronte, Issy and I all attended the GSV Sports Leaders breakfast which was hosted by an Olympic basketballer Jenni Screen. It was a great opportunity for us to get to know girls from other schools involved in GSV and what sports they were passionate about themselves. After we were served breakfast Jenni started her presentation and taught us about the importance of having an 'I am' mindset in anything we do, not just sport.

This experience was very valuable and allowed us to reflect deeply on what it means to be a leader. Throughout the day, the words, hard work, determination and persistence were spoken about a lot. We were given a wonderful opportunity to think about what kind of leaders we are and what defines us as people. We left this event feeling inspired and very ready to embrace our gifts, which would allow us to continue to make the Sion Sport Program such a rewarding program to be part of.

Lucy David – 11 Red

Katrina Gurciullo
Sports Coordinator



Sports Stars of the Week

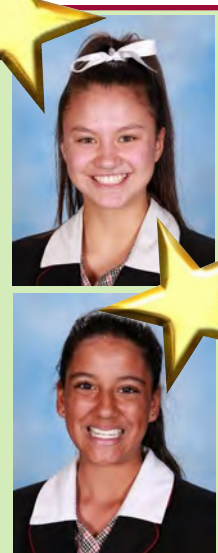
Grace Hazelman and Isabella O'Donnell Fernando of Year 9 are our Sports Stars of the Week.

Toward the end of 2017, Grace represented Australia in Germany in the World Show Dance Championships. Grace's team competed against numerous other teams from countries all over the world, including teams that attend full-time dance schools. They performed incredibly well and placed fourth overall, a fantastic achievement. Additionally, Grace has also been selected in the Victorian State Calisthenics team and will be competing in Canberra at Nationals in July this year.

Isabella O'Donnell Fernando has competed in Interschool Show Jumping (ISJ) equestrian competitions for a number of years and has performed extremely well. Below, she has written about her experience at her first competition this year:

On Friday 16 February I competed in my first ISJ for the year. I have gone up a level and am now in the improvers (75 – 85cm). I competed against 54 other people from all schools around Victoria. It was an early start, getting up at 5am but it was worth it. Overall my horse (Bailey) performed well and we managed to come seventh out of 54 riders. Unfortunately we did not make it to the final round to collect a higher placing, but I am still proud of my boy coming seventh for his first ISJ.

Well done Grace and Isabella!



House News



Lourdes Feast Day

On Monday 12 February, the community celebrated Lourdes Feast Day. This day commemorates the apparitions of the blessed Virgin Mary to Bernadette at Lourdes. Our Lourdes House Captains Jessica Smithies and Bianca Mosele led prayer in the Chapel, which was followed by a shared lunch in the Shalom Garden.

Many thanks to all of the House Representatives of Lourdes and the Year 12 students who made this a memorable lunch and celebration of Lourdes Feast Day.

House Performing Arts Competition

All students are welcome to submit an entry, which will become the Theme for the House Performing Arts Competition in Term 2. Entry slips and the House Box will be placed outside the LHC office.

Upcoming Events

There are many exciting events happening this term for the Sion students and community:

Week 4: House Performing Arts Theme competition opened

Week 7: Junior (Years 7–9) Theatre Sports and the closing of the Performing Arts Theme Competition

Week 8: Senior (Years 10–12) Theatre Sports and the House Performing Arts Poster Competition.

Siobhan Taylor
House Coordinator

House Swimming Carnival

On Thursday 22 February our House Swimming Carnival was held at Boroondara Sports Complex. With warm weather, students were keen to get into the pool to help their houses storm to victory. Students cheered loudly during the day, showing great House Spirit, particularly our Year 12 students who dressed up as Tradies, Hawaiian Hula Girls, Sailors and Lifesavers.

Along with Cheering, Swimming and Diving, the Novelty and Volleyball events were again popular with students, all keen to earn points toward the coveted House Cup!

Congratulations to the following Houses:

	WINNER	RUNNER-UP
VOLLEYBALL RESULTS	Fatima	Lourdes
NOVELTY RESULTS	Lourdes	Fatima
CHEERING RESULTS	Lourdes	Loreto



House News

However, for the 19th year in a row, Carmel secured the overall victory, claiming the title of Swimming Champions for 2018!

OVERALL HOUSE SWIMMING CHAMPIONS 2018

Carmel	1706
Fatima	1485
Loreto	1212
Lourdes	1136

We also congratulate our Year Level Champions and Runners Up – these students will be recognised at their individual Year Level assemblies:

	CHAMPION	RUNNER UP
Year 7	Jacqueline Lees	Paige Semple
Year 8	Sarah Zhang	Ruby Milton
Year 9	Rose Laidlaw	Imogen van Rensburg
Year 10	Jenna Hart	Alice Webb Abbey Montgomerie
Year 11	Jessica Pon	Brooke Taylor
Year 12	Anna Kipping	Matisse Nannes

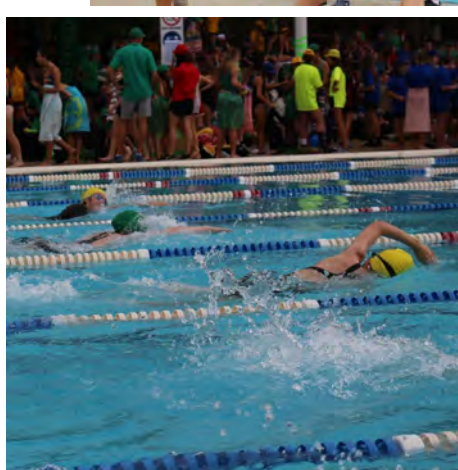
Congratulations must also go to the following students who broke the following Sion records:

Anna Kipping, Year 12 – 100m Freestyle (1:09.88)
50m Backstroke (34.17)

Sarah Zhang, Year 8 – 50m Freestyle (28.14)
50m Breaststroke (39.60)
50m Backstroke (32.87)
50m Butterfly (31.13).

Well done to all students who participated, in particular the Year 12 House Leaders and Sports Captain Anna for their leadership of the day. We look forward to the House Athletics Carnival in Term 2!

Katrina Gurciullo and Siobhan Taylor



Parent Notices



From the College Psychologist

I hope everyone has had a wonderful start to the new year and first few weeks back at school. By now we should all be starting to adjust to our work, school and general life routines. While it may not be the most exciting word going around, routine is a very valuable concept and can help to bring some stability and predictability into our lives. Developing routines and helpful habits is a good way of setting ourselves up to function effectively, and also to cope during those times when life might become difficult and stressful.



The value of routines is that we don't have to think too much about what we will be doing each day; instead we can to some degree anticipate and prepare for where we will be and what we will be doing at a particular time. Much of our day-to-day anxiety is associated with the challenge of accepting the unknowns and uncontrollables in our lives; in contrast, developing routines and habits is one way by which we shift our focus onto those areas that are actually under our control, thereby establishing a greater sense of empowerment and stability. It might be a good idea to sit down with the family and have a discussion about everyone's routines.

If you would like any further information or advice about this, please don't hesitate to get in touch.

Sofia Stagnitta
College Psychologist

From the Careers Room

What the hand does, the mind remembers

Maria Montessori (Italian physician, Educator and Innovator)

Students and families can find the fortnightly Careers newsletter at www.olsccareers.com/?page=newsletter.

In this fortnight's newsletter there is information relating to:

- | | |
|-------------------------------|---|
| * Upcoming events | Studying in the USA |
| * Job in the spotlight | Podiatrist |
| * Things to consider | Year 10 Work Experience, Year 12 Career Appointments, UMAT 2018 |
| * One for the diary | Experience Clever at La Trobe, A Day at Melbourne |
| * Research ideas | Nutritional Medicine with Southern School of Natural Therapies, Cyber Security. |



Brooke O'Hara
Careers and Pathways Counsellor

Parent Notices



Learning Resource Centre

A large volume of books went out over the Christmas and New Year break, as we saw from the numerous piles of returned books to be shelved. Adding to the enthusiasm of our regular readers throughout the school, still borrowing, the Year 7s eager spirit of discovering what our collection holds for them has meant that the loans have been very consistent.

In collaboration with the Art department, the Library launched their first competition for the year, to design a bookmark, with a select amount to be chosen for distribution on Open Day coming up in March. Students can earn an Art point, or a Community Spirit point for their effort. Entries close on Wednesday 14 March.

Our annual event for *Blind Date with a Book* was held at lunchtime on Wednesday 28 February. The wrapping of books, CDs, and DVDs – with a few descriptive words to entice students – allows for an open mind and not judging a book by its cover.

A reminder to students to return your overdue loans from the holiday break; novels are a three-week loan, and we encourage everyone to come in and borrow!

Talei Valucava
College Librarian





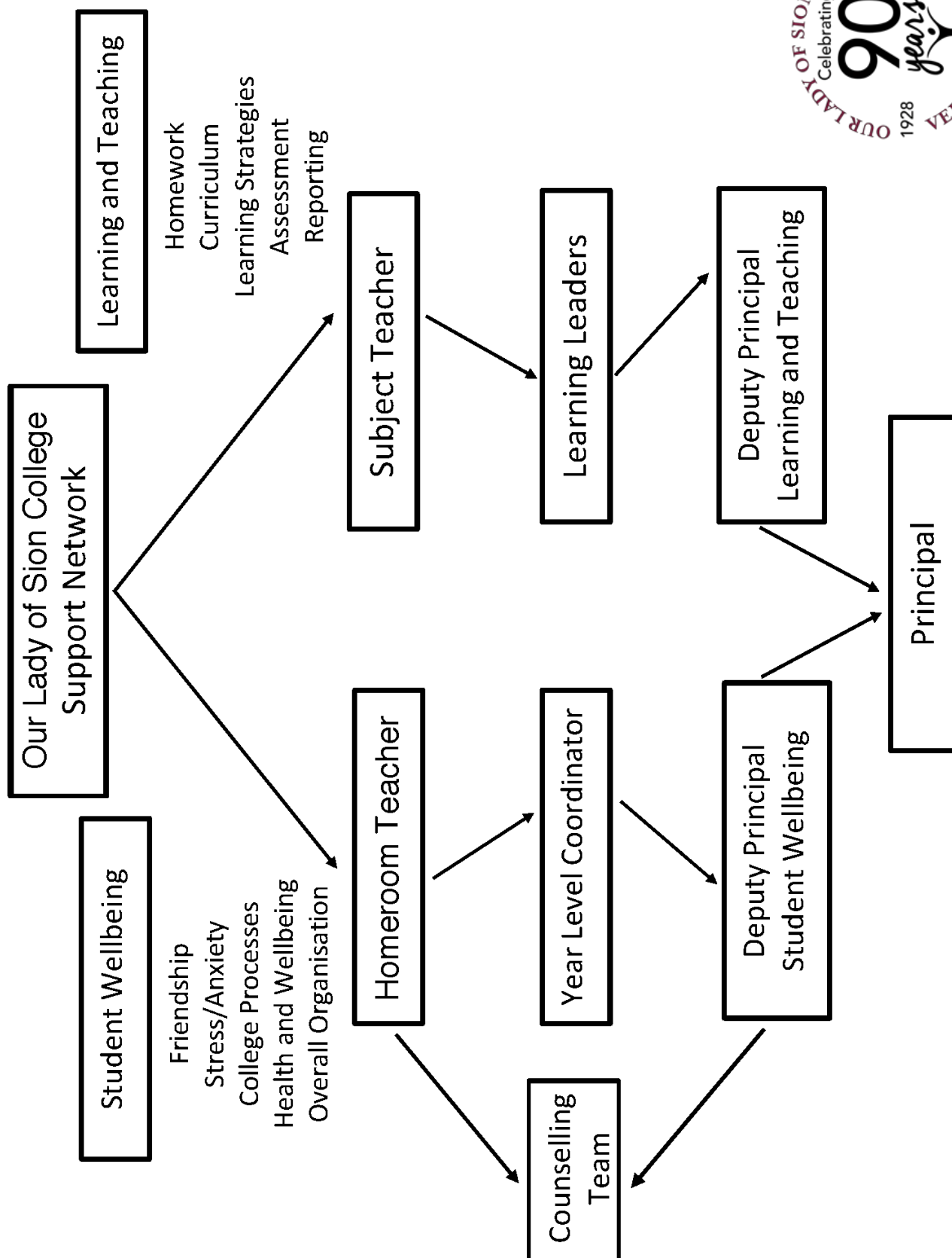
2018 Bookmark designing competition
'Celebrating 90 Years'

Design a bookmark for Open Day distribution
Entries close Wednesday 14th March,
pick up a template from the library to enter.

Earn an Art point
OR a Community Spirit point

Submissions to the Library
If entrants do not specify which point is preferred, they will receive a community point. No changes will be made afterwards.
No late entries will be accepted.
One winner will be chosen from each year level.

Make your mark!



Key Contacts

Student Wellbeing

Homeroom Teachers

7 Blue	Miss Beth Amos	bamos@zion.catholic.edu.au
7 Gold	Miss Ellie Van Der Westhuizen	evanderwesthuizen@zion.edu.au
7 Purple	Dr Zara Dennis	zdennis@zion.catholic.edu.au
7 Red	Miss Jennifer Merle	jmerle@zion.catholic.edu.au
7 Silver	Ms Lauren Di Guilmi	ldigulmi@zion.catholic.edu.au
7 White	Miss Jordyn Froid	jfroid@zion.catholic.edu.au
8 Blue	Ms Kate Cross	kcross@zion.catholic.edu.au
8 Gold	Mr Paul Whitely	pwhitely@zion.catholic.edu.au
8 Purple	Ms Joon Tan	jtann@zion.catholic.edu.au
8 Red	Mrs Jenny Schwab	jschwab@zion.catholic.edu.au
8 Silver	Miss Katrina Gurciullo	kgurciullo@zion.catholic.edu.au
8 White	Miss Amy Proctor	aproctor@zion.catholic.edu.au
9 Blue	Mr Michael Hein	mhein@zion.catholic.edu.au
9 Gold	Mrs Leanne Anderson	landerson@zion.catholic.edu.au
9 Purple	Miss Stephanie Mainwaring	smainwaring@zion.catholic.edu.au
9 Red	Ms Renate el Shataly	relshattaly@zion.catholic.edu.au
9 Silver	Miss Laura Gellings	lgellings@zion.catholic.edu.au
9 White	Miss Siobhan Taylor	staylor@zion.catholic.edu.au
10 Blue	Miss Rebecca Bennett	rbennett@zion.catholic.edu.au
10 Gold	Mr Chris Wilkes	cwilkes@zion.catholic.edu.au
10 Purple	Mrs Lucy Miotello	lmiotello@zion.catholic.edu.au
10 Red	Mrs Monique Davey	mdavey@zion.catholic.edu.au
10 Silver	Mr Luke Brewis	lbrewis@zion.catholic.edu.au
10 White	Miss Sherine Baydoun	sbaydoun@zion.catholic.edu.au
11 Blue	Miss Jaclyn Taylor	jtaylor@zion.catholic.edu.au
11 Gold	Mr Mark Natoli	mnatoli@zion.catholic.edu.au
11 Purple	Mrs Catherine Bennett	cbennett@zion.catholic.edu.au
11 Red	Ms Alex Bleazby	ableazby@zion.catholic.edu.au
11 Silver	Ms Victoria Stats	vstats@zion.catholic.edu.au
11 White	Ms Susan Cesnik	scesnik@zion.catholic.edu.au
12 Blue	Miss Holly Johnston	hjohnston@zion.catholic.edu.au
12 Gold	Mr Gregory Barker	gbarker@zion.catholic.edu.au
12 Purple	Ms Anna Gionfriddo	agionfriddo@zion.catholic.edu.au
12 Red	Ms Dale Hunter	dhunter@zion.catholic.edu.au
12 Silver	Miss Natasha Borg	nborg@zion.catholic.edu.au
12 White	Mr Andrew McLeod	amcleod@zion.catholic.edu.au
	Ms Heather Stewart	hstewart@zion.catholic.edu.au
	Mr Robert Steward	rsteward@zion.catholic.edu.au

Year Level Coordinators

Year 7	Miss Brianah Walsh	bwalsh@zion.catholic.edu.au
Year 8	Miss Michelle Rudd	mrudd@zion.catholic.edu.au
Year 9	Mr Jac Canning	jcanning@zion.catholic.edu.au
Year 10	Mr Paul Kerr	pkerr@zion.catholic.edu.au
Year 11	Miss Lauren Amalfi	lamalfi@zion.catholic.edu.au
Year 12	Mr Adam Rieusset	arieusset@zion.catholic.edu.au

Counselling Team

Ms Sofia Stagnitta – College Psychologist	ssagnitta@zion.catholic.edu.au
Dr Sarah Russo – College Psychologist	srusso@zion.catholic.edu.au
Mrs Janine Crociani – College Counsellor	jcrociani@zion.catholic.edu.au

Deputy Principal Student Wellbeing

Mrs Christine Kralj	ckralj@zion.catholic.edu.au
---------------------	--

Student Reception

<u>Student Absence</u>	studentreception@zion.catholic.edu.au
	absence@zion.catholic.edu.au

Learning and Teaching

Subject Teachers

Please contact College Reception for email addresses

Learning Leaders

Year 7 – 10 Curriculum Leader

Mrs Clare Tipping	ctipping@zion.catholic.edu.au
-------------------	--

Senior Learning Leader

Ms Clare Kelly	ckelly@zion.catholic.edu.au
----------------	--

Deputy Principal Learning and Teaching

Mrs Michelle Rangelov	mrangelov@zion.catholic.edu.au
-----------------------	--

College Reception

9890 9097



College Open Day

Thursday 22 March 2018
2.30 – 6.30 pm

*Celebrating 90 years
of excellence in girls'
education.*

Our Lady of Sion
College warmly invites
you to come and see
how your daughter
will **embrace life** at
Sion.

We look forward to
welcoming you to our
College.



1065 Whitehorse Road, Box Hill
9890 9097 | www.sion.catholic.edu.au

Year 7 Family Eucharist



The Parents' Association welcome all Year 7 families to the Year 7 Family Eucharist to be held on

**Wednesday 14 March 2018 @ 7:00pm
In the Louise Humann Centre**

This is a significant celebration in the life of our Year 7 students and their families and we look forward to seeing everyone on the evening.

The Parents' Association will be providing a light supper after the Eucharist.



Year 7 'Meet & Greet'

Our Lady of Sion College Parents' Association warmly invites members of our Year 7 community to the Year 7 'Meet & Greet'.

Enjoy a relaxing evening meeting other Parent(s)/Guardians(s) from your daughter's year.

Our College Principal, Tina Apostolopoulos will be joining us.

**Friday 16 March 2018 @ 7:00pm
Bucatini Restaurant
454 Whitehorse Road
Mitcham**

\$15.00 per head. Includes finger food, drinks available at bar prices

RSVP Monday 12 March 2018

Booking www.trybooking.com
<https://www.trybooking.com/UGBB>

Enquiries Jo Reid – Parents' Association Secretary
jo.reid@optusnet.com.au



This event is proudly subsidised by the
Our Lady of Sion College Parents' Association

Parent Notices





St Gregory the Great Catholic Primary School

*A caring and welcoming school community promoting
Excellence in Education*



**We Invite you
to contact us
for a guided tour
of the school.
Open for school
tours daily.**

OPEN DAY 2018 MARCH 14TH 9AM TO 1PM

- Catholic Faith and Tradition
- Daily Meditation
- Mini Vinnies
- Dynamic Community Spirit
- Strong focus on Literacy and Numeracy
- LOTE (Italian and Mandarin)
- STEM (Science, Technology, Engineering & Mathematics)
- Extra-Curricular Activities – Chess, Choir, Garden Arts, Robotics
- Before and After School Program

principal@sgdoncaster.catholic.edu.au
396 Manningham Rd Doncaster Tel 9848 4483 www.sgdoncaster.catholic.edu.au



WHITEFRIARS CATHOLIC COLLEGE FOR BOYS

Discover Whitefriars

Tuesday 20 March, 6pm
Twilight Evening and Tours

Register for a tour at www.whitefriars.vic.edu.au
156 Park Road Donvale Vic 3111
enrolments@whitefriars.vic.edu.au



Belong. Believe. Become.

FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

MORE INFORMATION

For more information about the CSEF visit
www.education.vic.gov.au/csef

Dear Parents/Guardians

The Victorian Government has announced \$148 million over four years for the Camps, Sports and Excursion Fund (CSEF). Families who hold a valid means-tested concession card or are temporary foster parents are eligible to apply to the fund. An allowance of \$225 per eligible student will be paid to the College to use towards school trips and sporting activities for the eligible student. The above flyer provides more information. An application form is available from the CSEF website:

www.education.vic.gov.au/csef

You can also obtain an application form from the College office.

HOW TO APPLY

Contact the school office to obtain a CSEF application form or download from www.education.vic.gov.au/csef

NEW FOR 2018!

If you applied for the CSEF at your child's school in 2017, you do not need to complete an application form in 2018 unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments;** your child has started or changed schools in 2018 or you did not apply in 2017.
- **changed family circumstances;** such as a change of custody, change of name, concession card number, or new siblings commencing at the school in 2018.

Check with the school office if you are unsure.

