

# **PRESS RELEASE**

**FOR IMMEDIATE RELEASE**

**DATE: June 21 2016**

---

**Contact: Emily Brown, 946-2110 ext. 121  
Glen Road, Jay, New York 12941  
Phone: 518.946.2110 Fax: 518.946.2188  
Email: ebrown@wardlumber.com**

## **LYME DISEASE IN THE ADIRONDACKS: PREVALENCE, DIAGNOSIS AND TREATMENT**

**Presented by: Presented by:**

**Dr. Lee Ann Sporn, Holly Ahern MS, MT (ASCP) and Dr. Ronald Stram**

Lyme disease is a growing malady in the Adirondack region. It is transmitted by the bite of a tick, other insects, bodily fluids and many other modes that has made this disease prevalent across the United States and throughout the world. In hopes to raise awareness of this disease as well as to help support those affected by it, Ward Lumber will be hosting a free Lyme disease awareness workshop presented by three esteemed professionals that have dedicated their lives to the diagnosis, treatment and research of Lyme Disease.

Lee Ann Sporn, Ph.D., is a Professor of Biology at Paul Smith's College. She has recently teamed up with the New York State Department of Health to monitor Lyme disease in the North Country.

Dr. Stram is the founder of the Stram Center for Integrative Medicine. He believes in using holistic and preventative care as a way to reduce the debilitating symptoms that often come with a chronic illness. The Stram Center uses conventional medicine as well as complementary styles to get the most effective results for their patients. He is llads trained in the treatment of Lyme disease and offers both testing and treatment at his center. Holly Ahern is professor of microbiology at SUNY Adirondack. As a result of her family's personal battle with Lyme disease, she co-founded the non-profit organization Lyme Action Network which provides educational programs and literature on tick-borne diseases.

Please join us at our Jay store location for this workshop and informational session on Tuesday, June 28 at 6:00 pm. The goal of this workshop is to provide information to the attendees that can help them understand Lyme disease, how to recognize it and how important it is to seek treatment if exposed.

The event is free, and spots are filling up quickly. To register, go to [WardLumber.com](http://WardLumber.com) or call Kim at 946-2110, X120.

**END**