
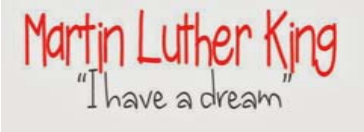




TOWN OF SOMERS
SENIOR PROGRAMS @ VAN TASSELL HOUSE
JANUARY—2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>BARBARA TABERER</u> <u>PROGRAM DIRECTOR</u></p> <p><u>232-0807</u> <u>\$2.00 DONATION PER MEAL</u></p>	<p><u>1. NUTRITION SITE CLOSED</u> <u>NO MEAL DELIVERY TO-</u> <u>DAY</u></p> 	<p>2. BAKED FLOUNDER OREGA- NATA CORN NIBBLETS MILK KALE & ONIONS SEEDLESS RYE SLICED PEACHES</p>	<p>3. BONELESS BREADED PORK CHOP GRAVY BAKED SWEET POTATO CABBAGE WITH CARROTS MILK PUMPERNICKEL SEASONAL FRESH FRUIT</p>	<p>4. ROASTED CORNISH HEN WITH GRAVY MILK SCALLOPED POTATOES GREEN BEANS ALMONDINE DINNER ROLL LEMON MERINGUE PIE</p>
<p>7. KNOCKWURST & SAUER- KRAUT MILK CORN NIBBLETS BAKED BEANS HOT DOG BUN MANGO CHUNKS</p>	<p>8. HERBED LEMON CHICKEN WITH GRAVY MILK SWEET POTATO PEAS & ONIONS WHOLE WHEAT TAPIOCA PUDDING</p>	<p>9. MANICOTTI WITH TOMATO SAUCE BROCCOLI TOSSED SALAD WITH CHICK- PEAS MILK ITALIAN BREAD FRUIT</p>	<p>10. <u>HAPPY CHEF LUNCH</u> BEEF TACOS W/SHREDDED CHEESE DICED TOMATOES MEXICAN RICE MILK SPECIAL DESSEERT</p>	<p>11. TILAPIA OREGANATA LENTIL PILAF GREEN BEANS MILK PUMPERNICKEL MANDARIN ORANGE SEGS</p>
<p>14. STUFFED PEPPER WITH GRAVY MASHED POTATOES BRUSSELS SPROUTS MILK MULTIGRAIN BREAD SLICED PEACHES</p>	<p>15. PORK LOIN CUTLET WITH PICATTA SAUCE QUINOA & KALE GLAZED CARROTS MILK WHOLE GRAIN SEASONAL FRESH FRUIT</p>	<p>16. ROAST TURKEY WITH GRAVY HARVARD BEETS PEAS MILK DINNER ROLL SLICED APLES</p>	<p>17. BAKED SALMON WITH CARIBBEAN PEACH SAUCE BAKED POTATO MILK MEDITERRANEAN VEGGIES WHOLE WHEAT MANGO CHUNKS</p>	<p>18. CRISPY BAKED CHICK- EN WITH GRAVY MACARO- NI & CHEESE COLLARD GREENS MILK CORN- BREAD COCO- NUT CAKE</p>
<p>21. NUTRITION SITE CLOSED NO MEAL DELIVERY TODAY</p> 	<p>22. SALISBURY STEAK WITH GRAVY LEMON POTATOES MIXED VEGGIES MILK SEEDLESS RYE PARADISE FRUIT BLEND</p>	<p><u>23. HAPPY CHEF PIZZA</u></p> <p>FRATELLI PIZZA DELUXE GARDEN SALAD SPECIAL DESSERT MILK</p>	<p>24. CHICKEN CALIFORNIA MASHED POTATOES SUCCOTASH MILK DINNER ROLL SLICED PEACHES</p>	<p>25. ITALIAN MEATBALLS WITH TOMATO SAUCE SPAGHETTI MILK BROCCOLI WITH GARLIC ITALIAN BREAD BIRTHDAY CAKE</p>
<p>28. ITALIAN CHICKEN SAU- SAGE PEPPERS & ONIONS GREEN BEANS MILK HOT DOG BUN TROPICAL FRUIT COCKTAIL</p>	<p>29. VEAL & MUSHROOMS ROASTED POTATOES PEAS & CARROTS MILK SEEDLESS RYE MANGO CHUNKS</p>	<p>30. CHEESE LASAGNA WITH TOMATO SAUCE TOSSED SALAD WITH CHICK PEAS MILK ZUCCHINI ITALIAN BREAD FRESH ORANGE</p>	<p>31. MEATLOAF & GRAVY MASHED SWEET POTATOES CRUMBED CAULIFLOWER MILK DINNER ROLL CARROT CAKE</p>	<p><u>PLEASE NOTIFY STAFF OF</u> <u>ANY FOOD ALLERGIES YOU</u> <u>MAY HAVE</u></p> <p><u>MENU SUBJECT TO</u> <u>CHANGE WITHOUT AD-</u> <u>VANCE NOTICE</u></p>