

TAE KWON-DO

FREE FIRST CLASS

Gift certificate

Fitness & Fun

Self Defence

Self Confidence

Balance

Flexibility

Coordination



HED TKD



LADIES

GENTS

CHILDREN

FAMILIES

0845 310 5781

www.hedtkd.com

Bracknell Club

Garth Hill College, Bull lane, Bracknell, RG42 2LN

Wednesdays: Children & Families 6:30pm: Adults 7:00pm

Fridays: Children & Families 6:30pm: Adults 7:00pm

Reading

Rivermead Primary Sch, Loddon Bridge Rd, Woodley

Mondays: Children & Families 6:30pm: Adults 7:30pm

Thursdays: Children & Families 6:30pm: Adults 7:30pm

Maidenhead

Furze Platt, Senior Sch. Furze Platt Rd,

Mondays: Children / Families 6:30pm: Adults 7:30pm

Wednesdays: Children / Families 6:30pm: Adults 7:30pm

Just come along anytime, No need to book. Please wear appropriate comfortable clothing & bring water for refreshment.

Please feel free to come along to any one of our classes for a free session. Bearer is entitled to one FREE session per person at any one of our clubs & only on one occasion. Conditions apply.