Is your loved one CONFUSED? This could be a common condition called...

**DELIRIUM**

Delirium may begin rapidly or come on gradually.

Delirium may come and go quickly or last for DAYS to WEEKS.

Causes of delirium include:
- preexisting illness
- current illness
- unfamiliar surroundings
- some medications

Nurses screen routinely for delirium

2 out of 3 patients in the ICU develop delirium

**People with DELIRIUM:**

Cannot think clearly

Have trouble paying attention

Have a hard time understanding what is going on around them

May see or hear things that are not there

May be withdrawn or agitated

**Together, what can we all do to help?**

**Speak**
- to your nurse if your loved one is not him/herself

**Remind**
- your loved one of the day, date & situation

**Bring**
- glasses & hearing aids

**Decorate**
- room with calendars, personal items, & family photos

**Talk**
- about family, friends, & familiar topics

Ask your nurse for an ICU Diary or about other ways you can help.

More Information: cccig.ucsf.edu icudelirium.org/patients.html

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