



FIX IT COUNSELLING

Fix It Counselling is a no bullshit service for people who want to fix an issue and get life sorted. It's a service where there's no judgments, no long-winded professional dialogues with fancy words, no lying on a couch, no incense or chimes, no sand play or any other warm and fuzzy stuff.

At Fix It Counselling we like to cut to the chase, to call a 'spade a spade' and to get in and sort out what's going on. We're a solutions focused, task orientated counselling service for people who are ready to fix what's going on.

Specialising in:

- Relationship and family issues
- Substances and addiction
- Anxiety
- Depression
- Grief and loss
- Trauma
- Suicide, at risk and self-harm concerns
- Improving personal relationships
- Problem solving
- Domestic violence behaviours
- Managing emotions
- Performance and human resource management issues
- Clinical supervision of professional human services staff



Call Kylie on **0418 986 293** or visit **www.fixitcounselling.com.au**
for bookings and more information