



# HED TKD Version

Sparring   Patterns   Destruction   Team Event

T.A.G.B.  
TAE KWON-DO  
INTERNATIONAL

**WELSH  
CHAMPIONSHIPS**  
20th May 2018

**VENUE:**  
University of Wales Institute  
Cyncoed Road  
Cardiff  
CF23 6XD

Your Guarantee of Quality Tae Kwon-Do

**COMPETITORS:**  
£15.00 Per Event  
£15.00 Teams  
£10.00 Spectators  
Doors open 9am



T.A.G.B. COMPETITION SERIES

## WELSH CHAMPIONSHIPS 2018

**UNIVERSITY OF WALES**

CYNCOED ROAD, CARDIFF, CF23 6XD

**Sunday 20<sup>th</sup> May 2018**

# INFORMATION PACK



## Information Pack Contents

**NOTE: This is HED TKD's version of the information & has specific, notes instructions & enhancements to help our members. Refer also to [www.hedtkd.com](http://www.hedtkd.com)**

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Individual Competition Entry Form – **Get yours now from the “Resources-> Forms” area of our site at: [www.hedtkd.com](http://www.hedtkd.com).**

# Welsh Championships 2018

University of Wales Institute Cardiff,  
Cyncoed Road,  
Cardiff,  
CF23 6XD  
Sunday 20<sup>th</sup> May 2018



Dear member.

You are invited to attend the above event.

**ALL Competitors to arrive by 9.00 A.M.**

There are now divisions for everyone:

## **JUNIORS**

Up to & including 14 years old.

## **CADETS**

15 years up to & including 17 years old.

## **ADULTS**

18 years & over

## **EXECUTIVE MALE**

40 years & over (All belts) **(sparring only, no patterns)**

## **EXECUTIVE FEMALE**

35 years & over (All belts) **(sparring only, no patterns)**

*Use the current entry form from our website: [www.hedtkd.com](http://www.hedtkd.com).*

### **Closing Date:**

The **closing date** for entries and officials will be **Wednesday 9<sup>th</sup> May 2018**. No entries accepted after this date. Any applications received after this date **WILL NOT BE ACCEPTABLE & NOT ENTERED -- WITH NO EXCEPTIONS and your total payment will be taken and accepted as a fine and will unfortunately be NONE REFUNDABLE.** This is prior warning that this will be strictly adhered to. Get your entries in early to avoid disappointment. No special delivery entries. Entries must be given to **Your Instructor** at your club complete with payment etc. Pay on-line, the total fee in advance: **HED SPORT 40-38-04 82584859** (online payments must be made **before** you hand in your form to your Instructor), Any Cheques made payable to **HED SPORT.**

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## INSTRUCTORS INFORMATION:

All instructors who have competitors taking part in these championships should attend themselves or delegate a senior person who is a competitor or official to assist your students in the event of any problems that may arise with your students, this is usually the children. Also please check that the forms are filled in correctly. This causes a lot of the problems.

Please remind all spectators that they **ARE NOT ALLOWED** onto the competition area. Failure to adhere to these rules could result in them being asked to leave the tournament venue.

## OFFICIALS.

- Officials must wear the official t-shirt with smart grey or black trousers and sports shoes. **NOT SHIRT & TAGB TIE.** Officials t-shirts can be obtained from Mr. Donnelly, before the event.
- *All HED TKD members who wish to act as officials at this event **MUST** pre-register by emailing us (before the deadline) at [www.hedtkd.com](http://www.hedtkd.com). We check your instructor's approval and "pre-register" you by adding your name and qualification to our Officials Entry List. Failure to pre-register means you will have to pay to get into the tournament and no meal will be provided for you.*
- All officials to must bring their BLACK BELT LICENCE BOOK FOR STAMPING TO RECORD THEIR ATTENDANCE.  
\*\* YOU MUST **ARRIVE BY: 8.30 A.M.** OTHERWISE YOU WILL BE ASKED TO PAY TO ENTER

## COMPETITORS

All competitors may only wear standard white TAGB doboks, or the most recent national doboks. (ie. No Tiger doboks, No club doboks)

All sparring competitors may wear forearm protection in addition to their regulation sparring equipment.

## ENTRY FEE'S

Competitor £15.00 per event (i.e. 3 events £45.00)  
Spectator £10.00

Tag Team: £15.00 per 3 person team. To be paid & entered on the day.

**NO CAMERAS OR VIDEO CAMERAS PERMITTED ANYWHERE ON THE COMPETITION AREA.**

Regards ..... **HED TKD**

## PATTERN DIVISIONS

### Juniors

All junior pattern divisions are as follows.

Yellow	(9 <sup>th</sup> Kup to 7 <sup>th</sup> Kup)
Green	(6 <sup>th</sup> Kup to 5 <sup>th</sup> Kup)
Blue	(4 <sup>th</sup> Kup to 3 <sup>rd</sup> Kup)
Red	(2 <sup>nd</sup> Kup to 1 <sup>st</sup> Kup)
Black	(All grades together)

**Boys & Girls in separate divisions**

### Cadets

Cadet pattern divisions are as follows.

Yellow & Green	(9 <sup>th</sup> Kup to 5 <sup>th</sup> Kup)
Blue & Red	(4 <sup>th</sup> Kup to 1 <sup>st</sup> Kup)
Black	(All Dan Grades together)

**Male & female in separate divisions.**

### Adults

All adults pattern divisions are as follows.

Yellow	(9 <sup>th</sup> Kup to 7 <sup>th</sup> Kup)
Green	(6 <sup>th</sup> Kup to 5 <sup>th</sup> Kup)
Blue	(4 <sup>th</sup> Kup to 3 <sup>rd</sup> Kup)
Red	(2 <sup>nd</sup> Kup to 1 <sup>st</sup> Kup)
Black (1 )	(1 <sup>ST</sup> Dan Only)
Black (2+3)	(2 <sup>nd</sup> & 3 <sup>rd</sup> Dan)
Black (4+)	(4 <sup>th</sup> Dan and above)

**Male & Female in separate divisions**

### THERE WILL BE NO SEPARATE EXECUTIVE PATTERN DIVISIONS

<b>Patterns</b>						
All competitors can perform a pattern up to their grade from the list below.						
<b>BLACK (4+)</b>	<b>BLACK ( 2+3)</b>	<b>BLACK (1 )</b>	<b>RED</b>	<b>BLUE</b>	<b>GREEN</b>	<b>YELLOW</b>
<b>Tong Il</b> (4th Dan)	<b>Ko Dang</b> (2nd Dan)	<b>Choong Moo</b> (1 <sup>st</sup> Dan)	Toi Gye	Yul Gok	Do San	Chon Ji
<b>UI Ji</b> (4th Dan)	<b>Choong Jang</b> (2nd Dan)	<b>Kwang Gae</b> (1 <sup>st</sup> Dan)	Hwa Rang	Joong Gun	Won Hyo	Dan Gun
<b>Se Jong</b> (4th Dan)	<b>Eui Am</b> (2nd Dan)	<b>Ge Baek</b> (1 <sup>st</sup> Dan)	Choong Moo	Toi Gye	Yul Gok	Do San
<b>Yon Ge</b> (5th Dan)	<b>Sam Il</b> (3rd Dan)	<b>Po Eun</b> (1 <sup>st</sup> Dan)				
<b>Moon Moo</b> (5th Dan)	<b>Yoo Sin</b> (3rd Dan)					
<b>So San</b> (5th Dan)	<b>Choi Young</b> (3rd Dan)					

Medals Awarded: 1-Gold, 1-Silver, 1-Bronze

# TEAM PATTERN COMPETITION

## Divisions

Juniors - Boys and Girls in same divisions  
Three competitors in a team.

## Split as follows

9<sup>th</sup> kup to 7<sup>th</sup> kup

6<sup>th</sup> kup to 4<sup>th</sup> kup

3<sup>rd</sup> kup to 1<sup>st</sup> kup

## All Dan Grades

Adults - Males and Females in same division

Three competitors in a team

Split as per junior divisions

## **RULES OF THE TEAM PATTERN COMPETITION**

Each team to perform a pattern unison.

Pattern to be scored in the same way as in individual pattern events.

The pattern to be relevant to the most junior grade in the team.

(eg A team with a 9th Kup in can only perform Chon Ji and a team with a 3'd kup in can perform any pattern up to and including Toi Gye)

### **Scoring to be based on the following:-**

1. The correctness of the pattern moves
2. Power, balance, focus, fluidity etc. As per individual pattern competition.
3. Synchronisation of all members when performing the pattern.

Cost £5.00 per competitor. Same as TAG team event.

**ENTRY ON THE DAY AT THE TAG TEAM DESK**

## SPARRING DIVISIONS

<b>Junior Sparring Divisions (Boys &amp; Girls Separate Divisions)</b>				
<b>BLACK</b> Continuous	<b>RED</b> Point Stop	<b>BLUE</b> Point Stop	<b>GREEN</b> Point Stop	<b>YELLOW</b> Point Stop
			<b>TINY TOTS</b> Up to & inc 122cm	<b>TINY TOTS</b> Up to & inc 122cm
<b>PEE WEE</b> Over 122cm up to & inc 137cm	<b>PEE WEE</b> Over 122cm up to & inc 137cm	<b>PEE WEE</b> Over 122cm up to & inc 137cm	<b>PEE WEE</b> Over 122cm up to & inc 137cm	<b>PEE WEE</b> Over 122cm up to & inc 137cm
<b>LIGHTWEIGHT</b> Over 137cm up to & inc 152cm	<b>LIGHTWEIGHT</b> Over 137cm up to & inc 152cm	<b>LIGHTWEIGHT</b> Over 137cm up to & inc 152cm	<b>LIGHTWEIGHT</b> Over 137cm up to & inc 152cm	<b>LIGHTWEIGHT</b> Over 137cm up to & inc 152cm
<b>MIDDLEWEIGHT</b> Over 152cm up to & inc 168cm	<b>MIDDLEWEIGHT</b> Over 152cm up to & inc 168cm	<b>MIDDLEWEIGHT</b> Over 152cm up to & inc 168cm	<b>MIDDLEWEIGHT</b> Over 152cm up to & inc 168cm	<b>MIDDLEWEIGHT</b> Over 152cm up to & inc 168cm
<b>HEAVYWEIGHT</b> Over 168cm	<b>HEAVYWEIGHT</b> Over 168cm	<b>HEAVYWEIGHT</b> Over 168cm	<b>HEAVYWEIGHT</b> Over 168cm	<b>HEAVYWEIGHT</b> Over 168cm

All the above divisions 1 x 1.5 minute rounds.

Medals Awarded: 1-Gold, 1-Silver, 2-Bronze

<b>Cadet Female Sparring Divisions</b>				
<b>BLACK</b> Continuous	<b>RED &amp;</b> Continuous	<b>BLUE</b> Continuous	<b>GREEN &amp;</b> Point Stop	<b>YELLOW</b> Point Stop
<b>LIGHTWEIGHT</b> Up to & inc 50kg	<b>LIGHTWEIGHT</b> Up to & inc 50kg		<b>LIGHTWEIGHT</b> Up to & inc 50kg	
<b>MIDDLEWEIGHT</b> Over 50kg up to & inc 55kg	<b>MIDDLEWEIGHT</b> Over 50kg up to & inc 55kg		<b>MIDDLEWEIGHT</b> Over 50kg up to & inc 55kg	
<b>HEAVYWEIGHT</b> Over 55kg	<b>HEAVYWEIGHT</b> Over 55kg		<b>HEAVYWEIGHT</b> Over 55kg	

All the above divisions 1 x 1.5 minute rounds.

Medals Awarded: 1-Gold, 1-Silver, 2-Bronze

<b>Cadet Male Sparring Divisions</b>				
<b>BLACK</b> Continuous	<b>RED &amp;</b> Continuous	<b>BLUE</b> Continuous	<b>GREEN &amp;</b> Point Stop	<b>YELLOW</b> Point Stop
<b>LIGHTWEIGHT</b> Up to & inc 55kg	<b>LIGHTWEIGHT</b> Up to & inc 55kg		<b>LIGHTWEIGHT</b> Up to & inc 55kg	
<b>MIDDLEWEIGHT</b> Over 55kg up to & inc 65kg	<b>MIDDLEWEIGHT</b> Over 55kg up to & inc 65kg		<b>MIDDLEWEIGHT</b> Over 55kg up to & inc 65kg	
<b>LIGHT HEAVY</b> Over 65kg up to & inc 75kg	<b>LIGHT HEAVY</b> Over 65kg up to & inc 75kg		<b>LIGHT HEAVY</b> Over 65kg up to & inc 75kg	
<b>HEAVYWEIGHT</b> Over 75kg	<b>HEAVYWEIGHT</b> Over 75kg		<b>HEAVYWEIGHT</b> Over 75kg	

All the above divisions 1 x 2 minute rounds.

Medals Awarded: 1-Gold, 1-Silver, 2-Bronze

<b>Adult Female Sparring Divisions</b>				
<b>BLACK</b> Continuous	<b>RED</b> Continuous	<b>BLUE</b> Continuous	<b>GREEN</b> Point Stop	<b>YELLOW</b> Point Stop
<b>LIGHTWEIGHT</b> Up to & inc 55kg	<b>LIGHTWEIGHT</b> Up to & inc 55kg	<b>LIGHTWEIGHT</b> Up to & inc 55kg	<b>LIGHTWEIGHT</b> Up to & inc 55kg	<b>LIGHTWEIGHT</b> Up to & inc 55kg
<b>MIDDLEWEIGHT</b> Over 55kg up to & inc 61kg	<b>MIDDLEWEIGHT</b> Over 55kg up to & inc 61kg	<b>MIDDLEWEIGHT</b> Over 55kg up to & inc 61kg	<b>MIDDLEWEIGHT</b> Over 55kg up to & inc 61kg	<b>MIDDLEWEIGHT</b> Over 55kg up to & inc 61kg
<b>LIGHT HEAVY</b> Over 61kg up to & inc 67kg	<b>LIGHT HEAVY</b> Over 61kg up to & inc 67kg	<b>LIGHTHEAVY</b> Over 61kg up to & inc 67kg	<b>LIGHT HEAVY</b> Over 61kg up to & inc 67kg	<b>LIGHT HEAVY</b> Over 61kg up to & inc 67kg
<b>HEAVYWEIGHT</b> Over 67kg	<b>HEAVYWEIGHT</b> Over 67kg	<b>HEAVYWEIGHT</b> Over 67kg	<b>HEAVYWEIGHT</b> Over 67kg	<b>HEAVYWEIGHT</b> Over 67kg

**All the above divisions 1 x 2 minute rounds.**

Medals Awarded: 1-Gold, 1-Silver, 2-Bronze

**Black Belt Final 2 x 2 minute rounds.**

<b>Adult Male Sparring Divisions</b>				
<b>BLACK</b> Continuous	<b>RED</b> Continuous	<b>BLUE</b> Continuous	<b>GREEN</b> Point Stop	<b>YELLOW</b> Point Stop
<b>FLYWEIGHT</b> Up to & inc 58kg	<b>LIGHTWEIGHT</b> Up to & inc 64kg	<b>LIGHTWEIGHT</b> Up to & inc 64kg	<b>LIGHTWEIGHT</b> Up to & inc 64kg	<b>LIGHTWEIGHT</b> Up to & inc 64kg
<b>LIGHTWEIGHT</b> Over 58kg up to & inc 64kg	<b>WELTERWEIGHT</b> Over 64kg up to & inc 72kg	<b>WELTERWEIGHT</b> Over 64kg up to & inc 72kg	<b>WELTERWEIGHT</b> Over 64kg up to & inc 72kg	<b>WELTERWEIGHT</b> Over 64kg up to & inc 72kg
<b>WELTERWEIGHT</b> Over 64kg up to & inc 70kg	<b>MIDDLEWEIGHT</b> Over 72kg up to & inc 80kg	<b>MIDDLEWEIGHT</b> Over 72kg up to & inc 80kg	<b>MIDDLEWEIGHT</b> Over 72kg up to & inc 80kg	<b>MIDDLEWEIGHT</b> Over 72kg up to & inc 80kg
<b>MIDDLEWEIGHT</b> Over 70kg up to & inc 76kg	<b>HEAVYWEIGHT</b> Over 80kg	<b>HEAVYWEIGHT</b> Over 80kg	<b>HEAVYWEIGHT</b> Over 80kg	<b>HEAVYWEIGHT</b> Over 80kg
<b>LIGHT HEAVY</b> Over 76kg up to & inc 82kg				
<b>HEAVYWEIGHT</b> Over 82kg				

**All the above divisions 1 x 2 minute rounds.**

Medals Awarded: 1-Gold, 1-Silver, 2-Bronze

**Black Belt Final 2 x 2 minute rounds.**



<b>Executive Female Sparring Divisions</b>				
<b>BLACK</b> Point Stop	<b>RED &amp;</b> Point Stop	<b>BLUE</b> Point Stop	<b>GREEN &amp;</b> Point Stop	<b>YELLOW</b> Point Stop
<b>Light:</b> Up to & inc 55kg	Light: Up to & inc 55kg		Light: Up to & inc 55kg	
<b>Middle:</b> Over 55kg up to & inc 62kg	Middle: Over 55kg up to & inc 62kg		Middle: Over 55kg up to & inc 62kg	
<b>Heavy :</b> Over 62kg	Heavy : Over 62kg		Heavy : Over 62kg	

All the above divisions 1 x 2 minute rounds.

Medals Awarded: 1-Gold, 1-Silver, 2-Bronze

<b>Executive Male Sparring Divisions</b>				
<b>BLACK</b> Point Stop	<b>RED &amp;</b> Point Stop	<b>BLUE</b> Point Stop	<b>GREEN &amp;</b> Point Stop	<b>YELLOW</b> Point Stop
<b>Light:</b> Up to & inc 70kg	Light: Up to & inc 70kg		Light: Up to & inc 70kg	
<b>Middle:</b> Over 70kg up to & inc 80kg	Middle: Over 70kg up to & inc 80kg		Middle: Over 70kg up to & inc 80kg	
<b>Heavy:</b> Over 80kg	Heavy: Over 80kg		Heavy: Over 80kg	

All the above divisions 1 x 2 minute rounds

Medals Awarded: 1-Gold, 1-Silver, 2-Bronze

## DESTRUCTION (BLACK BELTS ONLY)

<b>Destruction (Black Belts Only)</b>			
<b>MALE HAND</b>	<b>MALE FOOT</b>	<b>FEMALE HAND</b>	<b>FEMALE FOOT</b>
Forefist punch or Knife hand strike.	Turning Kick Or Reverse Turning Kick	Any hand technique (Including elbow)	Any Foot Technique (Standing Only)

Medals Awarded: 1 x Gold (Foot destruction)

1 x Gold (Hand destruction)

# DIVISIONS & RULES FOR THE TAG TEAM SPARRING

## ALL TEAM EVENTS TO START AFTER THE INDIVIDUAL COMPETITION.

Teams will consist of a 3 person team; bouts will be for 4 minutes. Each time the bout is stopped you can change with a member of your team by tagging your team members glove. All 3 members must fight at some stage during the bout. All team matches will be point stop.

The same 3 fighters must compete for the duration of event.

Teams who do not have 3 fighters will not be allowed to continue in the competition.

No substitutions due to injury or disqualification.

## TAG TEAM SPARRING DIVISIONS

### MALE:

3 person team. White/Yellow/Green belts together. No weights.

3 person team. Blue/red belts together. No weights

3 person team. Black belts. No weights.

### FEMALE:

3 person team. White/Yellow/green belts together. No weights.

3 person team. Blue/red belts together. No weights.

3 person team. Black belts. No weights.

### JUNIOR'S

3-person team. White/Yellow/Green belts together. Must all be from the same division.

3 person team: Blue/Red belts together. Must all be from the same division.

3 person team: Black belts. Must all be from the same division.

### \* There will be four junior divisions

1. Pee wee.
2. Lightweight.
3. Middleweight.
4. Heavyweight.

\* Boys and Girls separate teams

\*\* There are no team events for Executive Male & Executive Female or Cadet Male & Cadet Female. **(Ie: No separate team event, so persons may compete as part of a team in the appropriate category by YOUR age).**

All junior teams are under 16 years old

All senior teams are 16 years and over

# ***THE ULTIMATE STRIKER***

## For this CHAMPIONSHIPS

### *The Event.*

The Ultimate Striker event requires the competitor to deliver 3 strikes to the Pro Power Pad. The strikes must be of a recognised technique which will be determined by the appointed referee, but can be any strike of the competitor's choice.

*The disciplines will be divided into two.*

ANY HAND TECHNIQUE

ANY FOOT TECHNIQUE

*The status categories will be.*

MALE

FEMALE

*The divisions for these categories will be by weight in kg as follows.*

Flyweight	Up to & incl 35 kg	Middleweight	Up to & incl 80 kg
Lightweight	Up to & incl 50 kg	Light Heavy	Up to & incl 95 kg
Welterweight	Up to & incl 65 kg	Heavyweight	Over 95 kg

*REGISTRATION for this event will be ON THE DAY of the Competition.*

## **For your information, this page contains the TAGB's general guidance notes for students (or spectators) who are entering/attending TAGB Competitions.**

### **BEFORE ENTERING:- Please make sure that:-**

You have a current T.A.G.B. / B.T.C. Licence (**note: for our members (at HED TKD) we will check/ensure this for you and discuss with you more only if there is an issue.**)

You are training regularly and understand what is expected of you.

You are wearing a White TAGB suit, (where allowed you can also sometimes wear, a current TAGB 'National' suit or relevant club suit – **see the specific information for this competition above.**)

You have a full set of TAGB sparring equipment. (i.e. boots, shin guards, groin guards (for men and boys) gloves, head guard and gum shield).

You have transport to the venue and you arrive on time.

### **HOW TO ENTER: - Competitors**

All competitors, juniors or adults, whether competing in sparring or patterns or both, must complete a competition entry form.

The forms can be obtained from **the resources area of our website [www.hedtkd.com](http://www.hedtkd.com)**, and must be completed as requested and handed over to your instructor before the closing date stated on the competition information.

### **PRICES: As stated above on page 4.**

- **(YOU must make sure that at the day of the tournament YOU are actually the correct grade / weight / height/category etc that you claim on your entry form. ENTRY FEES etc ARE NON REFUNDABLE)**

### **JUNIORS (under 15)**

Make sure you are the correct height for your division. You will be height tested on the day and if you are not in the correct height division you will be disqualified from that division.

### **CADETS (15 – 17 years) & ADULTS (18 years +)**

Make sure that you are the correct weight for the division you want to compete in. You will be weighed in on the day, and if you are not within your entered weight division you will be disqualified from that division. In tournaments where there are no cadet divisions, junior divisions are up to 15 years old and Adults are from 16 years and above.

### **EXECUTIVES (male 40 years +, female 35 years +)**

Executive divisions are usually weighed on the day and split into the appropriate divisions.

### **GENERAL**

All competitors will receive a competitor's ticket (or wrist band) from your instructor which must be taken to the competition. **Do not forget or lose this ticket or wrist band.** If you forget or lose it then you will have to pay the (**relevant**) spectators fee to gain access to the competition.

### **SPECTATORS**

You should please purchase a ticket from your instructor using the same entry form or you may also choose to turn up without a ticket and pay on the door at the competition. There will be a separate queue for spectators. All spectators who purchased a ticket beforehand will generally be allowed into the competition hall before those who are paying on the day.

### **ON THE DAY OF THE COMPETITION**

NO SPECTATORS ARE ALLOWED AROUND THE COMPETITION AREAS – THEY MUST BE SEATED IN THE SEATS PROVIDED, OR THEY MAY BE ASKED TO LEAVE THE HALL.

- The competition will start with the patterns events, first with the juniors and some designated cadet and adult divisions.
- Each competition area will be allocated with an area number that will be indicated by the number on the tablecloth and a numbered signpost. There will also be a coloured sign, signifying the belt colour and category of the current division, situated underneath the numbered signpost at head high level.
- Listen out for an announcement of the start of your division on an allocated area over the Public Address System. (You can also check the running order, which may be displayed on a plasma screen somewhere in the hall, when available.)
- All juniors will be height tested before the sparring competition starts at an allocated area (i.e. all yellow belt boys, all heights).
- All cadets & adults will be weighed in before they spar at the allocated area for that division.

Failure to be height tested / weighed in (**or comply with the appropriate height/weight**) will result in a competitor not being entered for the sparring event (**assuming that they have entered themselves in the sparring event**).

**YOU must make sure that you are in the right competition area at the right time. If you are unsure, then you must ask your instructor or an official.**