

Is your loved one CONFUSED?

This could be a common condition called...

Adapted from: <http://www.icudelirium.org/patients.html>

DELIRIUM

Delirium may begin rapidly or come on gradually.

Delirium may come and go quickly or last for DAYS to WEEKS.

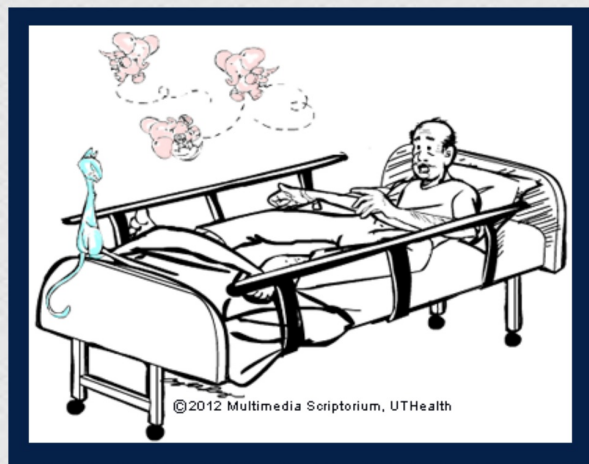
Causes of delirium include:

- preexisting illness
- current illness
- unfamiliar surroundings
- some medications

Nurses screen routinely for delirium



2 out of 3 patients in
the ICU develop
delirium



People with DELIRIUM:

Cannot think clearly

Have trouble paying attention

Have a hard time understanding what is going on around them

May see or hear things that are not there

May be withdrawn or agitated

Together, what can we all do to help?

Speak



to your
nurse if your
loved one is
not
him/herself

Remind



your loved
one of the
day, date &
situation

Bring



glasses &
hearing
aids

Decorate



room with
calendars,
personal
items, &
family photos

Talk



about family,
friends, &
familiar
topics

Ask your nurse for an ICU Diary or about other ways you can help.