

# TAE KWON-DO

**FREE** FIRST CLASS

Gift certificate

**Fitness & Fun**

**Self Defence**

**Self Confidence**

**Balance**

**Flexibility**

**Coordination**



LADIES

GENTS

CHILDREN

FAMILIES

0845 310 5784

[www.hedtkd.com](http://www.hedtkd.com)

## Kingston upon Thames club

Tiffin Girls School, Richmond Road, Kingston, KL2 5PL

Sundays: Children & Families 11:00am: Adults 11:30am

Wednesdays: Children & Families 6:45pm: Adults 7:30pm

### GUILDFORD

Guildford County sch, Farnham Rd, Guildford

Tuesdays: Children & Families 6:30 pm : Adults 7:30 pm

Fridays: Children & Families 6:30 pm : Adults 7:30 pm

### Woking

Winston Churchill Sch, Hermitage Rd, Woking

Mon: Children 6:30pm: Adults 7:30pm

Wed: Children 6:30pm: Adults 7:30 pm

Sat: Children 10:00am: Adults 11:00 am

Just come along anytime, No need to book. Please wear appropriate comfortable clothing & bring water for refreshment.

Please feel free to come along to any one of our classes for a free session. Bearer is entitled to one FREE session per person at any one of our clubs & only on one occasion. Conditions apply.