

Singlish version
- A funny take

Confusion Assessment Method for the ICU (CAM-ICU)



Singapore English aka Singlish is the local lingo. It is a melting pot of words originating from various languages such as English, Mandarin, Hokkien, Cantonese, Malay and Tamil.

Singlish is used universally regardless of race or origin, which reflects multiculturalism at its finest!

Singapore is an island city state in Southeast Asia, smaller than New York City, where 5.6 million people live peacefully in racial harmony.



"This is a slang version of the CAM-ICU Flowsheet created purely in jest by Dr. Chee Hong Loh, of Changi General Hospital in Singapore. It is not meant for actual use at the bedside as it is not validated. In an English speaking country where the population is predominantly Chinese, multiple Asian languages are also spoken, and these are the common languages used for delirium monitoring."



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1. Acute Change or Fluctuating Course of Mental Status:

"Siao liao!"

**to be out of one's mind*

NO

Steady lah!



YES

2. Inattention:

Squeeze my hand when I say *"lah"*

Read the following – "Come on *lah*, squeeze hand *lah*, don't be liddat *lah*, please *lah*."

Error = no squeeze with *lah*

0 - 2
Errors
= "Salah!!"

Steady lah!



> 2 Errors

3. Altered Level of Consciousness

RASS = *"Kan cheong"* (**flustered/agitated*) score from +4 to -5

RASS other than zero

Kena Delirium!!

**to acquire*

RASS = zero = *"diam"* (**calm*)

4. Disorganized Thinking:

Stone *got* float on water?

Have fish in sea *meh*?

One kilo durian or two heavier?

Can use hammer *hantam* nail? (**hit*)



> 1 Error

"Jia lat!!"
**this is bad!*

0 - 1
Error

Steady lah!



**lah is a Singlish term used to emphasize a sentence at the end*