



Every player who has ever put a glove on his hand has dreamed of throwing the ball faster and harder. With the growing epidemic of arm injuries, the pursuit of reaching this goal has become secondary. The velocity program not only helps the athlete reach the goal of throwing faster, but also focuses on the safety of his arm. Whether you are an outfielder wanting to gun more runners out at the plate, a catcher with the goal of decreasing your pop time, or a pitcher looking to blow more fastballs past hitters; the velocity program is for you.

**Pricing:**

**Members - \$349**

**Non-members - \$399**

**Where: Prospects Baseball Academy - 11 Middlebury Blvd., Randolph, NJ 07869**

**This program is designed to increase maximum velocity, increase arm strength, and decrease likelihood for injury. We will take you through 6 weeks of intense training to increase your MPH and arm strength. MPH testing will be held throughout the program. This program will be held 2 days a week on the following dates:**

<b>Tuesday: 9/11 – 7:30-9:00pm</b>	<b>Tuesday: 10/2 – 7:30-9:00pm</b>
<b>Thursday: 9/13 – 7:30-9:00pm</b>	<b>Thursday: 10/4 – 7:30-9:00pm</b>
<b>Tuesday: 9/18 – 7:30-9:00pm</b>	<b>Tuesday: 10/9 – 7:30-9:00pm</b>
<b>Thursday: 9/20 – 7:30-9:00pm</b>	<b>Thursday: 10/11 – 7:30-9:00pm</b>
<b>Tuesday: 9/25 – 7:30-9:00pm</b>	<b>Tuesday: 10/16 – 7:30-9:00pm</b>
<b>Thursday: 9/27 – 7:30-9:00pm</b>	<b>Thursday: 10/18 – 7:30-9:00pm</b>

**For more information and to sign up please contact Justin Jensen at:**

**973-970-9102 or [jjensen.prospects@gmail.com](mailto:jjensen.prospects@gmail.com)**