

The Our Lady of Sion College

Newsletter

College Theme 2018 – Rejoice in God’s Love



From the Principal

Greetings from Italy. After a long but smooth journey, our Year 10 and 11 Italian language students, teachers and I arrived in Rome last

Sunday and were met with wonderful spring sunshine and the chance to practise our spoken Italian and learn about Italian history and culture. We are now enjoying pasta, pizza and gelato, and within a few short days, have learned to navigate the crowds and the many wonderful experiences that draw our attention. On Wednesday, fifteen students and their teachers embarked upon their trip to China and will also be immersed in wonderful opportunities.

While the main aim of our overseas trips is to strengthen language skills and deepen cultural knowledge, there is something particular about travelling to another country that allows for much more. When we are immersed in a different culture, we place ourselves in the shoes of a foreigner and as such we see things from a very different perspective, one that can be challenging as well as exciting. It is a chance to learn tolerance and acceptance, to see how others live and to appreciate life in its many forms, to look in wonder at the feats of human endeavour from thousands of years ago and to marvel at how much humankind can achieve despite the language and cultural barriers that have at times existed.

While overseas travel broadens our horizons, I hope the Italy and China trips also allow our students to learn a little more about themselves and their capacity to grow and learn, to be enriched as well as to gain greater insight into our world. In the last few days, we have heard many voices and languages, encountered many travellers from near and afar and we have heard many stories both contemporary and from times long gone.

A particular highlight for the Italy trip students was visiting the Sant’Andrea delle Fratte church where Alphonse Ratisbonne experienced the presence of Our Lady. His transformational experience inspired his brother Fr Theodore to establish the Sisters of Our Lady of Sion. Students learn about the Ratisbonne brothers in Year 7; however, to visit a significant place such as Sant’Andrea delle Fratte allows the unfamiliar to suddenly become familiar and in doing so gives our students a unique perspective on their own experience and their link, in a very real way, to the history of our school.

The Easter Triduum begins today with our Holy Thursday vigil. It marks the end of Lent and the beginning of the three-day celebration of the passion, death and resurrection of Jesus Christ. It is also a journey of challenge and joy, of transformation and growth, of hope and God’s love for all people. May the joy and hope of Easter be a blessing to all our families. I wish our students a safe and restful break and look forward to seeing you again in Term 2.

Tina Apostolopoulos
Principal



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PRINCIPAL: Mrs Tina Apostolopoulos

IMPORTANT DATES

Week B

- Mon 16 Apr Term 2 Commences
- Wed 18 Apr Student Progress Meeting A-K
2:00pm – 8:30pm
Students dismissed @ 1:00pm
- Fri 20 Apr Student Free Day
Staff Professional Learning

Week A

- Tue 24 Apr ANZAC Memorial Service
Student Progress Meetings L-Z
2:00pm – 8:30pm
Students dismissed at 1:00pm
- Wed 25 Apr ANZAC Day Public Holiday
- Fri 27 Apr College Talk & Tour @ 9:30am



Deputy Principal Faith and Mission

Deputy Principal Learning and Teaching



Practising what we preach

Last Sunday, the Catholic church recognised Palm Sunday. This is a significant day in the church calendar as it recalls the entry into Jerusalem of Jesus before his death and resurrection.

Also last Sunday, here in the Melbourne, the annual rally for refugees took place in the city. Members of our College joined with other schools and representatives of the public to show support to refugees and asylum seekers who have come to this country.

As we travelled to the rally by train, I could not help but be filled with the irony of what was taking place. There I was, a grandson of an Irish immigrant, travelling with students whose families had also come from foreign lands. As each stop passed, more and more people boarded our train – different cultures, different faiths, different backgrounds. There was an AFL game also being played that afternoon between Melbourne and Geelong – two different teams, different histories, different geography. Yet, all seemed to coexist without a problem on the train that afternoon. (In some other parts of the world, it would be unheard of that supporters of different football teams would travel together and sit side-by-side.)

At Our Lady of Sion College, we spend a great deal of time highlighting Catholic Social Teaching – which gives a preferential treatment to the poor and respects the dignity of all human beings. Therefore, it was great that some of us would attend St Patrick's Cathedral on Palm Sunday, recalling that Jesus was once a refugee, praying for those in need, and walking together with others in solidarity – practising what we preach!

John McInerney
Deputy Principal – Faith and Mission



I am fortunate enough to be writing from Rome on the Italy Study Tour. This week alone the tour takes us to Rome, Pompeii, Sorrento, Capri and Florence where students will be undertaking daily language classes. The tour is undoubtedly a wonderful opportunity to experience first-hand the culture of one of the languages we offer. Languages reflect the culture, history and traditions of that country. Studying a language opens up the world in ways that sometimes may not be immediately apparent; they also open up work opportunities in a global context. This week I have had conversations with the girls as they make connections with what they are seeing here in Italy and what they learn in the classroom. This is real life learning.

This week students studying Chinese have embarked on their journey and I am sure their experience will be equally powerful. The partnership program is also another valuable language and cultural immersion opportunity that I encourage all students to consider.

I would also like to remind you that bookings are now open for Student Progress Meetings in Term 2.

Wishing you all a safe and holy Easter.

Michelle Rangelov
Deputy Principal – Learning and Teaching

Do you have a daughter currently in Year 5? Applications for Year 7, 2020, are now being accepted.

Families already enrolled at the College still need to submit an [Application for Enrolment Form](#) for each additional child. If you have a daughter in Year 5, please ensure you submit her application for enrolment by **Friday 17 August 2018**. For all enquiries, please contact Mrs Karen Morris, College Registrar, on 9890 9097 or info@sion.catholic.edu.au.

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Deputy Principal Student Wellbeing



Safety

The safety of all students is a significant priority at Our Lady of Sion College, reflected in many of our processes and procedures. Lately, concerns have been raised about the safety of students as they leave the College at the end of the day.

Parents/guardians are reminded that they should park in designated areas and never stop in the middle of the road to allow their daughter to enter the car. Double parking, even for a short amount of time, blocks traffic flow, increases risk to students and sets a poor example for others.

Students are reminded not to jaywalk when crossing Whitehorse Road via the pedestrian lights as they make their way to Box Hill station. A new zebra crossing has been provided by the Council to increase student safety. Crossing before the actual zebra crossing increases the risk of a student being hit by a car, especially if the driver has already given way to students at the zebra crossing.

Appointments

On a procedural note, parents/guardians are asked to send a written letter to their daughter's homeroom teacher on the morning of early exits and to ensure that their daughter knows the time of appointments. The letter should state the reason and time of the exit to ensure a smooth and timely dismissal. Staff at Student Reception also attend to students in the Sick Bay and are not readily able to go and find a student who does not arrive at Student Reception.

Emergencies do occur and we understand that parents/guardians may need to pick up their daughter without notice. At these times, please call the College so that someone can bring your daughter down to Student Reception. By doing so, the College can operate smoothly and we can support families when the need arises.

Study@Sion during the holidays

The LRC will be open for the first week of the school holidays (Tuesday to Friday) for private study. Unfortunately, students will not be able to borrow from the library during this time. Students are asked to go straight to the LRC and sign in.

Uniform

Lastly, a reminder that from the beginning of Term 2, students must wear the winter uniform. Students should make sure that they obtain **all** required items over the term holidays. Please ensure that tights are thick enough to be opaque, and that skirts are worn at the knee and not rolled up. If the weather is warm at the beginning of term, students are reminded that they do not have to wear their jumper under their blazer. Queries should initially be directed to homeroom teachers.

I wish all families at Our Lady of Sion College a very safe, relaxing and enjoyable Term 1 break and I look forward to working with students and parents/guardians in Term 2 as we head into the winter months.

Christine Kraj
Deputy Principal – Student Wellbeing



Year Level News



Year 7

The Year 7s ended their term by nominating our Year Level Leaders for the remainder of the year. Many high-quality applications were received, and there were some difficult decisions to make. Congratulations to the Year 7 Leaders for 2018:

- SRC:** Zoe Bairamis and Maja Jansson
- Class Leaders 7B:** Lilly Bruhn and Scarlett Mansell
- Class Leaders 7G:** Sarah Bulloch and Ella Merton
- Class Leaders 7P:** Jesse Muir and Nastaskia Martin
- Class Leaders 7R:** Alisha Pulvirenti and Mia Pisotek
- Class Leaders 7S:** Alex Davies and Kiara Petruccelli
- Class Leaders 7W:** Taline Gaudion and Ella Curry

- House Rep Carmel:** Maya Miller and Amelie Nannes
- House Rep Lourdes:** Naya Hanna and Elyse Harvie
- House Rep Fatima:** Lara Hausegger and Erin Fitzmaurice
- House Rep Loreto:** Amelia Faulisi and Macey Clifford
- Liturgy Representative:** Charlotte Pearce and Niquita Barry
- Social Justice Representative:** Talia Saez and Isabella Glavan
- Music Representative:** Megan McAuley and Isabella Panagios
- Sport Representative:** Alyssa Moran and Ally Larsen
- Drama Representative:** Amali North and Haylee Stagg
- Visual Arts Representative:** Maria Michael and Maddison Hagger
- Debating Representative:** Chiara Plunkett and Tiffany Mirabile
- Environment Representative:** Paige Porporis and Annabelle Blezard



Again, the standard of the applications were very high – we are blessed with some talented leaders in our Year Level. All students who missed out this are encouraged for look for other ways to show and develop their leadership skills, and to reapply next year.

Brianah Walsh
Year 7 Coordinator



Year Level News



Year 9

Last week the Year 9 students received their Duke of Edinburgh packs containing information and forms that are to be completed by both parents and assessors. We highly recommend that students get started on completing these forms as soon as possible as there are quite a lot to get through. If anyone has any questions please don't hesitate to contact your daughter's Ayin teacher or Mrs Leanne Anderson.

Megan De Bolfo from 9 Purple has been awarded the Lions Club Eric Perkins Scholarship for 2018. The Lions Club Eric Perkins Scholarship is awarded to a student moving from Year 8 to Year 9 based on her academic record and details of community and involvement in extracurricular activities. Commencing in 1964 this award is to honour the memory of the former

Lion, Eric Perkins, who was a very dedicated worker for the education and youth of our community. Earlier in the Term, Megan attended an interview and was asked to attend a Presentation Dinner. Congratulations Megan!

On behalf of the homeroom teachers and staff who teach the year level I would like to thank all the Year 9s for their mature and enthusiastic start to what has been an extremely busy term. It is very much appreciated and makes our job much easier and rewarding. Have a safe break!

Jac Canning
Year 9 Coordinator



Year 11

It has been a pleasure to work with your daughters over the first term. I was impressed to see them tackling the challenges of transitioning into VCE with enthusiasm and positivity over the last eight weeks.

This week I had the pleasure of working with Tiana Guzzardi and Jana Kruger to reveal our 2018 theme logo. Congratulations to these girls on their talent and creativity.

Students will be required to complete some holiday tasks as set by subject teachers, so please help to emphasise the importance of not leaving it to the last minute and to continue to put in place the positive study habits and different strategies they have been working on throughout the term. I encourage your daughter to also reflect and adapt her own personal approaches and strategies where needed to further improve in Term 2.

Please don't forget that the holidays are also a time to relax and enjoy the company of friends and family. I wish you all a safe and happy break and a Happy Easter.

I look forward to seeing your daughter on her return to Term 2, feeling motivated and refreshed, and to continue working with her to achieve and exceed her potential.

As always, if you have any questions or concerns please contact me or your daughter's Homeroom teacher.

Lauren Amalfi
Year 11 Coordinator



LEARN FROM YESTERDAY, LIVE FOR TODAY, LEAP TO TOMORROW

Year Level News

Year 10



First term has been rewarding, and yet a very busy term. There have been many highlights including the Adventurous Journey and all the planning involved; Big Sister, Little Sister; and the new range of subjects, including many students who are studying a Unit 1&2 subject.

In the last two weeks, the year level has been part of our retreat to the Islamic Museum. A group of Class Leaders, along with staff and the Sisters of Sion, represented the school at the Shoah Memorial Service. This is an annual event that is very important to our ongoing mission of open dialogue and support for other faiths. Alice Wise explains further:

On Monday 20 March, the Year 10 Class Leaders went to St Peter's Chapel at Melbourne Grammar School to celebrate the Shoah Memorial Service. We witnessed two very different guest speakers. Sarah, 92, told us her brave story of how she survived the holocaust as a 16-year-old girl. Facing great danger, betrayed by her friend, she managed to elude those pursuing her and made it out to Australia at the end of the war. As 16-year-old girls ourselves, we were very moved by her story as we could not imagine leaving our families and going off by ourselves. The other guest speaker was a current Year 12 student who attends Melbourne Grammar School and spoke to us about his background and life as an indigenous Australian and the impact on members of his family who were part of the stolen generation.

At our final *Big Sister, Little Sister* session we not only reflected on the term, but managed to trial some trivia which the Class Leaders are planning for an afternoon in May as part of our *90 Deeds for 90 Years* initiative. I want to thank the Class Leaders who have been very proactive this term along with the Portfolio Leaders and of course our Talk and Tour guides.

I want to thank you for the ongoing partnership and support for your daughter's education. I trust you will have a lovely Easter with your family and I look forward to Term 2 and all that offers our students.

Paul Kerr
Year 10 Coordinator



Year Level News



Year 12

In a blink of an eye we are now at the end of a very busy Term 1.

Our Year 12 cohort should be proud of themselves. They have faced each day, each challenge with dignity, grace and a determined attitude to allow themselves to experience success.

Over the past two weeks we have focused on two very important areas of development: strength-based approach to all elements of our lives, and sleep.

Over the term break I encourage all Year 12 community members to develop and grow their strengths, continue to explore what works well and then use these to enhance and develop better habits to succeed each and every day.

Part of this growth/strength-based mindset is the willingness to accept compliments for all the good things that we do. On Thursday during our Chapel session, Kiara, Adriana, Isabella and Astrid from 12 Purple presented a YouTube clip (<https://youtu.be/vo622VR1g44>) challenging us to accept those compliments that come our way, to acknowledge that we are good enough and that we need to spend more time to build up ourselves and those around us.

We spend approximately 36% of our lives asleep. Over the term break I encourage Year 12 community members to support our cohort by ensuring that good sleep hygiene habits are at least maintained, if not enhanced:

<http://www.cci.health.wa.gov.au/docs/Info-sleep%20hygiene.pdf>.

It is vital that our students maintain their sleep routines. I hope that the removal of all electronic devices from bedrooms and a separation of study and sleep space might be able to occur, to further enhance sleep patterns for the remainder of the year.

On behalf of the Year 12 pastoral team I would like to wish our families a restful term break. Enjoy each other's company, reconnect with loved ones and sit and be with your immediate family.

I look forward to seeing all community members again on the first day of Term 2.

Adam Rieusset
Year 12 Coordinator

Personal info

Personal information should always be kept to yourself. Whether it be your mobile phone number, home address, birthday or full name, you shouldn't post this on social media, or any other online platforms. Even if you post something as private, there is always a way for this information to be leaked onto the Internet. If you ever think that someone has obtained your personal information, alert an adult that you trust, like your parents or teachers. It is always best to alert a trusted adult before things become too serious.



Parenting in a Digital World Forum

The City of Whitehorse is launching its April Parenting Information Forum, titled *Parenting in a Digital World*, which will be presented by Martine Oglethorpe on Tuesday 17 April at the Whitehorse Centre in Nunawading.

This session is targeted at parents/carers of young people aged 6–18 years and will focus on having the right discussions, putting in place the right boundaries and harnessing proven strategies that will help young people make the best decisions online to avoid the risks, and instead enjoy the many benefits of a modern world.

Date: Tuesday 17 April 2018

Times: 7.30 pm – 9.00 pm (Registrations at 7.00 pm with tea and coffee)

Where: Waratah Room, Whitehorse Centre, Rear of 379–397 Whitehorse Road, Nunawading

Bookings: Bookings are essential. Please book online at www.whitehorse.vic.gov.au/Parenting-Information-Forum-Program.html

Cost: \$2 gold coin donation, payable on the night

Other info: To request additional access support including interpretation, please contact the Council's Parent Resource Officer on 9262 6175 or parentresource@whitehorse.vic.gov.au

We encourage all family members to continue to use all technology wisely.

Elizabeth Sprague (Year 10), Annie Squires (Year 10), Amelia Webb (Year 10), Matilda Davey (Year 8) and Hayley Sprague (Year 8)
Student Digital Technology Leaders



Mathematics

π Day 2018

3.141592653589793238462643383279502884197169399375105820974944...

On Wednesday 14 March the Mathematics Learning Area celebrated Pi Day.

Our Year 8 students took their learning of Pi and circle measurement outside the classroom. Pi (Greek letter “ π ”) is the symbol used in mathematics to represent the ratio of the circumference of a circle to its diameter. Pi’s infinite nature makes it a fun challenge to memorise, and to learn more and more digits.

The girls celebrated Pi by participating in a variety of lunchtime activities. Activities included a Pi recall challenge to see who could recite Pi to the highest number of decimal places, a game of ‘pin the centre in a circle’ and a homeroom flag race organising the first 20 digits of Pi.

The girls also enjoyed a yummy pie to eat!

Congratulations to the following girls:

- Pavit Kalsi 250 digits NEW Sion record (previous was 225)
- Elaina Clark – 228
- Sabrina Lee – 166
- Amy Barnett – 107
- Rose Lim – 106
- Georgia Cox – 101
- Isabelle Athey – 100
- Chelsea Lim – 93
- Chloe Giannakenas – 76
- Cara Pitruzzello – 70

Congratulations to the following homerooms:

- 8 Purple – 16 students recalled a total of 933 digits
- 8 Gold – flag race winners.

Many thanks to the Year 8 Mathematics team: Mrs Jo Daly, Mrs Jennifer Kerby, Ms Amy Proctor, Ms Kate Cross and Mrs Nga Anderson who coordinated the activities.

Helen Mulvogue
Mathematics Learning Leader



The Arts



Visual Arts

Our 2018 College theme, *Rejoice in God's Love*, inspired a myriad of creativity among students who entered art works in our annual College Theme Art Competition. The array of interpretations and rich symbolism was almost as diverse as the materials and pallet explored by our artists. Competitions of this nature not only present a wonderful opportunity for students to explore and hone skills, and for us to celebrate their efforts, but the prominent gallery located outside the Learning Resource Centre, creates a tangible focal point for the broader student population to engage with our College Theme and be inspired by their peers.



Congratulations to all of our artists for making the most of this opportunity!

Art Excursion

VCE Art and Studio Art students, Miss Amalfi, Mr LeFevre and Mrs Schwab were able to visit the National Gallery of Victoria and view Day 1 of the current Top Arts exhibition, showcasing the top 54 artworks entered. We were able to spend time reading through the students folios in a private viewing room. A discussion about the selection process and exhibition organisation was very informative. This was such a great opportunity to review 2018 folios and themes.

At the Flinders Lane gallery *Fortyfivedownstairs*, we watched artist Robyn Rich paint a portrait as part of an artist residency that runs until 7 April. The finale was a visit to the Triennial at NGV International where we all enjoyed the immersive and interactive experience of *Flower Obsession*, created by Japanese artist Yayoi Kusama, and the opportunity to explore some of the works of over 100 artists and designers that are on show until 15 April.



Performing Arts

The Music Department has been particularly noisy over the past two weeks.

Our first double bill for the year heard our Intermediate Ensemble Concert run back-to-back with our Term 1 Soiree in a highly successful evening of relaxed music-making. These performances provided a valuable opportunity for a range of soloists as well as the Intermediate Concert Band, Intermediate String Ensemble, Percussion Ensemble and College Choir to share works they have been developing throughout Term 1.



Once again our College musicians provided the soundtrack to our Open Day with the Senior Concert Band, Senior String Orchestra, *Addams Family* cast and the College Vocal Ensemble performing in the beautiful Miriam Theatre throughout the day, while the College Jazz Ensemble, Rock Band and Percussion Ensemble entertained and impressed audiences in the Piazza (the weather could not have been better!). If first impressions count, then our Notre Dame String Quartet and Intermediate String Ensemble had the most important venue of the day, welcoming our guests at the front gate with their lush sonorous sounds.



The Arts



Open Day is a wonderful occasion to showcase the diversity of the music-making that occurs at the College on a weekly basis, both within the classroom (featuring Year 7 instrumental lessons and Year 8 drumming), ensembles but also music led by students. This year we made a special point of showcasing those students whose insatiable passion for playing has led to their own projects. Thank you and congratulations to Chelsea Elder for her solo set in the Rotunda and to *Don't Fret* (Alyssa Drago, Brivina Paulcy, Chelsea Finchett, Charlotte Davey and Bianca Gaudion) for their entertaining and highly musical set in the Piazza.



In preparation for some big performances coming up later in the year, the cast and band of *The Addams Family*, and our College Jazz Ensemble, have both worked exceptionally hard in their first Sunday rehearsals for the year. These extended rehearsal times are immensely valuable in preparing for the challenge of the gruelling music facing each of these ensembles and we look forward to sharing the fruit of our continued commitment in performances that will be here in no time at all!

Year 7 Ensembles

Following Camp our Year 7s have quickly settled into their large ensembles and have already shown great potential. Over the opening weeks of Term 2, our Year 7 Music Teachers (ably supported by our Big Sound Sisters) will be focusing on:

- creating reflective learners who listen critically and plan for success
- developing instrument fundamentals to attempt more challenging repertoire
- becoming empathetic and autonomous musicians.



Making music with friends is a joyful blessing, but is also an essential element of the Year 7 Music Curriculum and while rehearsals occur outside normal class times, missing rehearsals will have a detrimental impact on your daughter's education and enjoyment of the program. With this, the College has the same attendance expectations for Band, Orchestra and Choir as we do for all other subjects.

We look forward to celebrating your daughter's achievements with you at the following events:

- Debut performances:
 - Junior Band 1 – Tuesday 1 May, 7.30 am
 - Junior Band 2 – Wednesday 9 May, 3.30 pm
 - Junior String Ensemble – Wednesday 16 May, 3.30 pm
- Ensembles Concert Night – Monday 25 June, 7.00 pm
 - features all Year 7 Ensembles (compulsory event)
- 90th Anniversary Gala – Wednesday 5 September, 7.30 pm
 - features all Year 7 Ensembles (compulsory event)
- Year 7 Spring Music Concert – Wednesday 21 November, 7.00 pm
 - features all Year 7 Ensembles (compulsory event).



James Le Fevre
Director of Bands and Arts Learning Leader



Domain News



Languages

Term 1 started off with a bang for the Languages department with students returning from the French and USA Partnership programs, and other students preparing for the Italy and China study tours!

Last Saturday evening we wished a very excited group of students and teachers off at the airport, as they embarked on the Italy educational study. Since their departure they have been enjoying and exploring Rome and the Southern part of Italy. Read more about their adventures on our blog <https://olscinitaly2018.wordpress.com/>.

In addition, on 29 March, 15 of our Year 10, 11 and 12 Chinese and Art & Technology students will begin their exciting cultural and educational study tour to China, accompanied by Mrs Tan, Ms Stats and Ms Hunter. The following girls will spend 12 days travelling from Shanghai to Xi'an and from Xi'an to Beijing: Miranda Smith, Catriona Thurbon, Jasmine Liang, Mia Blezard, Jessica Pon, Sophie Kelly, Carissa Jeremiah-Wong, Claire Carson, Isabelle Rebecca, Nadia Agius, Ella Hartman, Lily McQueen, Matilda Neate, Anita Chen and Lydia Ting.

While in China, the Chinese language students will be attending Chinese classes and developing their language skills. Those studying Art & Food Technology will participate in a Chinese painting workshop, will make traditional Chinese dumplings and will visit the **798 Art Zone** where they will see a variety of artist studios and workshops.

They will celebrate Easter in Xi'an and will enjoy a banquet in the evening, followed by the impressive Tang Dynasty dancing and singing performance. The girls are extremely excited and counting down the days until Thursday morning! There will also be a blog available for this trip at <https://olscinchina2018.wordpress.com/>.

We wish all our students an enjoyable and safe trip and we hope that this immersion experience will provide them with many learning opportunities and a newly acquired passion for the Chinese language and culture.

I would like to thank Mrs Tan for all the hard work and passion that she has put into organising the China Tour, and Ms Stats and Ms Hunter for accompanying the students on this trip of a lifetime.

Gail Amato
Languages Learning Leader



Sports News



Touch Football

Facing cool conditions, and with a lot of girls playing for the first time, the two Sion touch football teams played hard on Tuesday 20 March, learnt a lot and improved significantly from where it all started two short weeks prior. Highlights included a great intercept touchdown from Kristen Bertoldi, runs from halfway down the field to score from Anna Hamill, Sophie Wong and Tahlia Poldermans, and a lot of off-field antics in between. Well done to all the girls involved, with the teams placing third and fifth overall respectively.

Sion 1: Kristen Bertoldi, Cassie Coxhead, Anabel Kerwin, Emily Beltrami, Anna-Marie Hamill, Grace Norden, Abbey O'Connor, Georgia Whiting, Sophie Wong, Sophie Baxter, Lara Hausegger, Ally Larsen.

Sion 2: Imogen Allen, Ella Buntin, Jamison Calvert, Hannah Castagna, Georgia Cox, Tahlia Poldermans, Molly Stephens, Isla Baldwin, Natalie Bodin, Lilly Bruhn, Emer Green, Charlotte Newton.

GSV Swimming and Diving Championship Carnival

On Tuesday 20 March the Swimming and Diving team again travelled to MSAC to compete in the Division 3 GSV Swim and Dive Carnival. With most of our preliminary swimmers and divers carrying over to this competition, we were excited to see what this group could produce. Our divers competed well and our seniors placed fifth, while the intermediate team placed third, a great effort! Our swimming team were extremely excited to turn to the leaderboard on numerous occasions throughout the day and see Sion in the lead. However, as the morning came to an end, we were reeled in by Strathcona and Toorak College during the relays, finishing third overall. Special mention to our senior students who placed second overall.

Well done to all involved in the Swimming and Diving season and thank you to our captains Anna Kipping, Sarah Denmead, Jessica Pon and Adriana Giust, as well as coaches Mr Adam Rieusset, Victoria Ferns, Grace Laidlaw, Ali Dunn and Kitty Magner.

Congratulations to Anna Kipping, Jessica Pon and Imogen van Rensburg, who all qualified for the GSV Swimming Finals evening last Tuesday (along with Sarah Zhang who was unable to attend due to Year 8 camp), the very best of luck as they race against the best of the best from all 24 GSV schools in their nominated events.

Weekly Sport

Term 1 Weekly sport is wrapping up, with our Junior A Indoor Cricket team losing by the smallest of margins in their semi-final against Sacre Coeur and our Inter A tennis team losing their cross over final. Congratulations to both teams for reaching the finals and having a fantastic season. Our Senior Indoor Cricket team played a tense Grand Final against Siena College on Monday night, eventually losing 159-95. Well done to all the girls for a great season, and congratulations on making the Grand Final. We wish our Junior C Softball team the best of luck for their Grand Final today. Netball and Hockey trials are underway for Term 2 weekly sport; students should ensure they check the weekly sport timetable carefully to avoid disappointment.

Katrina Gurciullo, Sports Coordinator

Sports Star of the Week

Anna Kipping of Year 12 is this week's Sports Star. Anna, in her role as Sport and Swimming captain, has been a vital component of the Swimming team's success, particularly over the last two years. Anna's leadership, confidence and maturity has grown immensely over her time at the College and she is truly doing a wonderful job in leading the Sport department. In addition to this, Anna qualified for the 50m Backstroke and 50m Butterfly for the GSV Swimming Finals evening, meaning she was in the top 10 fastest for the event in the state. Anna swam on Tuesday evening and came first in the Butterfly and second in the Backstroke. Congratulations Anna on these wonderful achievements.



House News



House Theatre Sports

The Junior Theatre Sports in Week 7 was an amazing display of House Spirit! The Year 7s, 8s and 9s came together to battle it out for Theatre Sports Champion. They played 'Prop Swap,' 'Space Jump,' 'Accent Rollercoaster,' and 'Double Arms.' Monisha Inserra the Drama Captain led this competition with great enthusiasm and energy.



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|---|---------|-----------|
| 1 | Fatima | 55 points |
| 2 | Lourdes | 47 points |
| 3 | Loreto | 45 points |
| 4 | Carmel | 38 points |



The Senior Theatre Sports took place in Week 8 and the Year 10s, 11s, and 12s brought in the masses, who laughed and cheered as they competed to be the Theatre Sports Champions. The Year 11 Drama Representative Jessica Simmons did an amazing job leading one of the days and all students had a great time. Congratulations to the Drama team and special mention to Mrs Bleazby who helped organise this year's competitions.

| | | |
|---|---------|-----------|
| 1 | Lourdes | 54 points |
| 2 | Fatima | 51 points |
| 3 | Carmel | 50 points |
| 4 | Loreto | 48 points |



House Performing Arts

This year our Performing Arts theme is *Fill Our World with Colour*. This entry was from Hannah Castagna in 8 Red, Loreto House. The House Poster Competition has been extended to Week 1 of Term 2. We are looking forward to seeing your posters, the winning entry will become the official poster of the Sion Day House Performing Arts 2018.

Siobhan Taylor
House Coordinator

General News

Learning Resource Centre

Easter holidays are approaching, which is the perfect excuse to come to the LRC and borrow some fantastic fiction to read while relaxing and enjoying chocolate! Our fiction collection covers a wide range of genres including fantasy, mystery and suspense, sci-fi, humour, biography, dystopia and girls' stuff. There are also plenty of non-fiction books with great recipes, amazing art work and adorable animals, just to mention a few.

The Premier's Reading Challenge is underway for 2018. All students have been emailed the details. Your challenge is to read at least 15 books between March and September – details at the library. Already 1451 listed books have been read in the first month! Keep up the great work.

Visitors to the library may have noticed some strange creations around the place. For the last few weeks, old books have been folded, bent and sliced to create some intriguing works of art. Bookworms are hanging in trees and some old books have taken on a fourth dimension. If you would like to try your hand at any of these, the LRC has the raw materials. A fun and relaxing activity.

LRC staff wish everyone a happy and safe Easter break. Happy reading!

Ruth Delecca
Acting Librarian



From the Careers Room

There is always a choice. Always. So do not say, you had no choice. Good or bad, doing it or not, is about you, not choices. Always.

Fakeer Ishavardas (Author)

Students and families can find the fortnightly Careers newsletter at www.olscareers.com/?page=newsletter.

In this fortnight's newsletter there is information relating to:

- Upcoming events – A Career in Forensic Medicine, Deakin Step-on Campus. Inside Monash Seminar Series, VCE and Careers Expo
- Career in the Spotlight – Accountant
- Things to Consider – Year 10 Work Experience, Year 12 Career Appointments
- One for the diary – Deakin Health Seminars, Nursing and Health Expo
- Research ideas – Monash University – New Criminology Degree.

Brooke O'Hara
Careers and Pathways Counsellor



Parent Notices



From the College Psychologist

I wanted to let you know about two **free** therapeutic, evidence-based and fun group programs for young people and three **free** parent forums coming up.

The groups for young people are:

- **SHINE – a group for girls aged 14–17 – Thursdays from 19 April**
 - ⇒ Shine is a group program for young women aged 14–17 years experiencing symptoms of anxiety and/or depression that are having an impact on their self-esteem and relationships. The program will cover topics such as body image, identity, coping skills, friendships, relationships and respect.
www.each.com.au/service/each-whitehorse-child-youth-and-family-services/

- **Wild Wednesdays Journey - Bush Adventure Therapy Group – Every Wednesday in Term 2**
 - ⇒ headspace Knox, in Partnership with EACH Youth and Family and the WILD Program are looking for young people aged 15–18, who have high anxiety/low mood, to participate in an eight-week personal journey, concluding with a five-day wilderness journey.
[wild_wednesdays_journey-Bush_Adventure_Thearapy_Group](#)

The parent forums:

- **Building Blocks to Resilience – Parent Forum – Thursday 19 April**
 - ⇒ Practical tips and strategies for parents to raise independent and thoughtful young people through gratitude, empathy and mindfulness. www.knox.vic.gov.au/parentworkshop
- **Tuning in to Teens (run by headspace) – Thursdays starting 26 April**
 - ⇒ This program is designed for parents of adolescents aged 10–18 years. The program teaches parents how to help their teen develop emotional intelligence. Emotional intelligence may be a better predictor of academic and career success than IQ.
<https://headspace.org.au/assets/Uploads/Centres/Knox/Tuning-into-Teens-Flyer-PDF.pdf>
- **Who's in Charge Program – Tuesdays starting 24 April**
 - ⇒ *Who's in Charge?* is a free eight-week program for parents or carers of young people (8–17 years) who are out of control, violent or defiant. Monash Council Family Services will be facilitating this program.
www.monash.vic.gov.au/Leisure/Upcoming-Events/Who-is-in-Charge

Wishing everyone a safe and happy Easter celebration and a well-deserved rest over the break.

Sofia Stagnitta
College Psychologist



PARENTS ASSOCIATION BLOG

What a week it has been for the Parents Association and we are delighted to sponsored the following events.

Firstly, we had our Year 7 Family Eucharist and we were fortunate to have the Student Leaders and House Captains assist us in the catering and serving of food.

I would like to thank the following parents who also assisted: Lina Boffa, Mel Hosie, Jackie Sloan, Jo Reid and Caroline Athey.



Friday night we had our Year 7 Meet and Greet Night at Bucatini Restaurant with our Principal, Tina Apostolopoulos. It was a chance for Year 7 Parents/Guardians to meet one another.



On Thursday we were blessed to have such a beautiful day for our 'Sion Open Day'!

Thank you to: Jackie Sloan, Mel Hosie, Julie Tassone, Caroline Athey, Vesna Wirth, Gayle Ashdowne and Jo Reid for assisting us with the BBQ.

Adele Pasquini
President



SUSTAINABLE SCHOOL SHOP

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- Register on the Sustainable School Shop website - www.sustainableschoolshop.com.au

Second-hand uniform trading system

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FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

MORE INFORMATION

For more information about the CSEF visit www.education.vic.gov.au/csef

Dear Parents/Guardians

The Victorian Government has announced \$148 million over four years for the Camps, Sports and Excursion Fund (CSEF). Families who hold a valid means-tested concession card or are temporary foster parents are eligible to apply to the fund. An allowance of \$225 per eligible student will be paid to the College to use towards school trips and sporting activities for the eligible student. The above flyer provides more information. An application form is available from the CSEF website:

www.education.vic.gov.au/csef

You can also obtain an application form from the College office.

HOW TO APPLY

Contact the school office to obtain a CSEF application form or download from www.education.vic.gov.au/csef

NEW FOR 2018!

If you applied for the CSEF at your child's school in 2017, you do not need to complete an application form in 2018 unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments;** your child has started or changed schools in 2018 or you did not apply in 2017.
- **changed family circumstances;** such as a change of custody, change of name, concession card number, or new siblings commencing at the school in 2018.

Check with the school office if you are unsure.

