

# SEED NECKLACE

Each part of the plant plays a role or function to help the plant thrive. Watch all the parts of the plant unfold before your very eyes with this seed necklace activity!



**Step 1:** Poke a hole in your ziploc bag just below where the bag seals with scissors or your hole punch.



**Step 2:** Dunk your cotton ball or paper towel in a cup of water, then squeeze out any excess moisture.



**Step 3:** Place your cotton ball or paper towel in your ziploc bag along with the seed of your choice. Seal your ziploc bag.



**Step 4:** Cut a piece of yarn or twine to a length that will go over your head when tied together, about 2 to 2 ½ feet or longer.



**Step 5:** Thread your yarn or twine through the the hole you punched out and tie the loop in a knot.



**Step 6:** Wear your beautiful seed necklace daily and watch as roots and shoots begin to form.

## What you will need:

- Mini ziplock bag, about 2 inches long
- Yarn, twine, or string
- Cotton ball or paper towel
- Seeds: We recommend native seeds like lupine or California sunflower, but a bean or pea seed will also work well.
- Scissors and / or a hole punch
- Cup of water

