



# Foundation Music School Music Therapy Services

Using music to address clinical, therapeutic goals for individuals and groups in the Fort Collins area

3663 South College, Unit 13 Fort Collins, CO 80525 970.407.9084 www.foundationmusicschool.org

## Spring 2020 Group Therapy Schedule

As a non-profit, Foundation Music School strives to keep our prices affordable for all. Register for a session of our Music Therapy and Social Skills groups for as low as \$288 for 16-weeks. It's our mission to keep music therapy accessible to the families in our community, so please contact us for more information on our groups and prices. We're looking forward to hearing from you!

**To register or for more information about group sessions and tuition please contact us by:**

**[phone]** 970.407.9084

**[email]** info@foundationmusicschool.org

**[drop by]** 3663 South College, Unit 13

**Please Note:**

- There will be no sessions March 16-21
- Group Music Therapy sessions are 16-weeks in length and payable in four equal payments -or- pay in full at the beginning of the semester and receive a 10% discount.
- Refer a Friend! If you refer a friend who registers for and attends a full 16-week session of classes, you will receive an account credit of \$10. Tell your friend to mention your name when registering.
- Please contact Foundation Music School to schedule an individual assessment prior to beginning any of these groups.

<b>GROUP MUSIC THERAPY</b> 16-week semester; please see individual days for start dates. <b>No sessions March 16-21</b>	<b>Monday</b> <i>sessions begin</i> 1/27	<b>Tuesday</b> <i>sessions begin</i> 1/21	<b>Wednesday</b> <i>sessions begin</i> 1/22	<b>Thursday</b> <i>sessions begin</i> 1/23	<b>Friday</b> <i>sessions begin</i> 1/24
<b>Music Therapy &amp; Social Skills Group - Preschool</b> <ul style="list-style-type: none"> <li>• Children 3 years through 5/6 years or in Kindergarten<sup>♯</sup></li> <li>• 45-minute session, focusing on fine/gross motor, attention/impulse control, sharing/social skills, language and academics</li> <li>• Parent/caregiver participation</li> </ul>					11:15am <b>Dani</b> <i>Blue Room</i>
<b>Music Therapy &amp; Social Skills Group - Elementary</b> <ul style="list-style-type: none"> <li>• Children Grades 1 through 4<sup>♯</sup></li> <li>• 45-minute session, focusing on fine/gross motor, attention/impulse control, sharing/social skills, language and academics</li> </ul>		3:45 <b>Kara</b> <i>Blue Room</i>			
<b>Music Therapy &amp; Social Skills Group - Tweens</b> <ul style="list-style-type: none"> <li>• Children Grades 5 through 8<sup>♯</sup></li> <li>• 45-minute session, focusing on attention, impulse control, language, academic and social skills</li> </ul>			4:15 <b>TBA</b> <i>Blue Room</i>		
<b>Music Therapy &amp; Social Skills Group - Teens</b> <ul style="list-style-type: none"> <li>• For high school teens through graduation and then into their early 20s<sup>♯</sup></li> <li>• 45-minute session, focusing on social skills, cognitive functioning and communication</li> </ul>			5:00pm <b>Karmen</b> <i>Blue Room</i>		
<b>Music Therapy Group - Adult Jam Group</b> <ul style="list-style-type: none"> <li>• For adults who daily interact in our community in various ways<sup>♯</sup></li> <li>• 45-minute session, focusing on leadership, cognitive functioning, social skills and real-life skills.</li> </ul>		4:30pm <b>Kris</b> <i>Blue Room</i>			

♯Must meet minimum age requirements by first day of class.

\*Monthly payments are due on the first session of each month. Pay full semester fee in advance and receive a 10% discount. Please see our website for our cancellation policy.