

EMDR Therapy Training

The Complete Course, including the required consultation
Recently added: Attachment, Dissociation and Flash Module!

LIVE Online Training

Oct through March dates. See below for all live and online dates.

All times Eastern Standard Time (NY)

Class has shorter days to enhance learning in the online learning atmosphere.

All dates mandatory. Payment plan available

Presented by



TRAUMA INSTITUTE &
CHILD TRAUMA INSTITUTE

Ricky Greenwald, PsyD, Executive Director

EMDRIA Approved

55 Contact Hours, 52 CEs

Limited to 18 participants

Trainers: Annie Monaco, LCSW-R

For therapists working with all ages, both kids and adults

Questions?

Contact Annie Monaco at (716) 289-2037 or monaco.training.center@gmail.com.

Why EMDR?

EMDR is an evidence-based practice as listed by SAMHSA.

The American Psychiatric Association, the International Society for Traumatic Stress Studies, the US Department of Veterans Affairs

and Department of Defense designated EMDR as a treatment of choice for Post Traumatic Stress.

90% of mental health clients have experienced multiple traumas in their life.

How is this program different from other EMDR trainings?

This is a hands-on clinical skills training for using EMDR and integrating it with your psychotherapy approach. This top-of-the-line training program exceeds EMDRIA's criteria for EMDR basic training, and features:

- No "Parts" or "Levels" – this is the whole package. No "extra costs" for consultation.
- 55 contact hours over several months to support mastery; 52 CEs
- Two full pre-EMDR days on trauma treatment approach and interventions.
- Small group size (max of 18)
- Instructor to participant ratio of at least 1:10.
- Text book and other materials included.
- Competitive cost. Follow-up group consultation sessions included.
- Attachment, Dissociation, Flash module included

The training program involves lecture, demonstration, in-class practice, and on-the-job practice with your clients. This is an experiential training, and part of the learning is to practice the interventions with other participants.

Who may attend?

EMDR Therapy training is open to master level mental health professionals who are licensed (certified or registered) by their state for independent practice and have a caseload

to practice the therapy while in the course. This training is also open to mental health professionals on a licensure track, with a letter of support from their supervisor.

What will I learn?

Participants will be able to:

- Identify clients who are ready for EMDR and prepare clients for EMDR.
- Conduct an EMDR session.
- Problem-solve a session that is not going smoothly.
- Use EMDR with a wide range of clients whose presenting problems are in some way related to trauma and/or loss.
- Integrate EMDR into a comprehensive trauma-informed treatment approach.

Continuing Education Credit

CE information for all professional disciplines can be found at

<http://www.trauma.info/training/ceu>.

R. Cassidy Seminars is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers, Provider #0006. Full attendance at trainings is required. 52 CEs. Partial credit (CEs) cannot be awarded for partial attendance.



Can be applied to the UB School of Social Work Office of Continuing Education Trauma-Informed Certificate Program as Skill Intervention hours for an additional fee, www.socialwork.buffalo.edu/conted/traumacert

Trainers



Annie Monaco, LCSW, RPT, is an EMDR Instructor, Consultant and faculty member of TI/CTI. Annie travels extensively throughout the US and internationally providing a multitude of trauma-

informed trainings including agency and therapist consultation. Annie has over 25 years of experience serving children, teens, families and adults. She has extensive experience in complex adult trauma, family therapy, and play therapy. She specializes in dissociation, foster care, out of country adoption and offenders.



Lisa Prefontaine, MS, LMHC,

Lisa Prefontaine LMHC is an EMDR certified clinician and an EMDR certified consultant through EMDRIA. After being in practice for over 17 years, therapeutic specialties include EMDR, DBT,

Co-occurring disorders, Perinatal disorders, Sensorimotor Psychotherapy, Ego State/Parts work, Complex Trauma, and Brainspotting. Lisa actively trains on several trauma-related modalities and promotes trauma informed care within the Western NY Community. Lisa was Clinical Director of Mental Health Services at Horizon Health Services prior to leaving to pursue full time private practice and consultation services in 2019.

LIVE Online Training

Dates and Times - All times EST (NY)

October 30th-31st, 2021	10:00am-4:30pm
November 1st, 2021	5:00pm-8:30pm
December 8th-9th, 2021	5:00pm-8:30pm
December 11th-12th, 2021	10:00am-4:30pm
December 13th, 2021	5:00pm-8:30pm
February 5th, 2022	10:00am-2:00pm
February 16th, 2022	5:00pm-8:30pm
March 23rd and 30th, 2022	5:00pm-8:30pm

All dates and pre-reading are mandatory. A caseload is required. Pre-approval by Annie is necessary.

Cost

Early Bird Rate, until September 1st, 2021: \$1,525

Regular Rate, after September 1st, 2021: \$1,725

Final Day to Register is October 1st

CE credits are included in the price of this course for licensed registrants.

*A payment plan is available. Please contact Annie Monaco for details:
monaco.training.center@gmail.com*

Registration

Register online at <https://www.anniemonaco.com/trainings/training-categories>. Approval from Annie Monaco required prior to registration: (716) 289-2037 or monaco.training.center@gmail.com.

Textbooks

Greenwald, R. (2007). *EMDR Within A Phase Model Of Trauma-Informed Treatment*. NY: Haworth. (Included with course materials)

Shapiro, F. (2001). *Eye Movement Desensitization and Reprocessing: Basic principles, protocols, and procedures, 3rd Edition*. NY: Guilford. (Not included)