

Hello

If you are self-isolating,
I can help.

My name is

I live locally
at

My phone
number is

If you are self-isolating due to COVID-19 I can
help with:

Picking up
shopping

A friendly
phone call

Urgent supplies

Posting mail

Call or text me. This support is of no cost to you. I'll
leave any shopping or supplies on your doorstep.

regeneration

I go to regeneration Church. Find
out more at www.regen.church

regeneration Church 398 Brentwood Road, Gidea Park, RM2 6DH

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