

TAE KWON-DO

FREE FIRST CLASS

Gift certificate

Fitness & Fun

Self Defence

Self Confidence

Balance

Flexibility

Coordination



LADIES

GENTS

CHILDREN

FAMILIES

0333 006 2925

www.hedtkd.com

Worthing

Worthing High School, South Farm Rd, Worthing, BN14 7AR

Saturdays:	Children & Families; starting 2.30 pm	Adults; starting 3:00 pm
Wednesdays:	Children & Families; starting 6:00 pm	Adults; starting 6:30 pm

Also Bognor Regis, Guildford, Kingston, Woking, Worthing, Fleet, Bracknell, Erith, Maidenhead & others. Please just come along anytime. No need to call or book !

Just come along anytime,

No need to book .

wear comfortable clothing & bring water for refreshment,

Please feel free to come along to any one of our classes for a free session. Bearer is entitled to two FREE session per person at any one of our clubs (*only once per person & not with other offers*). T's & C's apply.

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