PreSchool CAM-ICU (psCAM-ICU): DELIRIUM = Presence of FEATURES 1 + 2 + either 3 or 4

FEATURE 1: Acute Change or Fluctuating Course of Mental Status
(1) Is there an acute change from mental status baseline? If YES, move to Feature 2
(2) Has the patient’s mental status fluctuated during the past 24 hours? If YES, move to Feature 2
→ If NO for both (1) and (2) then Feature 1 is ABSENT → STOP - DELIRIUM ABSENT

FEATURE 2: Inattention
Show a series of 10 pictures/mirror or use a favorite toy/object
Slowly move picture/mirror/toy from one side of face to the other, switch picture, repeat 10 times
While showing picture/object, talk to the patient as a source of ongoing stimulation
(1) Did patient LACK eye contact to 3 or MORE pictures/mirror/toy? If YES, move to Feature 3
(2) If eye contact to 8 or more pics/mirrors: Was the patient unable to maintain sustained eye-opening during at least half of the assessment period (5 pictures/mirror/toy)? If YES, move to Feature 3.
→ If NO to both (1) and (2) then Feature 2 is ABSENT → STOP - DELIRIUM ABSENT

FEATURE 3: Altered Level of Consciousness (LOC)
Does the patient have an altered level of consciousness right now? (i.e. Not alert and calm)
→ If YES, then STOP → DELIRIUM PRESENT
→ If NO, then Feature 3 is ABSENT → move to FEATURE 4

FEATURE 4: Disorganized Brain
(1) Sleep-wake cycle (SWC) disturbance present? (Presence of any ONE of the following)
   - Sleeps mostly during the day
   - Sleeps only a little at night
   - Difficulty getting to sleep
   - Does not awaken easily to stimulation
→ If SWC disturbance present, then STOP → DELIRIUM PRESENT
(2) Unawareness and Inconsolability present?
   Unawareness: Unaware of surroundings/toys/blankie OR doesn’t recognize/interact with caregiver
   Inconsolability: Resists nursing comfort measures OR has recurrent outbursts, moaning or grunting
→ If Unawareness AND Inconsolability present, then STOP → DELIRIUM PRESENT
→ If neither (1) or (2) are present then → STOP - DELIRIUM ABSENT