
SERMON NOTES June 19, 2022

Today's notes also available at CCPL.life/Connect

Ephesians 4:26-27
Putting on Forgiveness
Pastor Mike

1. Taking off _____ and putting on _____

2. Taking off anger _____

a. _____ isn't a sin

b. _____ leads to sin

The actions of others don't cause _____...

....They reveal our _____ and can nurture a _____

3. The _____ to be destroyed

_____ is Satan's most common and effective weapon in developing sin in our lives

4. Putting on the character of _____

a. The _____ nature of the call

b. The _____ of the call

5. The picture of forgiveness _____

Questions for reflection, application, and discussion

1. In Ephesians 4, Paul doesn't condemn anger, but condemns using anger as an excuse for sin. Anger itself isn't a sin, but is a God given emotion, yet many consider anger a sin, and feel guilty when they become angry.
 - a. In your opinion and experience, how common is it for people to feel that anger itself is sinful? Is this something that you have believed?
 - b. Why do so many people believe that anger is a sin?
 - c. Do you think that a belief that anger is sinful, and a sense of guilt over feelings of anger will help or hurt a person deal with and resolve any anger issues in their life? Why?

2. If anger is a natural God given emotion, and the Bible speaks of God becoming angry, is anger ever a good thing?
 - a. Are there times that we should become angry? If so, when?
 - b. What is the difference between a righteous Godly anger and a harmful anger (or what James 1:20 calls "the anger of man") that can become a foothold for sin in our lives?
 - c. Can what started out as a righteous anger become a foothold for sin? If so, how?
 - d. How can you know if your anger is a righteous and Godly anger, or if it is the "anger of man" that James 1:20 warns of?

3. In Ephesians 4:27 Paul warns that if we do not forgive and resolve our anger in a timely fashion, anger will become a beachhead for Satan to work sin into our lives.
 - a. Is it possible for a person to have a significant amount of unresolved anger and not be consciously aware of that anger? If so, how?
 - b. Can we think that we have forgiven someone for an offense, and yet still harbor significant anger toward him or her? If so, how does this happen?
 - c. How can we become aware of unresolved anger in our hearts?
 - d. Is it possible to have unresolved anger and not have it become a foothold for sin? Explain your answer.
 - e. Are there areas of sin and temptation in your life that might be rooted in a foothold of anger?

4. Who do you need to forgive? Who do you need to seek reconciliation with? What steps will you take this week to pursue this?

5. Can a person with unresolved anger issues be a Godly person? Read and reflect on the following passages: James 1:20; Matthew 6:12-15; Matthew 5:21-25