

# EMDR AND PLAY THERAPY

## HEALING THE WOUNDS OF TRAUMA AND DISRUPTED ATTACHMENT IN CHILDREN AND ADOLESCENTS

### DATES

Thursday, June 7th & Friday, June 8th, 2018  
9am - 5pm

### LOCATION

Monaco Training Center, 4955 North Bailey  
Avenue, Suite 108, Amherst, NY 14226.

### COST

\$250 before May 10th, 2018  
\$275 after May 10th, 2018

\*\$60 discount for participants taking both Foundations of the Play Therapy Relationship and EMDR and Play Therapy.



### Why This Workshop?

When child and adolescent therapists complete training in EMDR Therapy, they sometimes find it challenging to integrate EMDR into their current work and are often looking for ways to deliver the 8 Phase EMDR protocol in more developmentally sensitive way. This workshop will help clinicians integrate Play Therapy and EMDR for very young children and playful approaches for adolescents to increase the confidence of the clinician and make EMDR therapy possible in a child friendly setting.

Children learn best through the tactile/kinesthetic or full body learning of play, thus making the integration of play therapy and EMDR therapy an important component of effective treatment for traumatized children. We will utilize EMDR therapy, play therapy, attachment theory, and polyvagal theory, and we will review the therapeutic power of each modality to maximize the healing of our children when reprocessing of traumatic material.

### Why Integrate EMDR and Play Therapy?

The principles and practices of play therapy such as Flexibly Sequential Play Therapy enable practitioners to engage and motivate child clients in the therapeutic process by harnessing the healing power of play. Play therapy enables the therapist to become a trusted part of the child's world. By grounding the therapist in the concept of using play as the process for client learning, play therapy training can help increase the insights, creativity and innovation of the therapist and make psychotherapy more developmentally appropriate for children.

## Objectives

- Construct a framework of how to integrate play therapy within the AIP model with an emphasis on how play allows for the full body learning that is developmentally appropriate for younger children
- Apply by practicing a playful scripted technique for obtaining a trauma history from the child in a developmentally sensitive way during phase one
- Perform an in-depth attachment history to assess for early attachment wounds and disruptions, including pre-verbal trauma
- Practice a play therapy intervention to install and enhance positive beliefs and resources during phase two to make the client stronger
- Master child-friendly options for bilateral stimulation
- Explain 2 ways of inviting and guiding play narratives that titrate the approach to traumatic material during assessment, desensitization and reprocessing phases
- Apply attachment and dissociation theory to educate parents about their child's problematic behaviors through the lens of dissociation
- Recognize opportunities to integrate attachment repair play with the EMDR protocol

## Registration

Please register online at:

[AnnieMonaco.com/Upcoming-Trainings](http://AnnieMonaco.com/Upcoming-Trainings)

*Any questions please send an email to [monaco.training.center@gmail.com](mailto:monaco.training.center@gmail.com). Please include "EMDR and Play Therapy" in the subject line of the email.*



## Annie Monaco, LCSWR



Annie Monaco is a Licensed Clinical Social Worker and a faculty member of the Child Trauma Institute and travels extensively throughout the US and Asia teaching EMDR and specialty areas including children, teens and dissociation. She has

been an EMDR consultant and the co-regional coordinator of the Western NY Region for over 10 years. She has extensive training in complex trauma, family therapy, and play therapy. Her private practice includes foster care, out of country adoptions, juvenile justice and dissociation.

## Ann Beckley-Forest, LCSW- R, RPT-S

Ann Beckley-Forest is a Licensed Clinical Social Worker in private practice in Buffalo, New York. Her specialties include attachment and child and adolescent trauma. She is a registered play therapist and supervisor and approved provider of



play therapy continuing education. She is certified in EMDR and is an EMDR Approved Consultant and a faculty member of the Child Trauma Institute. She has given trainings locally and internationally. Her primary interest is in the intersection of play therapy and EMDR and has published on this topic in the September 2015 issue of Play Therapy.

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## Cancellation

No refunds after the start of the program. There will be a \$100 fee for those canceling 30 or fewer days prior to the start of the workshop. More than 30 days prior to the start of the workshop, there will be a \$50 fee.

## ADA Accomodations

If you require any support for your ADA needs, please contact Annie Monaco at least 3 weeks prior to the event at [monaco.training.center@gmail.com](mailto:monaco.training.center@gmail.com). Please write "EMDR and Play Therapy" in the subject line of the email.

## Customer Service

We are happy to respond to any concerns or questions you may have. Please contact Annie Monaco at [monaco.training.center@gmail.com](mailto:monaco.training.center@gmail.com). Please write "EMDR and Play Therapy" in the subject line of the email.



## Continuing Education Hours

**NYSED Contact Hours:** Offered in collaboration with the UB School of Social Work Office of Continuing Education. 13 live in-person hours are. Full attendance is required; no partial credit will be awarded for partial attendance.

**NYSED Social Workers:** UB School of Social Work Office of Continuing Education is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0001.

**NYSED Mental Health Counselors:** UB School of Social Work Office of Continuing Education is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors #MHC-0008.

**NYSED Marriage and Family Therapists:** UB School of Social Work Office of Continuing Education is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists #MFT-0007.

**NYSED Creative Arts Therapists:** UB School of Social Work Office of Continuing Education is recognized by the New York State Education

Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed creative arts therapists #CAT-0003.

**NYS OASAS Provider #0045:** Offered in collaboration with the UB School of Social Work Office of Continuing Education. Hours pending approval.

**Association for Play Therapy CEs:** APT Approved Provider 15-406. 13 contact hours/CE's for this workshop.

13 EMDRIA Continuing Education credits will be offered to participants (approval pending)

