

# EMDR Therapy Training

The Complete Course, including the required consultation  
Recently added: Attachment, Dissociation and Flash Module!

## LIVE Online Training

Sept through Feb dates. See below for all  
live and online dates.

All times Eastern Standard Time (NY)  
Class has shorter days to enhance learning  
in the online learning atmosphere.

All dates mandatory. Payment plan available

Presented by

TRAUMA INSTITUTE &  
CHILD TRAUMA INSTITUTE



Ricky Greenwald, PsyD, Executive Director

EMDRIA Approved

55 Contact Hours, 52 CEs

Limited to 18 participants

Trainers: Annie Monaco, LCSW-R

For therapists working with all  
ages, both kids and adults

## Questions?

Contact Annie Monaco at (716) 289-2037  
or [monaco.training.center@gmail.com](mailto:monaco.training.center@gmail.com).

## Why EMDR?

EMDR is an evidence-based practice as listed  
by SAMHSA.

The American Psychiatric Association, the  
International Society for Traumatic Stress  
Studies, the US Department of Veterans Affairs

and Department of Defense designated EMDR  
as a treatment of choice for Post Traumatic  
Stress.

90% of mental health clients have  
experienced multiple traumas in their life.

## How is this program different from other EMDR trainings?

This is a hands-on clinical skills training for using EMDR and integrating it with your  
psychotherapy approach. This top-of-the-line training program exceeds EMDRIA's criteria for  
EMDR basic training, and features:

- No "Parts" or "Levels" – this is the whole package. No "extra costs" for consultation.
- 55 contact hours over several months to support mastery; 52 CEs
- Two full pre-EMDR days on trauma treatment approach and interventions.
- Small group size (max of 18)
- Instructor to participant ratio of at least 1:10.
- Text book and other materials included.
- Competitive cost. Follow-up group consultation sessions included.
- Attachment, Dissociation, Flash module included

The training program involves lecture, demonstration, in-class practice, and on-the-job  
practice with your clients. This is an experiential training, and part of the learning is to  
practice the interventions with other participants.

## Who may attend?

EMDR Therapy training is open to master  
level mental health professionals who are  
licensed (certified or registered) by their state  
for independent practice and have a caseload

to practice the therapy while in the course.  
This training is also open to mental health  
professionals on a licensure track, with a letter  
of support from their supervisor.

## What will I learn?

Participants will be able to:

- Identify clients who are ready for EMDR and prepare clients for EMDR.
- Conduct an EMDR session.
- Problem-solve a session that is not going smoothly.
- Use EMDR with a wide range of clients whose presenting problems are in some way related to trauma and/or loss.
- Integrate EMDR into a comprehensive trauma-informed treatment approach.

## Continuing Education Credit

CE information for all professional disciplines can be found at <http://www.trauma.info/training/ceu>.

R. Cassidy Seminars is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers, Provider #0006. Full attendance at trainings is required. 52 CEs. Partial credit (CEs) cannot be awarded for partial attendance.



Can be applied to the UB School of Social Work Office of Continuing Education Trauma-Informed Certificate Program as Skill Intervention hours for an additional fee, [www.socialwork.buffalo.edu/conted/traumacert](http://www.socialwork.buffalo.edu/conted/traumacert)

## Trainers



Annie Monaco, LCSW, RPT, is an EMDR Instructor, Consultant and faculty member of TI/CTI. Annie travels extensively throughout the US and internationally providing a multitude of trauma-

informed trainings including agency and therapist consultation. Annie has over 25 years of experience serving children, teens, families and adults. She has extensive experience in complex adult trauma, family therapy, and play therapy. She specializes in dissociation, foster care, out of country adoption and offenders.

*Annie and Ann are the co-editors and chapter contributors of the book EMDR and Children in the Play Therapy Room: An Integrated Approach.*



Ann Beckley-Forest, LCSW-R, RPT-S

Ann Beckley-Forest is a Licensed Clinical Social Worker in private practice in Buffalo, New York. Her specialties include attachment and child and

adolescent trauma. She is a registered play therapist and supervisor and approved provider of play therapy continuing education. She is certified in EMDR and is an EMDR Approved Consultant and a faculty member of the Child Trauma Institute. She has given trainings locally and internationally. Her primary interest is in the intersection of play therapy and EMDR and has published on this topic in the September 2015 issue of Play Therapy.

## LIVE Online Training

Dates and Times - All times EST (NY)

September 22nd -23rd, 2021	11:00am-7:00pm
September 24th, 2021	11:00am-2:00pm
October 19th-20th, 2021	11:00am-7:00pm
October 27th, 2021	11:00am-3:00pm
October 28th, 2021	11:00am-7:00pm
October 29th, 2021	11:00am-3:00pm
December 9th and 16th, 2021	11:00am-3:00pm
January 27th, 2022	11:00am-3:00pm
February 3rd, 2022	11:00am-3:00pm

All dates and pre-reading are mandatory. A caseload is required. Pre-approval by Annie is necessary.

## Cost

Early Bird Rate, until August 1st, 2021: \$1,525  
Regular Rate, after August 1st, 2021: \$1,725

Final Day to Register is September 1st

*CE credits are included in the price of this course for licensed registrants.*

*A payment plan is available. Please contact Annie Monaco for details:  
[monaco.training.center@gmail.com](mailto:monaco.training.center@gmail.com)*

## Registration

Register online at <https://www.annimonaco.com/trainings/training-categories>. Approval from Annie Monaco required prior to registration: (716) 289-2037 or [monaco.training.center@gmail.com](mailto:monaco.training.center@gmail.com).

## Textbooks

Greenwald, R. (2007). *EMDR Within A Phase Model Of Trauma-Informed Treatment*. NY: Haworth. (Included with course materials)

Shapiro, F. (2001). *Eye Movement Desensitization and Reprocessing: Basic principles, protocols, and procedures, 3rd Edition*. NY: Guilford. (Not included)