Lethal Decisions: The Unnecessary Deaths of Women and Children from HIV/AIDS Released

Dr. Arthur Ammann’s new book Lethal Decisions has just been released through Vanderbilt University Press. This release represents Dr. Ammann’s life work as a pediatric immunologist on the front lines of the global AIDS pandemic and chronicles the pediatric AIDS epidemic from early discoveries in San Francisco to the founding of Global Strategies.

In this first history of the global pediatrics HIV/AIDS epidemic, Dr. Ammann shares the amazing successes in HIV prevention and treatment brought about by the collaboration between patients, parents, advocates, foundations and scientists. It also provides a poignant critique of the delays that kept these advances from the poorest regions of the world, especially vulnerable women and children.

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Dr. Ammann was recently honored at the University of California Los Angeles where he delivered the Sheldon Siegel Honorary Lecture at the Ronald Reagan Medical Center. Quoting from Albert Camus’ The Plague, Dr. Ammann said he knew the names and families of many of those who died in the early AIDS epidemic, but the global community “had forgotten the face [of the epidemic]...it had lost fleshy substance.”

In both the book Lethal Decisions and in speaking engagements following its release, Dr. Ammann concludes with a call to action to end the pediatric AIDS epidemic. Specifically, Dr. Ammann urges recognizing the connection between violence against women and the spread of HIV. He recommends scientists focus their research on the practical goal of integrating known treatments into real-world settings. Reflecting on his career as a physician treating patients, including some of the first children diagnosed with AIDS before treatment was available, Dr. Ammann reminds us, “we did this research for a reason.”

“NoviGuide that baby!”

In partnership with the University of California San Francisco’s Preterm Birth Initiative, Global Strategies has placed the NoviGuide—a software program that helps nurses care for sick babies—into the hands of nurse midwives in the city of Tororo, Uganda. Nurses have treated hundreds of babies using NoviGuide.

“Neonatal mortality is a global problem,” says Global Strategies Program Coordinator Jean Armas, “but at its heart it is the sum of millions upon millions of interactions between nurses and babies. How do we improve the care each and every time a nurse sees a baby? That’s the question we are asking with NoviGuide in Uganda.”

With data coming in online and observations in the field, Global Strategies is starting to learn the answer. Nurses learn NoviGuide quickly, but what keeps them coming back to the software is its main feature—neonatal dosing. Getting the right dose for a baby is difficult and involves both arithmetic and even algebra. For preterm babies, whose doses change as they grow, the care is even more challenging. Though the study is just beginning, the initial results are encouraging. One observation even recorded a nurse telling her colleague, “NoviGuide that baby!”
NoviGuide helps a nurse care for a sick baby at the point-of-care, delivering critical information when both the nurse and the baby need it most.

Partner Spotlight: Faith Alive

In the city of Jos, Nigeria, Dr. Christian Isichei and his team care for approximately 10,000 patients per month. This year marked the organization’s 20th anniversary and the community celebrated the addition of new laboratory facilities and radiology equipment. In 2015, Faith Alive was recognized in Nigeria as a Center of Excellence for Diagnostics and Maternal & Child Care.

In partnership with Global Strategies for the past decade, Faith Alive is using new strategies to stop the spread of HIV infection during pregnancy. This year, Faith Alive is engaging men in the effort to stop HIV and incentivizing women to deliver at the hospital by offering high quality newborn care.

One participant at a recent prenatal visit told the team “all husbands need to hear this information in order to have a generation of children free of HIV.” This year alone, more than 22,000 men, women and children received HIV testing and counseling.
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