

TAE KWON-DO

FREE FIRST CLASS

Gift certificate

Fitness & Fun

Self Defence

Self Confidence

Balance

Flexibility

Coordination



HED TKD



LADIES

GENTS

CHILDREN

FAMILIES

0845 310 5781

www.hedtkd.com

Maidenhead Club

Furze Platt Senior School, Furze Platt Rd, Maidenhead, SL6 7NQ

Mondays: Children & Families 6:30pm: Adults 7:30pm

Wednesdays: Children & Families 6:30pm: Adults 7:30pm

Bracknell

Garth Hill College, Bull lane, Bracknell

Weds: Children & Families 6:30pm: Adults 7:30pm

Fridays: Children & Families 6:30pm: Adults 7:30pm

Reading

Rivermead Primary Sch, Loddon Bridge Rd, Woodley

Mondays: Children / Families 6:30pm: Adults 7:30pm

Thursdays Mon: Children / Families 6:30pm: Adults 7:30pm

Just come along anytime, No need to book. Please wear appropriate comfortable clothing & bring water for refreshment.

Please feel free to come along to any one of our classes for a free session. Bearer is entitled to one FREE session per person at any one of our clubs & only on one occasion. Conditions apply.