

SCIO Quantum Biofeedback Therapy

SCIO stands for Scientific Consciousness Interface Operation. In broad terms, this name describes what the device is. It is, together with its associated computer software, an interface to your consciousness. Or, one could say, an interface to all aspects of you (body, mind, and soul).

Quantum Biofeedback therapy

The SCIO provides Quantum Biofeedback therapy. Biofeedback has been around a long time and is a treatment technique in which people are trained to improve their health by using signals from their own bodies. For example, Psychologists use it to help anxious clients learn to relax. However, the SCIO takes this further. Its hardware and software is geared towards the deeper understanding of life revealed by Eastern philosophies and, here in the West, by Quantum Mechanics (Max Planck, Niels Bohr, Albert Einstein, Erwin Schrödinger, and more). In other words, the SCIO works on an energetic level - it is biophysics, rather than biochemistry. It is energetic medicine.

Energetic medicine

Energetic medicine (also known as vibrational medicine or frequency healing) attempts to interface with primary subtle energetic fields (qi in traditional Chinese medicine, spirit in the Judeo-Christian tradition, and represented in the doshas in Ayurvedic medicine) that underlie and contribute to the functional expression of the physical body. The idea being that stress (disharmony) on the energetic level can lead to or has already resulted in stress (dis-ease) on the physical level. So if we can identify and relieve stress on this more subtle level, we can help to bring about well-being on the physical level. Of course, energetic medicine is not new: Intelligent or invisible energy for diagnosis and healing has been used for thousands of years in Traditional Chinese Medicine (Acupuncture, Acupressure, Tai Chi, Qigong) and other ancient, traditional healing arts. It is also the basis of Homeopathy, as well as, for example, Reflexology, Emotional Freedom Techniques (EFT), and Reiki.

Stress detection and reduction

In essence, SCIO Quantum Biofeedback therapy is about stress detection and stress reduction. It tests and balances the body at the energetic level. Data is gathered from the body through electrodes in head and limb straps providing a view of your general status. This data is selected and listed by the SCIO in order of the highest reaction. The SCIO Quantum Biofeedback therapy practitioner analyzes the collected information and uses the SCIO to assist in normalizing energetic imbalances - both directly using frequencies and indirectly by providing lifestyle



guidance. Well-being is not something to be achieved, it is something to allow. We could define stress as that which is stopping us from this allowing. SCIO Quantum Biofeedback therapy is one way to work with this stress.

