



Self Assessment Guide

Using Wraparound Principles

In Everyday Practice

**This Wraparound Training assessment was compiled by the
Northwest Wraparound Leadership Team**

Instructions for Using This Guide:

1. The guide is organized around each Wraparound Principle. Each principle has specific evidence criteria which describes what it looks like in practice. Think about your own practice and place a check in the space that best describes how your practice demonstrates the principle at the current time. (**E** – Established in my practice **D** – Developing my skills, I'm actively working on it **N** – Not in place yet)
2. For each criterion you have marked with a D or N, take time to identify specific action items to improve.

Principle #1: Strength-based –

Love To receive love and kindness from others, you have to give this to others first

Evidence in your work:	E	D	N	Action for Improvement
You and other service providers talk about what is working for the client/family				
You believe the client/family can make the changes				
You look for when the problem does not exist (i.e.: in protection issues, you and the family identify that for 26 days/month things are fine, blood sugar levels are stable 2/7 days)				
You act as an advocate for your client/family				
You don't feel responsible for the outcomes in the client/family (there is a shared ownership of the process)				
You are more empathetic				

Principle #2: Individualized and Family-Centered

Respect - Show honour and gratitude to all of the creation to show and earn respect

Evidence in your work:	E	D	N	Action for Improvement
You don't develop any plans without the client/family present				
You don't talk about the client/family to other service providers without informing the family of the discussion or having them present				
The client/family identifies their needs				
The client/family determines the timelines and the services they need				
The plan indicates clearly the input and ownership of the client/family				
The plan in the file is not a cookie-cutter plan but speaks to the individuality needs of the client/family				

The plans is wholistic.				
The plan is in the client/family's language and described from their perspective				
Principle #3: Single /Common Plan				
Courage - Face life and obstacles with a fearless heart, so what is right even if it is difficult				
Evidence in your work:	E	D	N	Action for Improvement
You are part of a team that is working with a common plan				
You know who and what all the service providers are doing with the client/family				
You note the reduction in the number of meetings relating to the client/family				
You have a common / single plan on your files				
The file indicates all the resources/service providers involved with the client/family				

Principle #4: Community-Based				
Wisdom - Use the knowledge that you have gained through your life to make good decisions				
Evidence in your work:	E	D	N	Action for Improvement
You use resources in the community				
You bring in the community and build an "off ramp" for categorical (formal) services				
More community people are involved in the team				
The family feels accepted and supported by the community				
The community comes forward to assist the client/family				
The plan on the file includes resources and people from the community (community is geographical and cultural)				

File shows reduction in formal services and increase in community supports --plan includes a way to sustain community support				
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Principle #5: Blend of Formal and Informal
Humility - Understand and accept that we are all equal to each other, not better than others

Evidence in your work:	E	D	N	Action for Improvement
You will note the increase of informal supports on the team				
The file indicates informal supports for the client/family and are part of the team				
The informal supports will be sustainable supports for the client/family as the “professional” supports leave the client/family				

Principle # 6: Unconditional Support
Love - To receive love and kindness from others, you have to give this to others first

Evidence in your work:	E	D	N	Action for Improvement
You don't kick the client/family out of your service area – you look at ways to change the plan (it isn't trying harder , it's trying different)				
When the plan is not working the file shows that the plan was changed				
A transition plan is clearly outlined when the client/family is moving to another service area or the file is being closed				

Principle # 7: Integrated and Holistic
Truth - Know these things, to speak them and to believe in them and in ourselves

Evidence in your work:	E	D	N	Action for Improvement
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You work with service providers that are outside of your area (i.e.: if you are a teacher you work with people outside of the school).				
The plan on the file includes all aspects of the family's life – all life domains that are relevant to the family are included in the plan				

Principle # 8: Safety and Crisis Planning
Courage - Face life and obstacles with a fearless heart, so what is right even if it is difficult

Evidence in your work:	E	D	N	Action for Improvement
Safety is given priority (if this is necessary) and is developed at the first meeting				
You and all members of the team have a part in the safety plan				
The family is part of the development of the safety plan				
The safety plan is built on the strengths of the family				
There is a safety plan in the file and identifies the role/responsibility of each member of the team				

Principle # 9: Culturally Sensitive
Humility - Understand and accept that we are all equal to each other, not better than others

Evidence in your work:	E	D	N	Action for Improvement
You understand the client/family's culture based on how they describe it				
The client/family sees their culture from a strength based perspective				
The file/plan uses the client/family's language in how they describe their culture				

Principle #10: Collaborative and Inclusive Teaming

Truth - Know these things, to speak them and to believe in them and in ourselves

Evidence in your work:	E	D	N	Action for Improvement
You are part of a team that works in a collaborative way – all planning and decision-making is shared in the team				
You work with other service providers in a collegial manner				
You note that the collaborative way of working together with other service providers is transferring into other areas of work				
The client/family identifies the members of the team				
The client/family see themselves as part of a team and a shared decision-making process				
The client/family has as much to say as the other members of the team				
The file lists all members of the team in working with the family				
The file identifies the work being done by other people involved with the client/family				
The file indicates the collaborative decisions made by the client/family and the members of the team				

Principle: 11: Flexible Resources

Honesty - Face your faults and mistakes with open eyes and learn from it

Evidence in your work:	E	D	N	Action for Improvement
You notice that services are more willing to be flexible and don't feel trapped in mandated boxes				
The file shows flexibility in the planning and in the services provided. There is more of a flow in the file – not gaps in services due to restrictive mandates				

Principle: #12: Measurable Outcomes

Truth - Know these things, to speak them and to believe in them and in ourselves

Evidence in your work:	E	D	N	Action for Improvement
You have more specific plans and more attainable goals in the plan				
People are clearly identified to do certain tasks in defined timelines				
The family is very clear on what they are to do, how this is to be done and the timelines for the tasks The file contains specific plans, clear and obtainable goals, and people are identified to do certain tasks with clear timelines				
Each outcome is measurable and shows clearly how it was achieved				