



**Training Application**



## INTRODUCTION

Nicotinamide adenine dinucleotide (NAD) is a derivative of niacin and tryptophan metabolism that serves multiple essential roles in the human body as a coenzyme molecule and substrate for various enzyme systems. NAD modulation is an active area of research with a broad scope of potential applications, including the treatment of neurodegenerative diseases like Parkinson's and Alzheimer's, due to its recently discovered neuroprotective properties.

In the addiction arena, the use of intravenous NAD to assist in recovery of brain function following cessation of drug abuse is demonstrating exciting outcome potential. Intravenous NAD was first administered in Canada and the U.S. in the late 1950s. Since that time, a growing coaction of compelling scientific studies and clinical experience is putting intravenous NAD into the spotlight.

Richard F. Mestayer, III, MD, and Paula Norris Mestayer, M.Ed., LPC, FAPA, of Springfield Wellness Center, are the originators of Brain Restoration Plus (BR+), a treatment strategy that includes an intravenous application of nicotinamide adenine dinucleotide (NAD) along with oral amino acids, vitamins, and minerals, as well as traditional modalities that include anti-depressants, anti-anxiety agents, mood stabilizing agents, anti-inflammatory agents, medical foods, and specific psychotherapy techniques for the treatment of various mental health conditions. The BR+ protocols and applications are the results of an accumulated breadth of knowledge obtained through years of practice beginning in 1980. This knowledge is considered Intellectual Property belonging to Dr. Richard Mestayer, III, Medical Director and Paula Norris Mestayer, Founder and Director of Springfield Wellness Center, located at 32900 Pitcher Road, Springfield, Louisiana.

Dr. Richard Mestayer, III, and Paula Norris Mestayer, M.Ed., LPC, FAPA, also have the distinction of bringing intravenous NAD therapy to the United States in 2001. As a result, they have the most experience in providing this treatment and continue to advance their knowledge by adapting their protocols in response to new findings from current research and ongoing clinical observations. Their clinic is the longest-operating intravenous NAD clinic in the U.S., with a patient satisfaction rating of 98.9%. Their craving scale is less than 1% after 10 days of treatment.

In order to make the benefits of intravenous NAD available to as many patients as possible we have offered a training program in its use for healthcare professional since 2010.



## MISSION STATEMENT

It is our mission to provide compassionate care of the highest standard to individuals and families experiencing the emotional and/or physical consequences of depression, anxiety, bereavement, acute, chronic or post-traumatic stress, chronic pain, substance dependence/addiction and neurodegenerative diseases associated with aging.

We believe we have a specific duty to disseminate our Intellectual Property in a professional manner that will ensure optimum patient response. We believe the apprentice/mentoring approach to the proper use of intravenous NAD+ is the best training protocol. We also believe it is good for patient care and the advancement of medical knowledge that we build a collaborative relationship with those who choose to study with us. We each have a duty to be good stewards of advancing this new frontier with integrity. Therefore, we have established a mechanism whereby those medical professionals who have successfully demonstrated expertise in utilizing BR+ and/or NAD+ intravenous protocols receive certification distinguishing them as Fellows of the Mestayer Institute for Neurobiological Enhancement Therapies.

BR+ MD Consultants, the training faculty, is committed to helping clinicians excel in helping their patients improve their lives through BR+/ NAD Intravenous therapies. We have established certain standards of practice based on our many years of clinical observations and continuing research.

These standards are in line with our core values. We believe that to help people improve their lives we must recognize that the brain mediates everything: our body, our mind, and our spirit. We are committed to brain health and restoration. By doing so, we believe we can have a positive impact on those who are seeking physical, emotional, and spiritual well-being.

We have learned that there is no substitute for compassion in the practice of mental health and addiction treatment. We believe this is also true for those suffering from neurodegenerative diseases. Respectful listening to a patient's story begins to build trust, without which there is very little healing. Authentic compassion is paramount and, along with truth and integrity, is the hallmark of treatment success. Our motto is, no guilt, no shame, and no judgment.



## Training and Application Fees

**Application and Administration Fee:** \$2275 per MD application  
\$1000 per Nurse Application

### **Comprehensive Shadowing Workshop:**

First Step of the Credentialing Process

Tuition for the on-site 2-day BR+ MD Consultants Physicians Workshop is \$1500 per day with a two-day minimum comprehensive shadowing with Richard Mestayer, III, MD. (Please note: due to limited space, no more than three medical staff per office in one training will be permitted.)

### **Comprehensive Nurse Shadowing Workshop:**

Tuition for the on-site Nurse Shadowing Workshop is \$750 per day per nurse with a 2-day minimum.

***See Training Fee Schedule within the Service Agreement for additional training programs and services.***

### **Documents may be returned by U.S. mail, fax, or email:**

BR+ MD Consultants	Fax: 225.294.5944
32900 Pitcher Road	Email: doc@brplusmdconsultants.com
Springfield, LA 70462	

**Please remit preferred method of payment with application.**

**Make check payable to BR+ MD Consultants, LLC or call 225.414.0602 for credit card processing.**

### **Information To Applicant**

As part of our procedure for processing your application, your personal and employment references may be checked. If you have misrepresented or omitted any facts on this application, and are subsequently admitted to the program, you may be discharged from the program. You will be asked to sign a non-disclosure, confidentiality and non-compete agreements. Signing these agreements indicates that you understand and agree to the information mentioned above and that you will abide to the terms of this agreement.



**NAD Brain Restoration Plus Training and Certification/Licensing Application**

Application and Administration Fee Due One Week Prior to Training Date: \$2,275

Fees can be paid via credit card by phone or mail check payable to BR+ MD Consultants, LLC

Name \_\_\_\_\_

Name of practice \_\_\_\_\_

Address \_\_\_\_\_

State \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Cell \_\_\_\_\_ Fax: \_\_\_\_\_

Education \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Area of medical practice/specialty \_\_\_\_\_

\_\_\_\_\_

Credentials and license with licensing number \_\_\_\_\_

\_\_\_\_\_

Social security number \_\_\_\_\_ Date of Birth \_\_\_\_\_

References:

(1) \_\_\_\_\_

(2) \_\_\_\_\_

(3) \_\_\_\_\_

Insurance \_\_\_\_\_

\_\_\_\_\_

Military Service [ ] No [ ] Yes Branch \_\_\_\_\_



NAD Brain Restoration Plus Training and Certification/Licensing Application

Bio / Curriculum Vitae (please attach) \_\_\_\_\_

Employment history \_\_\_\_\_

Professional certifications and/or licenses \_\_\_\_\_

Hobbies, recreational interests \_\_\_\_\_

Miscellaneous Information \_\_\_\_\_

In case of accident or illness, please contact \_\_\_\_\_