

# EMDR Therapy Training

The Complete Course, including the required consultation

Buffalo, NY 2019/2020

Dec. 9th & 10th, 2019: 8:30am-5pm

Jan. 22-23rd and 27-28th, 2020: 9am-5pm

Feb. 25th, 2020: 9am-3pm

Mar. 23rd, 2020: 9am-3pm

All dates mandatory

Payment plan available

Presented by



Ricky Greenwald, PsyD, Executive Director

EMDRIA Approved

52 Contact Hours, 49 CEs

Limited to 18 participants

Trainers: Annie Monaco, LCSW-R,

Elizabeth Davis, MFA, MS, ATR-BC, LCAT

For therapists working with all ages, both kids and adults

## Questions?

Contact Annie Monaco at (716) 289-2037 or [monaco.training.center@gmail.com](mailto:monaco.training.center@gmail.com).

## Why EMDR?

EMDR is an evidence-based practice as listed by SAMHSA.

The American Psychiatric Association, the International Society for Traumatic Stress Studies, the US Department of Veterans Affairs

and Department of Defense designated EMDR as a treatment of choice for Post Traumatic Stress.

90% of mental health clients have experienced multiple traumas in their life.

## How is this program different from other EMDR trainings?

This is a hands-on clinical skills training for using EMDR and integrating it with your psychotherapy approach. This top-of-the-line training program exceeds EMDRIA's criteria for EMDR basic training, and features:

- No "Parts" or "Levels" – this is the whole package. No "extra costs" for consultation.
- 52 contact hours over several months to support mastery; 49 CEs
- Two full pre-EMDR days on trauma treatment approach and interventions.
- Small group size (max of 18)
- Instructor to participant ratio of at least 1:10.
- Text book and other materials included.
- Competitive cost. Follow-up group consultation sessions included.

The training program involves lecture, demonstration, in-class practice, and on-the-job practice with your clients. This is an experiential training, and part of the learning is to practice the interventions with other participants.

## Who may attend?

EMDR Therapy training is open to master level mental health professionals who are licensed (certified or registered) by their state for independent practice and have a caseload

to practice the therapy while in the course. This training is also open to mental health professionals on a licensure track, with a letter of support from their supervisor.

## What will I learn?

Participants will be able to:

- Identify clients who are ready for EMDR and prepare clients for EMDR.
- Conduct an EMDR session.
- Problem-solve a session that is not going smoothly.
- Use EMDR with a wide range of clients whose presenting problems are in some way related to trauma and/or loss.
- Integrate EMDR into a comprehensive trauma-informed treatment approach.

## Continuing Education Credit

CEU information for all professional disciplines can be found at

<http://www.trauma.info/training/ceu>.

R. Cassidy Seminars is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers, Provider #0006. Full attendance at trainings is required. 49 CEUs. Partial credit (CEUs) cannot be awarded for partial attendance.



Can be applied to the UB School of Social Work Office of Continuing Education Trauma-Informed Certificate Program as Skill Intervention hours for an additional fee, [www.socialwork.buffalo.edu/conted/traumacert](http://www.socialwork.buffalo.edu/conted/traumacert)

## Trainers



Annie Monaco, LCSW is an EMDR Instructor, Consultant and faculty member of TI/CTI. Annie travels extensively throughout the US and internationally providing a multitude of trauma-

informed trainings including agency and therapist consultation. Annie has over 25 years of experience serving children, teens, families and adults. She has extensive experience in complex adult trauma, family therapy, and play therapy. She specializes in dissociation, foster care, out of country adoption and offenders.



Elizabeth Davis, MFA, MS, ATR-BC, LCAT, is a board certified and NYS licensed art therapist with over 18 years' experience working with at risk youth, families, and adults. Elizabeth has extensive training in Play

Therapy. She is EMDR certified, a Consultant through EMDRIA and a Certified Consultant through the National Institute for Trauma and Loss in Children. Currently, Elizabeth serves as the Director of the new Trauma Institute & Child Trauma Institute (TI & CTI) satellite in Buffalo, NY. In this capacity, Elizabeth is involved with training, and conducts intensive trauma therapy retreats.

## Location

Monaco Training Center  
4955 North Bailey Ave., Suite 108 Amherst, NY  
*Requests for special accommodations can be made to Annie Monaco upon registration.*

## Dates and Times

Dec. 9th & 10th, 2019: 8:30am-5:00pm

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Mar. 23rd, 2020: 9:00am-3:00pm

**All dates and pre-reading are mandatory. A caseload is required.**

## Cost

Early Bird Rate, until Oct. 10th \$1,440

Regular, after Oct. 10th \$1,600

*CE credits are included in the price of this course for licensed registrants.*

*A payment plan is available. Please contact Annie Monaco for details.*

## Registration

Register online at <https://www.anniemonaco.com/trainings/training-categories>. Approval from Annie Monaco required prior to registration: (716) 289-2037 or [monaco.training.center@gmail.com](mailto:monaco.training.center@gmail.com).

## Textbooks

Greenwald, R. (2007). *EMDR Within A Phase Model Of Trauma-Informed Treatment*. NY: Haworth. (Included with course materials)

Shapiro, F. (2001). *Eye Movement Desensitization and Reprocessing: Basic principles, protocols, and procedures, 3rd Edition*. NY: Guilford. (Not included)