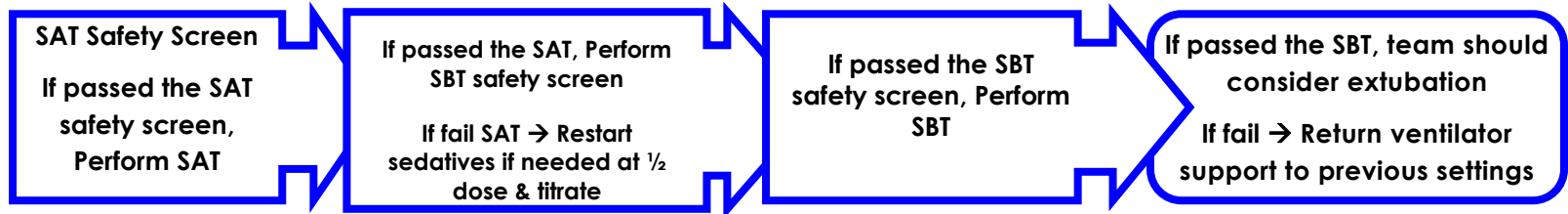


Bedside Treatments for ABCDE Protocol

ABC

Awakening & Breathing Coordination



D

Delirium Nonpharm Interventions

Pain: Monitor and/or manage pain using an objective scale

Orientation: Talk about day, date, place; discuss current events; provide caregiver names; use clock and calendar in room

Sensory: Determine need for hearing aids and/or eye glasses

Sleep: noise reduction, day-night variation, "time-out" to minimize interruptions of sleep, promoting comfort & relaxation (e.g., massage, daytime bath, back care, wash face/hands, oral care)

E

Early Exercise & Mobility

Perform Exercise Safety Screen. If passed, perform therapy at patient's highest level of ability.

1. Active range of motion exercises in bed and sitting position in bed
2. Dangling
3. Transfer to chair (active), includes standing without marching in place
4. Ambulation (marching in place, walking in room/hall)