

# Playful EMDR with Children Series

January 22nd, 2021

12pm - 3pm Eastern Standard Time (NY) with 30 days on demand access

Cost: \$59 USD | Registration link: <https://www.annbeckleyforest.com/current-trainings>



## Who Should Attend?

Psychologists, Counselors, Social Workers, etc.

- All skill levels trained in EMDR Therapy

Meet the Authors from our upcoming book on integrating EMDR and Play Therapy as we combine these modalities in some new and innovative ways in an online webinar format!

## Moderators

Editors of *EMDR in the Play Therapy Room: An Integrated Approach* (Springer, expected October 2020)



Ann Beckley-Forest,  
LCSW, RPT-S



& Annie Monaco,  
LCSW, RPT

## Program Description

### Using Creative Arts to Bolster Mentalization Skills for Processing Trauma with EMDR

When treating complex trauma with EMDR therapy careful consideration to the window of tolerance must be maintained for effective processing. Used in a strategic way, creative arts therapies can help clients through the eight phases with more options for educating, resourcing, effectively containing, and processing memories. This presentation will outline an approach for integrating creative arts therapies within the AIP model and eight phases of EMDR to help support mentalization skills and learning to enhance readiness for EMDR processing. Emphasis on how creative arts can help increase client readiness through accessing affect, containing affect, increasing learning through sensory engagement, and developing mentalization skills will be explored. The special qualities inherent in creative activity for externalizing, visualizing, and containing will be highlighted for pre-processing preparation.

### Exploring Sandtray Worlds Using EMDR

Description: EMDR provides a solid platform for conceptualizing and treating trauma in an efficient and client-sensitive manner. However, some clients benefit from the utilization of a metaphor-led process that allows the right brain time to become more involved in the therapeutic work. Regardless of age, sandtray-based play therapy provides such an opportunity. This brief webinar will overview the integration of these therapeutic approaches.

## Learning Objectives

1. Describe how creative arts therapies work naturally to help clients externalize and manage traumatic experience.
2. Identify three ways creative arts therapies can help clients utilize psychoeducation tools in order to better partner with the goals of trauma treatment.
3. Name three ways creative arts therapies can be used strategically to help develop readiness for trauma processing by supporting mentalization skills.

## Learning Objectives

1. Identify the basic tenets of EMDR and how it is applied to sandtray-based play therapy
2. Discuss key concepts from relational neuroscience shared by both sandtray-based play therapy and EMDR clinical work
3. Apply sandtray-based play therapy techniques to EMDR phases

**Elizabeth Davis, MFA, MS, ATR-BC, LCAT** is a board certified, state licensed art therapist with over 20 years' experience working in the field of creative arts therapy and trauma therapy. She has conducted dozens of workshops and presentations that offer practical and creative approaches to engaging and treating clients of all ages who present with complex issues. Her approach integrates the modalities of Art Therapy, EMDR Therapy, Sensorimotor Psychotherapy, Progressive Counting, mindfulness practices and Play Therapy. She currently serves as Director of the Trauma Institute & Child Trauma Institute satellite in Buffalo New York.



## Agenda (All times Eastern)

12:00 - 1:30 Marshall Lyles  
1:30 - 3:00 Elizabeth Davis

**Marshall Lyles, LMFT-S, LPC-S, RPT-S, EMDRIA** Approved Consultant, has almost 20 years of practice in family and play therapy. Drawing on lessons learned from working with attachment trauma in a variety of mental health settings, Marshall regularly teaches on sandtray therapy and attachment-informed family work around the globe. In addition to authoring works in these areas, he is also a faculty member in Texas State University's Institute for Play Therapy Sandtray Certification program. You can connect with him at [www.marshalllyles.com](http://www.marshalllyles.com).



### Cancellation Policy:

Full Refunds minus \$10 processing fee will provided 5 days before the workshop, no refunds 4 days prior to the workshop. There are no known conflicts of interests for this workshop. All grievances must be in writing to [annimonaco@icloud.com](mailto:annimonaco@icloud.com), please allow 5 - 10 business days for reply.

This workshop is in compliance with the Americans Disabilities Act. Please contact [ann.beckleyforest@gmail.com](mailto:ann.beckleyforest@gmail.com) if special accommodations are required.

### CE-Classes.com is approved for 3 CE's by:

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- This course is NOT available for NBCC credit
- This training does not offer ASWB ACE credit to social workers.
- Florida Certification Board
- The Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling Provider #852 BAP-Expires 3/31/2021
- The California Board of Behavioral Sciences. The California Board of Behavioral Sciences, BBS, recognizes relevant course work/training that has been approved by nationally recognized certifying bodies, such as APA, to satisfy renewal requirements.
- California Consortium of Addiction Programs and Professionals (CCAPP) Provider Number OS-12-147-0221 Expires 02-2021
- The Texas Board of Social Work Examiners, Continuing Education Provider – 5674 expires 4/30/2021
- The Texas Board of Professional Counselors, Continuing Education Provider
- Massachusetts Authorization Number: (TBD)
- Ohio Counselor, Social Worker and Marriage and Family Therapist Board – Provider # RCST031201 Expires 5/31/2021
- New York Social Work Board – CE-Classes.com is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0120.
- The Florida Board of Nursing (CE Provider #: 50-4896) Expires 10/31/2020 Do not send certificates to the Florida Board of Nursing. You must keep this certificate for 4 years.
- The California Board of Registered Nursing. CEP 15647 Expires 11/30/2020.
- Ann Beckley-Forest is an Approved Provider of Play Therapy continuing education #15-406. 1.5 non-contact hours in special topics are available for Marshall Lyles' portion of this workshop. Play therapy credit will not be offered to non-mental health professionals.
- EMDRIA approval for 3 CE's: #18007-18

**Certificates are awarded online after completion of the workshop.**

**Participants print their own certificate after registering at CE-Classes.com, entering a keycode, and completing an evaluation form. Participants who do not watch live will be required to complete a post-test.**

Licensed Professionals should contact their regulatory board to determine course approval