SEED NECKLACE

Each part of the plant plays a role or function to help the plant thrive. Watch all the parts of the plant unfold before your very eyes with this seed necklace activity!

What you will need:

- Mini ziplock bag, about 2 inches long
- Yarn, twine, or string
- Cotton ball or paper towel
- Seeds: We recommend native seeds like lupine or California sunflower, but a bean or pea seed will also work well.
- Scissors and / or a hole punch
- Cup of water

Step 1: Poke a hole in your ziploc bag just below where the bag seals with scissors or your hole punch.

Step 2: Dunk your cotton ball or paper towel in a cup of water, then squeeze out any excess moisture.

Step 3: Place your cotton ball or paper towel in your ziploc bag along with the seed of your choice. Seal your ziploc bag.

Step 4: Cut a piece of yarn or twine to a length that will go over your head when tied together, about 2 to 2 ½ feet or longer.

Step 5: Thread your yarn or twine through the hole you punched out and tie the loop in a knot.

Step 6: Wear your beautiful seed necklace daily and watch as roots and shoots begin to form.