



Covid-19 General Resource List

- **For students – by meal exchange-**
https://docs.google.com/forms/d/e/1FAIpQLSfGe1kPFN_BPr_GH5WjDNSuXHKK8zbp7YHEGOUAcgl3PqL0Kg/viewform
- **List of 20 online grocery delivery-**
https://www.blogto.com/eat_drink/2020/03/grocery-delivery-online-toronto/
- **Covid mental health network-**
<https://covid19therapists.com>
- **Online workouts :**<https://www.narcity.com/news/ca/free-online-fitness-programs-to-check-out-from-6-canadian-gyms>
- **List of other online workout classes and dance classes-**
<https://docs.google.com/document/d/1Rva9XV23yPQVwWJus0ofLY-6HHatjB9l69OdZgMARp4/mobilebasic>
- **Support for Muslim community-**
<https://docs.google.com/spreadsheets/d/13a4sKGeqCDMTYOJO-613xstaYq63KObwG7vH9daLg7o/edit?usp=sharing>