



**Healthy Food Made FUN!  
Learn About Nutrition While Making  
Yummy Snacks!**



**Kids CAFE'**

Children and Food Education  
For Elementary Students (1<sup>st</sup>- 4<sup>th</sup> grades)

**Time : 3:30—4:30 PM**

**When : Last Monday of  
every month August  
through April, except  
December.**

**Where: Rector Hall,  
Cathedral of the Risen  
Christ Church Basement**



**Café Dates**

<b><u>2019</u></b>	<b><u>2020</u></b>
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<b>Aug. 26</b>	<b>Jan. 27</b>
<b>Sept. 30</b>	<b>Feb. 24</b>
<b>Oct. 28</b>	<b>March 30</b>
<b>Nov. 25</b>	<b>April 27</b>

**To register:**

**Call Janet Buck, Registered  
Dietitian,  
at: (402) 477-4116 or email at  
janet.buck@mtko.org  
Limit of 20 spaces.**



**Kid's Café  
provided by:**



**BOLD HOPE**