

## Selected Presentations

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Hershfield, J., Heady, M., Mariaskin, A., & Whooley, S.C. (2021). In it for the Long Haul: Instilling Hope in the Client and the Therapist in Treatment Refractory Cases. Talk presented virtually at the at The Anxiety and Depression Association of America's annual conference.

Mariaskin, A. (2020). When Uncomfortable Thoughts get Stuck: A Primer on Intrusive Thoughts for Clinicians. Presentation provided for the Sexual Assault Center of Middle Tennessee, Nashville, TN.

Spitalnick, J., Egan-Stack, D., & Mariaskin, A. (2020). Cultivating the Next Generation of OCD Specialists. Talk presented at the at The International OCD Foundation's annual conference, virtually.

Mariaskin, A., Jenks, A., & Oakley, W. (2019). Dodging the Second Arrow: Self-Compassion for Teens. Workshop presented at the at The International OCD Foundation's annual conference, Austin, TX.

Mariaskin, A. & Cameron, J. (2019). Acceptance and Commitment Therapy in the Treatment of Anxiety Disorders. Workshop presented at the annual meeting of the TN Psychological Association, Nashville, TN.

Mariaskin, A. (2018). Addressing Anxiety in Children and Adolescents with Learning Differences. Presentation to be provided as part of the TN branch of the International Dyslexia Association's RISE conference, Brentwood, TN.

Eken, S. & Mariaskin, A. (2017). Exposure & Response Prevention in the Treatment of Avoidant/Restrictive Food Intake Disorder (ARFID). Lecture presented at the Kentucky Psychological Association's annual conference, Lexington, KY.

Tucker, B., Mariaskin, A., Jenks, A., Oakley, W., & Barkin, J. (2017). Are You "Shoulding" Me?!: A Workshop for Teens with Perfectionism. Workshop presented at The International OCD Foundation's annual conference, San Francisco, CA.

Mariaskin, A. (2017). What to Do (And Not Do) When Children Are Anxious: How to Respect Feelings Without Empowering Fears. Invited talk presented at Julia Green Elementary School's Parent Education Series, Nashville, TN.

Mariaskin, A. (2016). Addressing OCD Symptoms in the School Setting. Presentation provided as part of Tennessee Association of School Psychologists' Spring Conference. Cookeville, TN.

Mariaskin, A., Moore, P., & Eken, S. (2016). Treatment of OCD in Young Children. Workshop presented at The International OCD Foundation's annual conference, Chicago, IL.