

## **Excellence in Collaboration**

### **Centers Solutions**

#### **Centers for Children and Families, Recording Library**

In 2019, Centers for Children and Families (Centers) and The Recording Library of West Texas (RLWT) joined forces to provide a podcast, CENTERS SOLUTIONS, that serves as a mental health connection resource for the community. Centers provide the content for the podcast, and RLWT provides the studio, editing, and production.

The general message of the podcast is: Everything has a mental health connection! Laura Snyder said, "The Centers podcast bravely tackles all aspects of the once taboo topic of mental health, bringing in qualified experts and giving practical information to help listeners navigate and care for their own mental health."

Some of the guests of the show have included: Big Brothers Big Sisters, Midland Memorial Hospital, Midland Health, West Texas Food Bank, Senior Life, Family Promise, Midland College, Texas Tech Physicians, Breaking Bread, The Sibley Nature Center, Field's Edge, Dress for Success, Protect our Frontline, and KMID Big 2 News.

Center Solutions is a great example of organizations working together for the greater good of our community.



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