



HED TKD Version

Sparring Patterns Destruction Team Event

T.A.G.B. TAE KWON-DO INTERNATIONAL

WELSH Championships
19th MAY 2019

VENUE:
University Of Wales
Cyn Coed Road
Cardiff
CF23 6XD

Your Guarantee of Quality Tae Kwon-Do

COMPETITORS:
£15.00 Per Event
£15.00 Teams
£10.00 Spectators
Doors open 9am



T.A.G.B. COMPETITION SERIES

Welsh CHAMPIONSHIPS 2019

University of Wales

Cyn Coed Road, Cardiff, CF23 6XD

Sunday 19th May 2019

INFORMATION PACK



Information Pack Contents

NOTE: This is HED TKD's version of the information & has specific, notes instructions & enhancements to help our members. Refer also to www.hedtkd.com

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Individual Competition Entry Form – Get yours now:
visit our site:- www.hedtkd.com – “ [Forms](#), [News](#) or our [Calendar](#) ”.

Welsh Championships 2019

University of Wales Institute Cardiff,
Cyncoed Road,
Cardiff,
CF23 6XD
Sunday 19th May 2019



Dear member.

You are invited to attend the above event.

ALL Competitors to arrive by 9.00 A.M.

There are now divisions for everyone:

JUNIORS

Coloured Belts: Up to & including 15 years old.

Black Belts: Up to & including 14 years old.

CADETS (Black Belts Only)

15 years up to & including 17 years old.

ADULTS

Coloured Belts 16 years & over

Black Belts (Female) 18 years to 34years

Black Belts (Male) 18 years to 39 years

EXECUTIVE MALE (Black Belts Only)

40 years & over (*sparring only no patterns*)

EXECUTIVE FEMALE (Black Belts Only)

35 years & over (*sparring only no patterns*)

You must only Use our current entry form from our website: www.hedtkd.com.

Closing Date:

The **closing date** for entries and officials will be **Thursday 2nd May 2019**. No entries accepted after this date. Any applications received after this date **WILL NOT BE ACCEPTABLE & NOT ENTERED -- WITH NO EXCEPTIONS and your total payment will be taken and accepted as a fine and will unfortunately be NONE REFUNDABLE.** This is prior warning that this will be strictly adhered to. Get your entries in early to avoid disappointment. No special delivery entries. Entries must be given to **Your Instructor** at your club complete

with payment etc. Pay on-line, the total fee in advance: **HED SPORT 40-38-04 82584859**

(online payments must be made **before** you hand in your form to your Instructor), Any Cheques made payable to

HED SPORT.

INSTRUCTORS INFORMATION:

All instructors who have competitors taking part in these championships should attend themselves or delegate a senior person who is a competitor or official to assist your students in the event of any problems that may arise with your students, this is usually the children. Also please check that the forms are filled in correctly. This causes a lot of the problems.

Please remind all spectators that they **ARE NOT ALLOWED** onto the competition area. Failure to adhere to these rules could result in them being asked to leave the tournament venue.

OFFICIALS.

- Officials must wear the official t-shirt with smart grey or black trousers and sports shoes. **NOT SHIRT & TAGB TIE.** Officials t-shirts can be obtained from Mr. Donnelly, before the event.
- *All HED TKD members who wish to act as officials at this event **MUST** pre-register by emailing us (before the deadline) at www.hedtkd.com. We check your instructor's approval and "pre-register" you by adding your name and qualification to our Officials Entry List. Failure to pre-register means you will have to pay to get into the tournament. Also no meal will be provided for you.*
- All officials to must bring their BLACK BELT LICENCE BOOK FOR STAMPING TO RECORD THEIR ATTENDANCE.
** YOU MUST **ARRIVE BY: 8.30 A.M.** OTHERWISE YOU WILL BE ASKED TO PAY TO ENTER **

COMPETITORS

All competitors may only wear standard white TAGB doboks, or the most recent national doboks. (ie. No Tiger doboks, No club doboks)

All sparring competitors may wear forearm protection in addition to their regulation sparring equipment.

ENTRY FEE'S

Competitor £15.00 per event (i.e. 3 events £45.00)
Spectator £10.00

Tag Team: £15.00 per 3 person team. To be paid & entered on the day.

NO CAMERAS OR VIDEO CAMERAS PERMITTED ANYWHERE ON THE COMPETITION AREA.

Regards **HED TKD**

PATTERN DIVISIONS

Juniors

All junior pattern divisions are as follows.

Yellow	(9 th Kup to 7 th Kup)
Green	(6 th Kup to 5 th Kup)
Blue	(4 th Kup to 3 rd Kup)
Red	(2 nd Kup to 1 st Kup)
Black	(All grades together)

Boys & Girls in separate divisions

Cadets

Cadet pattern divisions are as follows.

Black (All Dan Grades together)

Male & female in separate divisions.

Adults

All adults pattern divisions are as follows.

Yellow	(9 th Kup to 7 th Kup)
Green	(6 th Kup to 5 th Kup)
Blue	(4 th Kup to 3 rd Kup)
Red	(2 nd Kup to 1 st Kup)
Black (1)	(1 ST Dan Only)
Black (2+3)	(2 nd & 3 rd Dan)
Black (4+)	(4 th Dan and above)

Male & Female in separate divisions

THERE WILL BE NO SEPARATE EXECUTIVE PATTERN DIVISIONS

Patterns						
All competitors can perform a pattern up to their grade from the list below.						
BLACK (4+)	BLACK (2+3)	BLACK (1)	RED	BLUE	GREEN	YELLOW
Tong Il (4th Dan)	Ko Dang (2nd Dan)	Choong Moo (1 st Dan)	Toi Gye	Yul Gok	Do San	Chon Ji
UI Ji (4th Dan)	Choong Jang (2nd Dan)	Kwang Gae (1 st Dan)	Hwa Rang	Joong Gun	Won Hyo	Dan Gun
Se Jong (4th Dan)	Eui Am (2nd Dan)	Ge Baek (1 st Dan)	Choong Moo	Toi Gye	Yul Gok	Do San
Yon Ge (5th Dan)	Sam Il (3rd Dan)	Po Eun (1 st Dan)				
Moon Moo (5th Dan)	Yoo Sin (3rd Dan)					
So San (5th Dan)	Choi Young (3rd Dan)					

Medals Awarded: 1-Gold, 1-Silver, 1-Bronze

TEAM PATTERN COMPETITION

Divisions

Juniors - Boys and Girls in same divisions
Three competitors in a team.

Split as follows

9th kup to 7th kup

6th kup to 4th kup

3rd kup to 1st kup

All Dan Grades

Adults - Males and Females in same division

Three competitors in a team

Split as per junior divisions

RULES OF THE TEAM PATTERN COMPETITION

Each team to perform a pattern unison.

Pattern to be scored in the same way as in individual pattern events.

The pattern to be relevant to the most junior grade in the team.

(eg A team with a 9th Kup in can only perform Chon Ji and a team with a 3'd kup in can perform any pattern up to and including Toi Gye)

Scoring to be based on the following:-

1. The correctness of the pattern moves
2. Power, balance, focus, fluidity etc. As per individual pattern competition.
3. Synchronisation of all members when performing the pattern.

Cost £5.00 per competitor. Same as TAG team event.

ENTRY ON THE DAY AT THE TAG TEAM DESK

SPARRING DIVISIONS

Junior Sparring Divisions (Boys & Girls Separate Divisions)				
BLACK Continuous	RED Point Stop	BLUE Point Stop	GREEN Point Stop	YELLOW Point Stop
			TINY TOTS Up to & inc 122cm	TINY TOTS Up to & inc 122cm
PEE WEE Over 122cm up to & inc 137cm	PEE WEE Over 122cm up to & inc 137cm	PEE WEE Over 122cm up to & inc 137cm	PEE WEE Over 122cm up to & inc 137cm	PEE WEE Over 122cm up to & inc 137cm
LIGHTWEIGHT Over 137cm up to & inc 152cm	LIGHTWEIGHT Over 137cm up to & inc 152cm	LIGHTWEIGHT Over 137cm up to & inc 152cm	LIGHTWEIGHT Over 137cm up to & inc 152cm	LIGHTWEIGHT Over 137cm up to & inc 152cm
MIDDLEWEIGHT Over 152cm up to & inc 168cm	MIDDLEWEIGHT Over 152cm up to & inc 168cm	MIDDLEWEIGHT Over 152cm up to & inc 168cm	MIDDLEWEIGHT Over 152cm up to & inc 168cm	MIDDLEWEIGHT Over 152cm up to & inc 168cm
HEAVYWEIGHT Over 168cm	HEAVYWEIGHT Over 168cm	HEAVYWEIGHT Over 168cm	HEAVYWEIGHT Over 168cm	HEAVYWEIGHT Over 168cm

All the above divisions 1 x 1.5 minute rounds.

Medals Awarded: 1-Gold, 1-Silver, 2-Bronze

Cadet Female Sparring Divisions (Black Belts Only)				
BLACK Continuous	RED & Continuous	BLUE Continuous	GREEN & Point Stop	YELLOW Point Stop
LIGHTWEIGHT Up to & inc 50kg				
MIDDLEWEIGHT Over 50kg up to & inc 55kg				
Light HEAVYWEIGHT Over 55kg up to & inc 60kg				
HEAVYWEIGHT Over 60kg				

All the above divisions 1 x 2 minute rounds.

Medals Awarded: 1-Gold, 1-Silver, 2-Bronze

Cadet Male Sparring Divisions (Black Belts Only)				
BLACK Continuous	RED & Continuous	BLUE Continuous	GREEN & Point Stop	YELLOW Point Stop
LIGHTWEIGHT Up to & inc 55kg				
MIDDLEWEIGHT Over 55kg up to & inc 65kg				
LIGHT HEAVY Over 65kg up to & inc 75kg				
HEAVYWEIGHT Over 75kg				

All the above divisions 1 x 2 minute rounds.

Medals Awarded: 1-Gold, 1-Silver, 2-Bronze

Adult Female Sparring Divisions				
BLACK Continuous	RED Continuous	BLUE Continuous	GREEN Point Stop	YELLOW Point Stop
LIGHTWEIGHT Up to & inc 55kg	LIGHTWEIGHT Up to & inc 55kg	LIGHTWEIGHT Up to & inc 55kg	LIGHTWEIGHT Up to & inc 55kg	LIGHTWEIGHT Up to & inc 55kg
MIDDLEWEIGHT Over 55kg up to & inc 61kg	MIDDLEWEIGHT Over 55kg up to & inc 61kg	MIDDLEWEIGHT Over 55kg up to & inc 61kg	MIDDLEWEIGHT Over 55kg up to & inc 61kg	MIDDLEWEIGHT Over 55kg up to & inc 61kg
LIGHT HEAVY Over 61kg up to & inc 67kg	LIGHT HEAVY Over 61kg up to & inc 67kg	LIGHTHEAVY Over 61kg up to & inc 67kg	LIGHT HEAVY Over 61kg up to & inc 67kg	LIGHT HEAVY Over 61kg up to & inc 67kg
HEAVYWEIGHT Over 67kg	HEAVYWEIGHT Over 67kg	HEAVYWEIGHT Over 67kg	HEAVYWEIGHT Over 67kg	HEAVYWEIGHT Over 67kg

All the above divisions 1 x 2 minute rounds.

Medals Awarded: 1-Gold, 1-Silver, 2-Bronze

Black Belt Final 2 x 2 minute rounds.

Adult Male Sparring Divisions				
BLACK Continuous	RED Continuous	BLUE Continuous	GREEN Point Stop	YELLOW Point Stop
FLYWEIGHT Up to & inc 58kg	LIGHTWEIGHT Up to & inc 64kg	LIGHTWEIGHT Up to & inc 64kg	LIGHTWEIGHT Up to & inc 64kg	LIGHTWEIGHT Up to & inc 64kg
LIGHTWEIGHT Over 58kg up to & inc 64kg	WELTERWEIGHT Over 64kg up to & inc 72kg	WELTERWEIGHT Over 64kg up to & inc 72kg	WELTERWEIGHT Over 64kg up to & inc 72kg	WELTERWEIGHT Over 64kg up to & inc 72kg
WELTERWEIGHT Over 64kg up to & inc 70kg	MIDDLEWEIGHT Over 72kg up to & inc 80kg	MIDDLEWEIGHT Over 72kg up to & inc 80kg	MIDDLEWEIGHT Over 72kg up to & inc 80kg	MIDDLEWEIGHT Over 72kg up to & inc 80kg
MIDDLEWEIGHT Over 70kg up to & inc 76kg	HEAVYWEIGHT Over 80kg	HEAVYWEIGHT Over 80kg	HEAVYWEIGHT Over 80kg	HEAVYWEIGHT Over 80kg
LIGHT HEAVY Over 76kg up to & inc 82kg				
HEAVYWEIGHT Over 82kg				

All the above divisions 1 x 2 minute rounds.

Medals Awarded: 1-Gold, 1-Silver, 2-Bronze

Black Belt Final 2 x 2 minute rounds.

Executive Female Sparring Divisions (Black Belts Only)				
BLACK Point Stop	RED & Point Stop	BLUE Point Stop	GREEN & Point Stop	YELLOW Point Stop
Light: Up to & inc 55kg				
Middle: Over 55kg up to & inc 62kg				
Heavy : Over 62kg				

All the above divisions 1 x 2 minute rounds.

Medals Awarded: 1-Gold, 1-Silver, 2-Bronze

Executive Male Sparring Divisions (Black Belts Only)				
BLACK Point Stop	RED & Point Stop	BLUE Point Stop	GREEN & Point Stop	YELLOW Point Stop
Light: Up to & inc 70kg				
Middle: Over 70kg up to & inc 80kg				
Heavy: Over 80kg				

All the above divisions 1 x 2 minute rounds

Medals Awarded: 1-Gold, 1-Silver, 2-Bronze

DESTRUCTION (BLACK BELTS ONLY)

- **NOTE:** Competitors may enter HAND or FOOT or BOTH

Destruction (Black Belts Only)			
MALE HAND	MALE FOOT	FEMALE HAND	FEMALE FOOT
Forefist punch or Knife hand strike.	Turning Kick Or Reverse Turning Kick	Any hand technique (Including elbow)	Any Foot Technique (Standing Only)

Medals Awarded:

1 x Gold (Foot destruction)

1 x Gold (Hand destruction)

DIVISIONS & RULES FOR THE TAG TEAM SPARRING

ALL TEAM EVENTS TO START AFTER THE INDIVIDUAL COMPETITION.

Teams will consist of a 3 person team; bouts will be for 4 minutes. Each time the bout is stopped you can change with a member of your team by tagging your team members glove. All 3 members must fight at some stage during the bout. All team matches will be point stop.

The same 3 fighters must compete for the duration of event.

Teams who do not have 3 fighters will not be allowed to continue in the competition.

No substitutions due to injury or disqualification.

TAG TEAM SPARRING DIVISIONS

MALE:

3 person team. White/Yellow/Green belts together. No weights.

3 person team. Blue/red belts together. No weights

3 person team. Black belts. No weights.

FEMALE:

3 person team. White/Yellow/green belts together. No weights.

3 person team. Blue/red belts together. No weights.

3 person team. Black belts. No weights.

JUNIOR'S

3-person team. White/Yellow/Green belts together. Must all be from the same division.

3 person team: Blue/Red belts together. Must all be from the same division.

3 person team: Black belts. Must all be from the same division.

* There will be four junior divisions

1. Pee wee.
2. Lightweight.
3. Middleweight.
4. Heavyweight.

* Boys and Girls separate teams

** There are no team events for Executive Male & Executive Female or Cadet Male & Cadet Female. **(Ie: No separate team event, so persons may compete as part of a team in the appropriate category by YOUR age).**

All junior teams are under 16 years old

All senior teams are 16 years and over

For your information, this page contains the TAGB's general guidance notes for students (or spectators) who are entering/attending TAGB Competitions.

BEFORE ENTERING:- Please make sure that:-

- You have a current T.A.G.B. / B.T.C. Licence (**note: for our members (at HED TKD) we will check/ensure this for you and discuss with you more only if there is an issue.**)
- You are training regularly and understand what is expected of you.
- You are wearing a White TAGB suit, (where allowed you can also sometimes wear, a current TAGB 'National' suit or relevant club suit – **see the specific information for this competition above**).
- You have a full set of TAGB sparring equipment. (i.e. boots, shin guards, groin guards (for men and boys) gloves, head guard and gum shield).
- You have transport to the venue and you arrive on time.

HOW TO ENTER: - Competitors

All competitors, juniors or adults, whether competing in sparring or patterns or both, must complete a competition entry form. The forms can be obtained from **the resources area of our website www.hedtkd.com**, and must be completed as requested and handed over to your instructor before the closing date stated on the competition information.

PRICES: [As stated above on page 4.](#)

- **(YOU must make sure that at the day of the tournament YOU are actually the correct grade / weight / height/category etc that you claim on your entry form. ENTRY FEES etc ARE NON REFUNDABLE)**

JUNIORS (under 15)

Make sure you are the correct height for your division. You will be height tested on the day and if you are not in the correct height division you will be disqualified from that division.

CADETS (15 – 17 years) & ADULTS (18 years +)

Make sure that you are the correct weight for the division you want to compete in. You will be weighed in on the day, and if you are not within your entered weight division you will be disqualified from that division. In tournaments where there are no cadet divisions, junior divisions are up to 15 years old and Adults are from 16 years and above.

EXECUTIVES (male 40 years +, female 35 years +)

Executive divisions are usually weighed on the day and split into the appropriate divisions.

GENERAL

All competitors will receive a competitor's ticket (or wrist band) from your instructor which must be taken to the competition. **Do not forget or lose this ticket or wrist band.** If you forget or lose it then you will have to pay the **(relevant)** spectators fee to gain access to the competition.

SPECTATORS

You should please purchase a ticket from your instructor using the same entry form or you may also choose to turn up without a ticket and pay on the door at the competition. There will be a separate queue for spectators. All spectators who purchased a ticket beforehand will generally be allowed into the competition hall before those who are paying on the day.

ON THE DAY OF THE COMPETITION

NO SPECTATORS ARE ALLOWED AROUND THE COMPETITION AREAS – THEY MUST BE SEATED IN THE SEATS PROVIDED, OR THEY MAY BE ASKED TO LEAVE THE HALL.

- The competition will start with the patterns events, first with the juniors and some designated cadet and adult divisions.
- Each competition area will be allocated with an area number that will be indicated by the number on the tablecloth and a numbered signpost. There will also be a coloured sign, signifying the belt colour and category of the current division, situated underneath the numbered signpost at head high level.
- Listen out for an announcement of the start of your division on an allocated area over the Public Address System. (You can also check the running order, which may be displayed on a plasma screen somewhere in the hall, when available.)
- All juniors will be height tested before the sparring competition starts at an allocated area (i.e. all yellow belt boys, all heights).
- All cadets & adults will be weighed in before they spar at the allocated area for that division.

Failure to be height tested / weighed in **(or comply with the appropriate height/weight)** will result in a competitor not being entered for the sparring event **(assuming that they have entered themselves in the sparring event).**

YOU must make sure that you are in the right competition area at the right time. If you are unsure, then you must ask your instructor or an official.