



FARM STEW® News

FARM STEW Is Not Lying Idle!

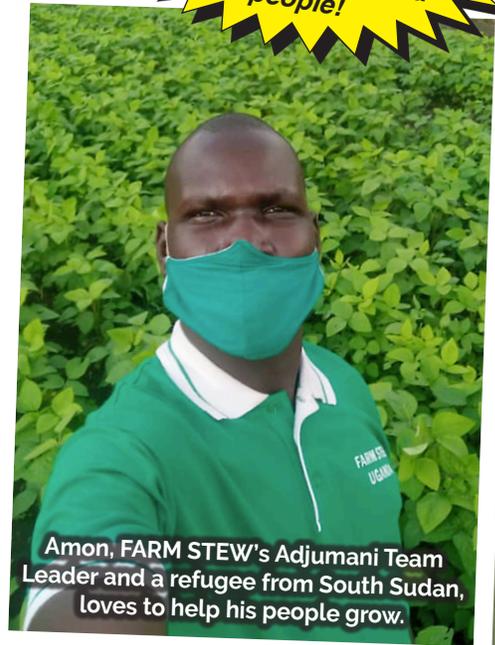
110,000+
participants in 3,700+
hands-on classes in 4
countries with a local
staff of 34 dedicated
people!

*When right methods of cultivation are adopted, there will be **far less poverty** than now exists. **We intend to give the people practical lessons upon the improvement of the land, and thus induce them to cultivate their land, now lying idle.** If we accomplish this, we **shall have done good missionary work.*** Ellen G. White, Letter 42, 1895

During these unprecedented times of COVID-19 when it seems like much of the economy and the world has slowed down, your continuous support has allowed FARM STEW projects to move forward. **THANK YOU!** We are excited to share with you the ongoing and expanded efforts that your gifts make possible.

Your gifts led to tremendous growth this quarter!

FARM STEW Trainers (Elias and Amon) and refugee farmers standing in a field of their soybeans in Northern Uganda.



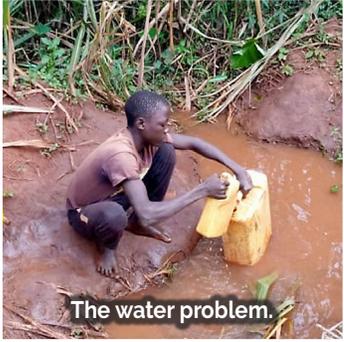
Amon, FARM STEW's Adjumani Team Leader and a refugee from South Sudan, loves to help his people grow.

- **In Cuba**, the presence of FARM STEW arrived just in time! According to Reuters News, "The Caribbean island imports roughly two-thirds of the food it consumes at a cost of around \$2 billion annually." With COVID-19 halting most imports, our two FARM STEW agronomists and the Cuban government are eager to help families learn to grow their own food! (see page 3)
- **In South Sudan**, we were awarded a \$100,000-per-year grant for 2 years, which requires a 1:1 match. This will double the number of families our trainers

like Amon and Elias can reach! We also built two solar dryers and bought 7 teams of oxen and plows, which will help families prepare the land so that it will no longer be lying idle. (see page 3)

- **In Uganda**, 3 new wells (in addition to 6 in the first quarter) are now serving 2,700 people. (see page 2) Restrictions on driving cars during the pandemic make our 5 new motorcycles, plus the previous 3, even more important! They are being put into daily use by our 22 Ugandan trainers to reach people with the message of FARM STEW. "We can even drive down dirt paths now to reach more remote people and their farms."
- **In Zimbabwe**, Khan, our intern in Harare, continues to engage the orphan kids, and we've expanded our training to a second orphanage about 4 hours away! (see page 4)
- **In the USA**, 3 volunteers, Dawna, Sherry, and Lynne are working to revise and publish FARM STEW Basic 2.0.

Water: Protecting Children & Promoting Enterprise



The water problem.

Thank you for helping to protect children's lives by putting a well in the **Kalungami Village in Southeast Uganda**. Water was one of the biggest challenges in this community.

The **nearest water source** was

approximately 1.8 miles (3 km) away. Villagers had to weave their way through thick, twelve-foot tall sugar cane plantations to get to the waterhole. This is a **dangerous expedition for anyone**, but especially for children who are the primary water collectors. Not long ago, **a child was kidnapped and murdered** in the surrounding sugar cane plantation while he was going to fetch water. Sadly, parents had no choice but to continue sending their children on the unsafe journey.



Children hauling water

Now, because you helped put a new centralized well in their village,



Stacks of bricks drying.

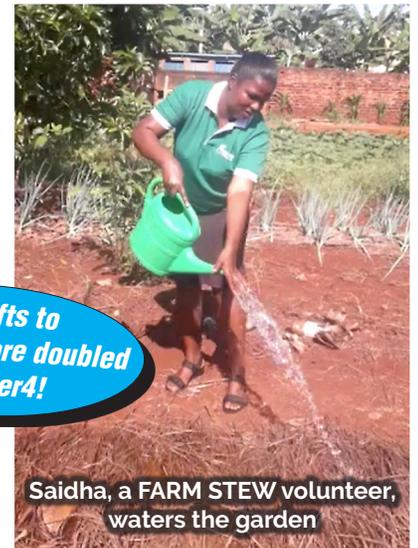
their lives have changed!

Children are now able to collect water in a safe environment, and businesses are benefiting as well. Hard working entrepreneurs can turn clay soil into

bricks and local farmers have water to irrigate household crops.

Thanks to you, they now have access to clean water nearby. This saves them traveling time, allows them to be more productive, and keeps their kids from harm's way.

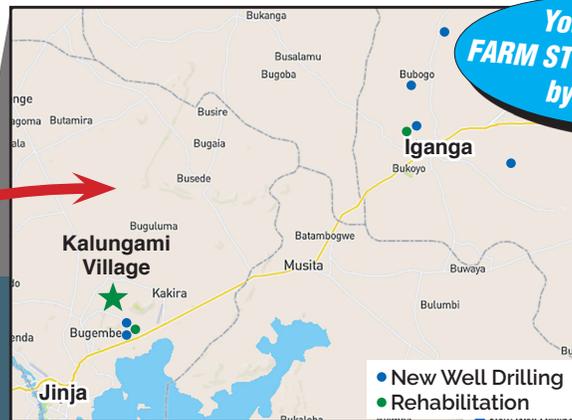
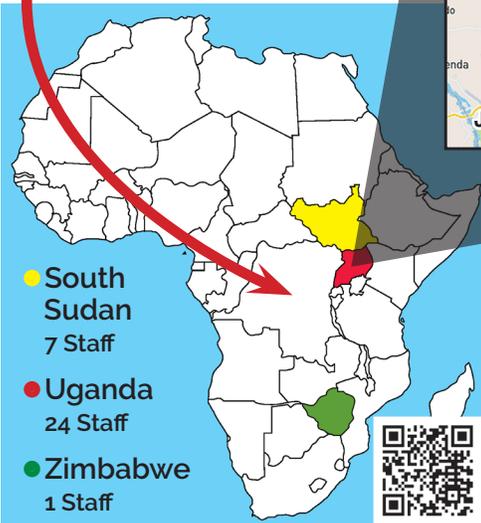
Villagers are thrilled to have a new well! Community leader Saidha remarks, "Thanks to FARM STEW! We pray for as many blessings from God as possible for you. You have saved our children's lives, and **you have helped boost our economic activity.**"



Saidha, a FARM STEW volunteer, waters the garden

Your gifts to FARM STEW are doubled by Water4!

Map of FARM STEW Teams and Wells



See the locations and pictures of our 6 new wells and 3 rehabilitated wells here:

www.farmstew.org/post/water-2020



Sharing the blessings of fresh water!

FARM STEW

in Cuba!



Our launch in Cuba coincided with the shutdown of the island nation due to COVID-19, but you can't stop dedicated people from developing plans. Our new staff Feliberto and Dayane, both highly trained and experienced in agriculture, are dreaming big as we seek to establish a legal Humanitarian Organization in Cuba (not an easy task!). They have been teaching FARM STEW classes, helping 26 families establish vegetable gardens, and developing a cadre of FARM STEW volunteers and church contacts.

We are meeting with the National Soy Research Laboratory in Illinois (where Joy was first trained in soy science) in order to start a trial of varieties of soy that will grow in Cuba for human consumption since the country currently only uses soy for animal feed. Please pray we can wisely navigate our program's growth in Cuba!



Dayane teaching a FARM STEW class.



Feliberto implementing FARM STEW methods.



Joy met Feliberto, Dayane and their daughter at a medical missionary conference.

FARM STEW South Sudan Doubles its Efforts and Hires Executive Director

Matching Fund Opportunity!
See below!

Your recent gifts of \$10,500 dollars, provided 686 families with 2,711 farming tools such as hoes and shovels and 700 homes with supplies to build a tippy tap.

Hard work pays off! We're pleased to announce that the Swiss Agency for Development and Cooperation (SDC) has approved a 2-year, \$200,000 grant for our partner FARM STEW South Sudan (FS-SS). The project is called, "Building Resilience through Nutrient-Dense, Profitable Farming and Sanitation for a Healthy and Abundant Life."

Now we need to raise and invest a matching amount, \$100,000 per year for the next 2 years, to receive the full funding that will enable FS-SS to fully train 1,400 families.

YOUR GIFT WILL BE DOUBLED! 1:1 MATCH!

FS-SS began in December of 2018 with a project engaging 500 poor, rural households. The focus was on soy and vegetable production, improved nutrition, and sanitation. In December of 2019, we expanded to 200 more households. In recent months we've bought 7 pairs of oxen and plows to help farmers cultivate idle land and constructed two solar dryers to help families preserve and market their crops.

Since March, the team has put additional effort into sanitation, especially handwashing stations, and COVID-19

education-related activities. We also hired local women to sew 3,500 cloth masks, 5 for each family.

In June we hired a new leader! Mr. Lasu Charles Denese is now the Executive Director (ED) with background experience in Christian education administration, banking, and management. Lasu speaks 5 languages and says, "It has been an exciting moment to become an ED for FARM STEW. I strongly believe that this is a call to serve the needy through empowering them to build resilience against disease, hunger, and poverty. By the grace of God, we can move forward to the promised land of abundant life."



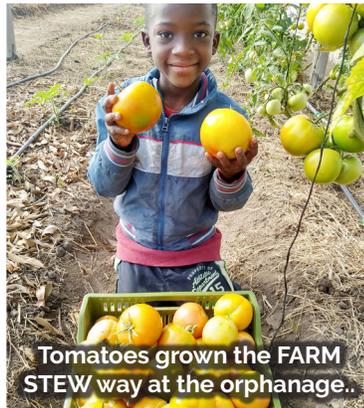
Lasu, FARM STEW South Sudan's new Executive Director, is ready to lead!



FARM STEW oxen at work plowing idle land for cultivation.

A Friend of the Fatherless

Because of your generosity, Kahn Ellmers is working with FARM STEW Zimbabwe, assuring food and Christ's love will reach over 100 orphans at Newstart Children's Home in Harare and beyond!



See the full interview with Kahn and enjoy Adam Sabangan's Benefit Concert at: farmstew.org/news/blog

Sabangan Family Testimony

FARM STEW is close to our hearts! Here are 5 reasons why we choose to support and be involved with the mission of FARM STEW.

1. Their mission is comprehensive.

Each ingredient in their recipe for abundant life is interconnected with and supports the others. When new ideas and opportunities arise, they seek to embrace only those that fit with their goals.

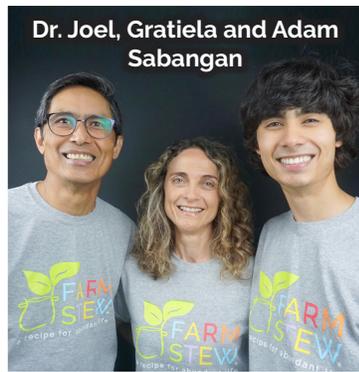
2. They have a strong emphasis on education. As a teacher and educational psychologist, that stood out to me (Gratiela). FARM STEW believes in equipping people with practical skills and knowledge. My husband and I grew up in immigrant families, in which the importance of education and hard work was instilled. We both appreciate this aspect of FARM STEW.

3. FARM STEW is careful to base their education on sound science and Biblical principles. They are equally focused on providing physical help and sharing the Gospel.

4. God is opening up incredible opportunities to enter new areas. This year they plan to launch in Rwanda and Cuba. We do not want FARM STEW to lose these golden opportunities to share their recipe for abundant life.

5. We trust the people who run FARM STEW. Let's face it, an organization may look amazing on paper or on a website, but isn't it the people who run it who make the difference? We have found the FARM STEW staff to be some of the most dedicated and humble people that you will ever meet.

THANK YOU SABANGAN FAMILY!!



Your gifts can be sent to: P.O. Box 291 • Princeton, IL 61356
Learn more or give online at: www.farmstew.org

A Toast to You!

The silver lining on my dark cloud of COVID-19 has been shining pretty brightly. Although **I grieved not getting to be in Africa in April**, the lock-down gave me more time to work on FARM STEW here and enjoy the extra family time too.

The exciting new developments in South Sudan, Uganda and Cuba were the result of **a tremendous amount of work** on the part of our local staff, our board, a few consultants, and many amazing volunteers! I meet weekly with each group from each country. We are blessed with phenomenal people that make FARM STEW happen. **Thank you for supporting their effort with your faithful giving.**

Our frugality and respect for your time prevent us from making a 12-page Donor Newsletter every quarter as we have so much more to share. As much as I respect your time, I have to ask, would you consider spending an hour with me? If so, **please watch the interview I did with Pastor John and Angela Lomacang from 3ABN** recently. I believe it represents our mission well. It's on our blog here: farmstew.org/post/fs3abn

Finally, since all of the big meetings are canceled due to COVID-19, the only way we can get the word out is through people like you who love it! This is what we call, "sharing the recipe of abundant life." **Like the Sabangan Family, will you tell your friends and family why you give to FARM STEW and why you believe it is worthy of their consideration as well?**



As I toasted (with soymilk) in South Sudan with church leaders and representatives from the Swiss Embassy, I toast to you, our FARM STEW family!

You are a blessing to me personally and to our expanding organization.

A handwritten signature in black ink.