

SPIRITUAL TRANSFORMATION INVENTORY

INTRODUCTION & OVERALL SCORES

Welcome to your STI report! You've taken an important step in helping your group to grow spiritually. The overall goal of the STI report is to assist you in:

- Gaining an accurate picture of your group's spiritual development.
- Developing spiritual formation efforts tailored to your group's spiritual profile to help them take practical steps in their growth process.

Here's what you'll find in this report to help you do this:

- Getting the Most Out of Your Report
- Group Spiritual Profile: Main Scales
- Group Spiritual Profile: Programs
- Group Spiritual Profile: Outcomes
- In-Depth Analysis: Main Scales

Below you'll find your group's scores on the five domains of The Connected Life. This is a high-level overview of their spiritual health. You can read more about The Connected Life model in the next section.

You've probably already glanced through your group's scale scores in the spiritual profile sections. Before you dive into the feedback more deeply, I'd like to invite you to spend a few moments reflecting on this question: What do you expect to see in the results? In what areas do you think your group is growing steadily or thriving? In what areas do you think they are struggling? Write them down. Compare this to the actual results and see how closely it matches. How does this impact your understanding of your group's spiritual life?

YOUR DOMAIN
 SCORES AT A
 GLANCE:
 POSITIVE
 SCALES



UNDERSTANDING YOUR SCORES: SCALED SCORES (SCORED FROM 1-100)

- | | | | |
|------------------------|-------------------|--------------------------|---------------------|
| POSITIVE SCALES | 1-33 = STRUGGLING | 34-66 = GROWING STEADILY | 67-100 = THRIVING |
| NEGATIVE SCALES | 1-33 = THRIVING | 34-66 = GROWING STEADILY | 67-100 = STRUGGLING |



GETTING THE MOST OUT OF YOUR REPORT

Below you'll find some tips to help you and your organization get the most out of your STI report.

1. FOSTER A MINDSET OF OPENNESS TO THE HOLY SPIRIT.

The work of spiritual growth is not yours alone. The Holy Spirit comes alongside you and your group in this process. However, you have to open yourself to the work of the Spirit. Your mindset makes a difference in how you receive the feedback, and what you do with it. You have a role in fostering an open mind and heart. Take some time in prayer to commit to cooperate with the work of the Holy Spirit in this process.

2. UNDERSTAND THE CONNECTED LIFE MODEL.

The STI is based on a relational model of spiritual development (relational spirituality) that explains the process of spiritual growth through relational connections with God and others (see drtodhall.com/stiresources for more info). The Connected Life model provides a holistic view of the areas that contribute to spiritual growth throughout our lifetime. The 33 scales of the STI are organized around the five domains of connection in The Connected Life. You can examine each of the 33 scale scores for a detailed view, and you can also look at the scale scores in one domain to get a feel for your group's spiritual development in that domain.

The Connected Life model can foster a common language and way to think about the spiritual development of your group. This can create important conversations among your staff as you think through your spiritual formation efforts. The Connected Life model can also serve as an organizing framework for your spiritual formation programs, which can then be tied directly to the STI results. This can assist with your group members' growth process, and also with demonstrating to accrediting agencies that you are intentionally assessing spiritual development and using that information for planning purposes.

3. UNDERSTAND THE SCALES AND SCORES.

A "scale" is comprised of the mean score of five items that measure one area of spiritual life. A "domain" is comprised of the mean score of several scales that measure one broader area. The scales and domains have been developed through extensive psychometric research (see drtodhall.com/stiresources for a technical report). For example, the scale "Awareness of God" is answered on a 6-point likert scale ranging from 1-very untrue of me to 6-very true of me. Each individual's scale score is his/her mean score for the five items. We then compute the average for all your group members (e.g., students, parishioners, employees), and that is the mean score reported in this report.



This report also provides comparison scores. We convert scale scores to percentile rank scores. A percentile score is the percentage of people in the norm group that your group scored above. For example, a percentile score of 50 means that your group members (e.g., students, employees) on average, scored higher than 50% of the individuals in the norm group. Percentile scores allow you to see how your group is doing in each area compared to a national benchmark. It's important to consider both types of scores in evaluating the overall picture of your group's spiritual health.

The score categories divide the distribution into thirds:

- Struggling score = 0 to 33rd percentile (bottom third of norm group)
- Growing steadily score = 33.1 to 66th percentile (middle third of norm group)
- Thriving score = 66.1 to 100th percentile (top third of norm group)

4. BRING THE RESULTS INTO CONVERSATION.

These results will give you an initial picture of your group's spiritual health; however, they will not provide a definitive picture. Some scores may resonate clearly and others may be confusing. The next step is to bring these results into conversation with your staff and group members. For example, you may want to consider holding focus groups with participants and get their input on the results. This will help you clarify the meaning of the results and identify a clear path forward to facilitate spiritual growth.

5. USE THE STI TO MEASURE SPIRITUAL OUTCOMES.

Consider using the STI/Connected Life model as the conceptual framework for spiritual outcomes you measure. You can link major inputs (school or organization sponsored interventions/programs/experiences) to a relevant outcome from the STI.

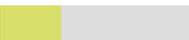
In addition, the programs and outcomes provide direct results on the importance and spiritual impact of various programs and spiritual outcomes. Comparing the gap between importance and impact will give you insight into the spiritual ROI for your institutional resources. You can download a free white paper on using the STI to measure spiritual outcomes at drtodddhall.com/stiresources.

6. ENCOURAGE STUDENTS TO GET THEIR INDIVIDUAL REPORT.

Individual reports are also available to students. Students can contact us at support@drtodddhall.com to purchase their individual report if your organization has not already done so (They will not need to re-take the STI if the individual report was not pre-purchased). This will provide them personalized feedback, and a 6-week growth with concrete steps they can take to grow spiritually.



GROUP SPIRITUAL PROFILE : MAIN SCALES

DOMAIN	SCALE/DESCRIPTION	MEAN SCORE [Respondents]	PERCENTILE RANK [%]
 SELF & OTHERS	1 / SECURE CONNECTION TO OTHERS The Secure Connection to Others scale evaluates the degree to which individuals feel secure in their connection to other important people in their life.	4.69 [111]	50 
	2 / ANXIOUS CONNECTION TO OTHERS [NEGATIVE SCALE] The Anxious Connection to Others scale evaluates the degree to which individuals struggle with painful emotions about the most important relationships in their life.	3.09 [111]	59 
	3 / DISTANT CONNECTION TO OTHERS [NEGATIVE SCALE] The Distant Connection to Others scale evaluates the degree to which individuals minimize their need for others, and emotional connection to others.	2.82 [111]	50 
	4 / OWNING YOUR FAITH The Owning Your Faith scale evaluates the degree to which individuals are intrinsically motivated to grow in their relationship with God.	4.54 [113]	32 
	5 / FORGIVENESS The Forgiveness scale evaluates the degree to which individuals consistently experience forgiveness from God and the degree to which they forgive others who have hurt them in some way.	4.84 [111]	43 
	6 / AGAPE LOVE The Agape Love scale evaluates the degree to which individuals demonstrate Christ-like love and compassion for others.	4.88 [111]	41 
	7 / SPIRITUAL SELF-AWARENESS The Spiritual Self-Awareness scale evaluates the degree to which individuals are aware of their own limits and need for spiritual renewal.	4.40 [111]	38 

UNDERSTANDING YOUR SCORES:

MEAN SCORES (SCORED FROM 1-6)
1 = VERY FALSE OF ME 6 = VERY TRUE OF ME

SCALED SCORES (SCORED FROM 1-100)

POSITIVE SCALES ● 1-33 = STRUGGLING ● 34-66 = GROWING STEADILY ● 67-100 = THRIVING
NEGATIVE SCALES ● 1-33 = THRIVING ● 34-66 = GROWING STEADILY ● 67-100 = STRUGGLING



GROUP SPIRITUAL PROFILE : MAIN SCALES

DOMAIN	SCALE/DESCRIPTION	MEAN SCORE [Respondents]	PERCENTILE RANK [%]
 GOD	8 / SECURE CONNECTION TO GOD The Secure Connection to God scale evaluates the degree to which individuals feel they can turn to God in times of distress, and trust that God will comfort and protect them.	5.08 [111]	47
	9 / ANXIOUS CONNECTION TO GOD (NEGATIVE SCALE) The Anxious Connection to God scale evaluates the degree to which individuals worry that God is not reliable and will not be available for them in times of need or distress.	2.20 [111]	52
	10 / DISTANT CONNECTION TO GOD (NEGATIVE SCALE) The Distant Connection to God scale evaluates the degree to which individuals experience emotional distance from God, and avoid relying on God during difficult times.	1.98 [111]	52
	11 / AWARENESS OF GOD The Awareness of God scale evaluates the degree to which individuals have an awareness of God's presence, guidance, and direction in their life. This is one aspect of an overall sense of connecting to God in a direct way.	4.48 [112]	47
	12 / INTIMACY WITH GOD The Intimacy with God scale evaluates how close versus distant and dry individuals typically feel in their relationship with God.	4.46 [109]	47
	13 / EXPERIENCING GOD IN PRAYER The Experiencing God in Prayer scale evaluates the degree to which individuals experience a meaningful connection with God in prayer.	3.21* [109]	49
	14 / EXPERIENCING GOD IN SPIRITUAL PRACTICES The Experiencing God in Spiritual Practices scale evaluates the degree to which individuals experience a meaningful connection with God when engaging in spiritual practices.	3.16* [109]	50
	15 / GRATITUDE The Gratitude scale evaluates the degree to which individuals experience and express gratitude in their daily life.	4.94 [110]	47

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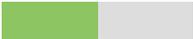
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GROUP SPIRITUAL PROFILE : MAIN SCALES

DOMAIN	SCALE/DESCRIPTION	MEAN SCORE [Respondents]	PERCENTILE RANK [%]
 SPIRITUAL COMMUNITY	16 / SECURE CONNECTION TO COMMUNITY The Secure Connection to Community scale evaluates the degree to which individuals feel a secure connection to their spiritual community.	4.48 [110]	57 
	17 / ANXIOUS CONNECTION TO COMMUNITY [NEGATIVE SCALE] The Anxious Connection to Community scale evaluates the degree to which individuals struggle with painful emotions with respect to their spiritual community.	2.64 [110]	50 
	18 / DISTANT CONNECTION TO COMMUNITY [NEGATIVE SCALE] The Distant Connection to Community scale evaluates the degree to which individuals minimize the need for, and emotional connection to, a spiritual community.	2.98 [110]	50 
	19 / SPIRITUAL COMMUNITY INVOLVEMENT The Spiritual Community Involvement scale evaluates the degree to which individuals are actively involved in and feel a sense of belonging to a spiritual community.	4.43 [111]	47 
	20 / SPIRITUAL FRIENDSHIP The Spiritual Friendship scale evaluates the degree to which individuals have spiritual mentoring or friendship relationships that encourage their spiritual growth.	4.54 [111]	46 

UNDERSTANDING YOUR SCORES:

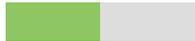
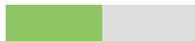
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GROUP SPIRITUAL PROFILE : MAIN SCALES

DOMAIN	SCALE/DESCRIPTION	MEAN SCORE [Respondents]	PERCENTILE RANK [%]
 SPIRITUAL PRACTICES	21 / CHRIST-CENTEREDNESS The Christ-centeredness scale evaluates the degree to which people's lives are centered around their relationship with God.	5.03 [111]	49 
	22 / PRAYER FREQUENCY The Prayer Frequency scale evaluates how consistently individuals engage in prayer.	5.23** [111]	50 
	23 / SPIRITUAL PRACTICES FREQUENCY The Spiritual Practices Frequency scale evaluates how consistently individuals engage in spiritual practices.	4.33** [112]	49 
	24 / USE OF MEDIA The Use of Media scale evaluates the degree to which individuals make decisions about their use of media based on its spiritual impact.	4.07 [112]	53 
	25 / TRANSFORMATIONAL SUFFERING The Transformational Suffering scale evaluates the degree to which individuals remain open to God's work during trials and times of suffering.	5.01 [111]	48 
	26 / SPIRITUAL OPENNESS The Spiritual Openness scale evaluates the degree to which individuals are open to different perspectives on their faith, and to working through doubts about their faith.	4.68 [111]	37 
	27 / POSITIVE SPIRITUAL COPING The Positive Spiritual Coping scale evaluates the degree to which individuals cope with difficulties in a healthy way by staying connected to God.	4.96 [111]	46 
	28 / NEGATIVE SPIRITUAL COPING [NEGATIVE SCALE] The Negative Spiritual Coping scale evaluates the degree to which the way individuals cope with trials has a negative impact on their spiritual life.	2.03 [111]	48 

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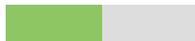
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GROUP SPIRITUAL PROFILE : MAIN SCALES

DOMAIN	SCALE/DESCRIPTION	MEAN SCORE [Respondents]	PERCENTILE RANK [%]
 GOD'S KINGDOM	29 / SPIRITUAL PERSPECTIVE The Spiritual Perspective scale evaluates the degree to which individuals view their daily life through a spiritual lens.	4.89 [111]	44 
	30 / SPIRITUAL MEANING The Spiritual Meaning scale evaluates the degree to which individuals feel a sense of meaning and purpose in life derived from their relationship with God.	5.36 [111]	50 
	31 / SERVICE TO LOCAL CHURCH The Service to the Local Church scale measures the degree to which individuals are involved in serving others within their local church.	4.59 [109]	52 
	32 / SERVICE OUTSIDE LOCAL CHURCH The Service Outside the Local Church scale measures the degree to which individuals are involved in serving others outside the context of their local church.	3.80 [110]	36 
	33 / EVANGELISM The Evangelism scale assesses the degree to which individuals are sensitive to God's leading in sharing their faith and supporting world missions.	3.66 [112]	40 

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GROUP SPIRITUAL PROFILE : PROGRAMS

DOMAIN	SCALE/DESCRIPTION	MEAN SCORE [Respondents]	PERCENTILE RANK [%]
SPIRITUAL PROGRAMS	1 / ACADEMIC COURSES		
	Importance	4.68 [105]	47
	Impact on Spiritual Life	4.97 [102]	41
	2 / BIBLE OR THEOLOGY COURSES AT YOUR INSTITUTION		
	Importance	5.46 [108]	63
	Impact on Spiritual Life	5.52 [106]	55
	3 / INTEGRATION OR FAITH AND LEARNING COURSES AT YOUR INSTITUTION		
	Importance	5.14 [99]	56
	Impact on Spiritual Life	5.31 [89]	52
	4 / CHAPEL PROGRAMS AT YOUR INSTITUTION		
	Importance	5.06 [108]	68
	Impact on Spiritual Life	5.29 [103]	66
	5 / PRAISE AND WORSHIP SESSIONS SPONSORED BY YOUR INSTITUTION		
	Importance	5.25 [107]	69
Impact on Spiritual Life	5.41 [102]	66	

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GROUP SPIRITUAL PROFILE : PROGRAMS

DOMAIN	SCALE/DESCRIPTION	MEAN SCORE [Respondents]	PERCENTILE RANK [%]
SPIRITUAL PROGRAMS	6 / BIBLE STUDY OR DISCIPLESHIP GROUP SPONSORED BY YOUR INSTITUTION		
	Importance	4.50 [94]	50
	Impact on Spiritual Life	4.99 [67]	51
	7 / RETREATS		
	Importance	4.59 [90]	61
	Impact on Spiritual Life	4.92 [76]	53
	8 / TIME STRUCTURED FOR REFLECTION AND MEDITATION		
	Importance	5.10 [101]	56
	Impact on Spiritual Life	5.23 [88]	53
	9 / SPIRITUAL ACCOUNTABILITY		
	Importance	5.17 [100]	56
	Impact on Spiritual Life	5.29 [94]	52
	10 / MINISTRY OPPORTUNITIES AT YOUR INSTITUTION		
	Importance	5.12 [102]	60
Impact on Spiritual Life	5.38 [93]	63	

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GROUP SPIRITUAL PROFILE : PROGRAMS

DOMAIN	SCALE/DESCRIPTION	MEAN SCORE [Respondents]	PERCENTILE RANK [%]
SPIRITUAL PROGRAMS	11 / STUDENT LEADERSHIP OPPORTUNITIES AT YOUR INSTITUTION		
	Importance	4.93 [103]	59
	Impact on Spiritual Life	5.36 [88]	56
	12 / SERVICE LEARNING PROJECTS OR INTERNSHIPS SPONSORED BY YOUR INSTITUTION		
	Importance	4.72 [99]	50
	Impact on Spiritual Life	5.03 [79]	46
	13 / SHORT-TERM MISSIONS TRIPS SPONSORED BY YOUR INSTITUTION		
	Importance	4.13 [87]	43
	Impact on Spiritual Life	4.89 [46]	44
	14 / FORMAL SPIRITUAL DIRECTION/ MENTORING SPONSORED BY YOUR INSTITUTION		
	Importance	4.75 [91]	47
	Impact on Spiritual Life	5.25 [73]	47
	15 / PSYCHOTHERAPY/ COUNSELING RECEIVED THROUGH YOUR SCHOOL		
	Importance	4.38 [95]	48
	Impact on Spiritual Life	5.02 [62]	50

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SPIRITUAL PROGRAMS	16 / STUDY ABROAD PROGRAMS SPONSORED BY YOUR INSTITUTION		
	Importance	3.74 [85]	40
	Impact on Spiritual Life	4.60 [42]	35
	17 / EXPERIENCING CULTURAL DIVERSITY IN YOUR SCHOOL'S COMMUNITY		
	Importance	4.41 [100]	45
	Impact on Spiritual Life	4.60 [90]	34
	18 / EXPERIENCES DESIGNED TO EXPOSE STUDENTS TO CULTURAL DIVERSITY ISSUES		
	Importance	4.40 [96]	44
	Impact on Spiritual Life	4.58 [86]	34
	19 / EXPERIENCES DESIGNED TO EXPOSE STUDENTS TO ART AND BEAUTY		
	Importance	4.20 [96]	40
	Impact on Spiritual Life	4.75 [81]	48
20 / MENTORING RELATIONSHIPS WITH FACULTY AT YOUR INSTITUTION			
Importance	5.04 [102]	48	
Impact on Spiritual Life	5.26 [91]	47	

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SPIRITUAL PROGRAMS	21 / RELATIONSHIPS WITH STAFF AND ADMINISTRATION AT YOUR INSTITUTION		
	Importance	5.08 [106]	51
	Impact on Spiritual Life	5.20 [101]	50
	22 / RELATIONSHIPS WITH OTHER STUDENTS IN YOUR SCHOOL'S COMMUNITY		
	Importance	5.60 [108]	61
	Impact on Spiritual Life	5.62 [101]	62
	23 / SCHOOL ATHLETICS		
	Importance	3.32 [99]	46
	Impact on Spiritual Life	4.42 [57]	52
	24 / EXTRACURRICULAR ACTIVITIES [clubs, drama, etc]		
	Importance	4.02 [99]	50
	Impact on Spiritual Life	4.75 [68]	51

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GROUP SPIRITUAL PROFILE : OUTCOMES

DOMAIN	SCALE/DESCRIPTION	MEAN SCORE [Respondents]	PERCENTILE RANK [%]
 SPIRITUAL OUTCOMES	1 / GUIDANCE WITH RESPECT TO MY CAREER OR VOCATIONAL DIRECTION		
	Importance	5.34 [106] 	55 
	Impact on Spiritual Life	5.14 [91] 	50 
	2 / HELP USING MY STRENGTHS/ TALENTS TO SERVE GOD'S KINGDOM		
	Importance	5.58 [106] 	61 
	Impact on Spiritual Life	5.34 [99] 	52 
	3 / HELP USING MY STRENGTHS/ TALENTS TO SERVE MY LOCAL CHURCH		
	Importance	5.29 [105] 	56 
	Impact on Spiritual Life	5.15 [94] 	50 
	4 / WORSHIP EXPERINCES THAT MOVE ME CLOSER TO GOD		
	Importance	5.37 [106] 	63 
	Impact on Spiritual Life	5.29 [98] 	61 
5 / HELP WITH DEVELOPING A CLOSER RELATIONSHIP WITH JESUS			
Importance	5.69 [106] 	63 	
Impact on Spiritual Life	5.44 [100] 	58 	

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SPIRITUAL OUTCOMES	6 / A FEELING OF BELONGING		
	Importance	5.48 [106]	64
	Impact on Spiritual Life	5.27 [98]	59
	7 / A SENSE OF MEANING AND PURPOSE IN SOMETHING BIGGER THAN MYSELF		
	Importance	5.58 [106]	63
	Impact on Spiritual Life	5.36 [100]	54
	8 / HELP DEVELOPING BASIC SPIRITUAL PRACTICES/HABITS IN MY LIFE		
	Importance	5.50 [106]	61
	Impact on Spiritual Life	5.18 [96]	52
	9 / HELP IN UNDERSTANDING HOW TO HEAR GOD'S VOICE IN MY LIFE		
	Importance	5.55 [105]	63
	Impact on Spiritual Life	4.93 [97]	47
10 / HELP IN LEARNING HOW TO PRAY			
Importance	5.32 [103]	62	
Impact on Spiritual Life	4.99 [95]	50	

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DOMAIN	SCALE/DESCRIPTION	MEAN SCORE [Respondents]	PERCENTILE RANK [%]
SPIRITUAL OUTCOMES	11 / HELP GROWING SPIRITUALLY FROM MORAL OR SPIRITUAL FAILURES		
	Importance	5.41 [102]	60
	Impact on Spiritual Life	5.08 [90]	48
	12 / HELP DEALING WITH/ GROWING SPIRITUALLY FROM A TRAUMATIC EVENT OR CRISIS		
	Importance	5.24 [100]	55
	Impact on Spiritual Life	5.03 [76]	48
	13 / HELP WORKING THROUGH A PERIOD OF SPIRITUAL STAGNATION OR DARKNESS		
	Importance	5.36 [100]	56
	Impact on Spiritual Life	4.94 [81]	46
	14 / HELP WORKING THROUGH LONG-STANDING SPIRITUAL STRUGGLES		
	Importance	5.36 [102]	55
	Impact on Spiritual Life	5.04 [83]	51
	15 / HELP WORKING THROUGH LONG-STANDING EMOTIONAL ISSUES THAT ARE HINDERING MY SPIRITUAL GROWTH		
	Importance	5.40 [102]	57
	Impact on Spiritual Life	4.99 [87]	48

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- 67-100 = HIGH



GROUP SPIRITUAL PROFILE : OUTCOMES

DOMAIN	SCALE/DESCRIPTION	MEAN SCORE [Respondents]	PERCENTILE RANK [%]
SPIRITUAL OUTCOMES	16 / HELP IN UNDERSTANDING THE BIG PICTURE OF THE BIBLE AND GOD'S KINGDOM	5.67 [106]	66
	Importance	5.47 [100]	56
	Impact on Spiritual Life		
	17 / HELP IN UNDERSTANDING THE BIBLE IN GREATER DEPTH		
	Importance	5.75 [106]	63
	Impact on Spiritual Life	5.58 [101]	54
	18 / HELP IN UNDERSTANDING WHY GOD ALLOWS EVIL AND SUFFERING IN THE WORLD		
	Importance	5.17 [103]	50
	Impact on Spiritual Life	5.00 [95]	43
	19 / HELP IN UNDERSTANDING HOW MY CHRISTIAN FAITH RELATES TO OTHER RELIGIONS		
	Importance	5.35 [106]	56
	Impact on Spiritual Life	5.03 [97]	46
20 / HELP IN UNDERSTANDING HOW MY CHRISTIAN FAITH RELATES TO SECULAR CULTURE			
Importance	5.53 [105]	60	
Impact on Spiritual Life	5.07 [99]	44	

UNDERSTANDING YOUR SCORES:

MEAN SCORES (SCORED FROM 1-6)

- 1 = VERY UNIMPORTANT
- 6 = VERY IMPORTANT
- 1 = VERY NEGATIVE IMPACT
- 6 = VERY POSITIVE IMPACT

SCALED SCORES (SCORED FROM 1-100)

- 1-33 = LOW
- 34-66 = MODERATE
- 67-100 = HIGH



GROUP SPIRITUAL PROFILE : OUTCOMES

DOMAIN	SCALE/DESCRIPTION	MEAN SCORE [Respondents]	PERCENTILE RANK [%]
SPIRITUAL OUTCOMES	21 / SPIRITUAL LEADERS WHO MODEL WHAT IT LOOKS LIKE TO LOVE GOD AND OTHERS AND GROW SPIRITUALLY		
	Importance	5.65 [106]	58
	Impact on Spiritual Life	5.39 [102]	50
	22 / HELP LEARNING HOW TO APPLY THE BIBLE TO SPECIFIC SITUATIONS IN MY LIFE		
	Importance	5.57 [106]	61
	Impact on Spiritual Life	5.30 [100]	49
	23 / HELP IN UNDERSTANDING HOW TO LIVE OUT GOD'S LOVE IN MY FRIENDSHIPS		
	Importance	5.51 [106]	62
	Impact on Spiritual Life	5.26 [99]	52
	24 / HELP IN UNDERSTANDING HOW TO LIVE OUT GOD'S LOVE IN MY DATING RELATIONSHIPS OR MARRIAGE		
	Importance	5.54 [101]	62
	Impact on Spiritual Life	5.06 [84]	49

UNDERSTANDING YOUR SCORES:

MEAN SCORES (SCORED FROM 1-6)

- 1 = VERY UNIMPORTANT
- 6 = VERY IMPORTANT
- 1 = VERY NEGATIVE IMPACT
- 6 = VERY POSITIVE IMPACT

SCALED SCORES (SCORED FROM 1-100)

- 1-33 = LOW
- 34-66 = MODERATE
- 67-100 = HIGH

IN-DEPTH ANALYSIS

DOMAIN

SCALE/DESCRIPTION

YOUR MEAN SCORE

YOUR SCALED SCORE [%]



SELF & OTHERS

1 / SECURE CONNECTION TO OTHERS

The Secure Connection to Others scale evaluates the degree to which individuals feel secure in their connection to other important people in their life.

GROWING STEADILY

The group as a whole is growing steadily in Secure Connection to Others, indicating that at times group members may feel comfortable exploring thoughts and feelings about relationships with important people in their lives; but sometimes this may be difficult or they may find themselves uninterested in doing this. This suggests some measure of security in their connections to others; but it may be that at times those connections feel insecure or unstable. There may be a pattern of feeling more distant from others at times, or more anxious about others being there for them. However, this is not likely a pervasive experience within the group.

When individuals in this group become distressed, they may exhibit anxious or distant attachment tendencies. Most people will have similar experiences with God and communities as they do in individual relationships. It may be helpful to consider their scores on the insecure attachment scales (Anxious and Distant, scales 2 and 3, respectively). If one of these patterns fits their experience more clearly, scales in these domains will likely be elevated.



POSITIVE SCALE

MEAN SCORES	1 = VERY FALSE OF ME	6 = VERY TRUE OF ME	
SCALE SCORES	1-33 = STRUGGLING	34-66 = GROWING STEADILY	67-100 = THRIVING

IN-DEPTH ANALYSIS

DOMAIN

SCALE/DESCRIPTION

YOUR MEAN SCORE

YOUR SCALED SCORE [%]



SELF & OTHERS

2 / ANXIOUS CONNECTION TO OTHERS [NEGATIVE SCALE]

The Anxious Connection to Others scale evaluates the degree to which individuals struggle with painful emotions about the most important relationships in their life.

GROWING STEADILY

This group experiences some degree of unresolved painful emotions related to their relationships with other important people in their lives. They are growing steadily when it comes to Anxious Connection to Others. Remember, this scale is scored negatively, meaning the higher they score, the more anxious their connections are. This may not be a major struggle, but it's likely an ongoing issue. They may at times experience negative feelings when they think about or discuss their relationships with others. This makes it difficult to make sense of their stories, and to gain new insights about themselves when taking with others about themselves. This is a reflection of some underlying degree of anxiety about important people not being reliable and available when they are needed. Encourage the group to consider discussing this pattern with others who know them well. Processing unresolved negative feelings in their relationship with others with a spiritual mentor, friend, or therapist may be very helpful.



NEGATIVE SCALE

MEAN SCORES	1 = VERY FALSE OF ME	6 = VERY TRUE OF ME	
SCALE SCORES	1-33 = THRIVING	34-66 = GROWING STEADILY	67-100 = STRUGGLING

IN-DEPTH ANALYSIS

DOMAIN

SCALE/DESCRIPTION

YOUR MEAN SCORE

YOUR SCALED SCORE [%]



SELF & OTHERS

3 / DISTANT CONNECTION TO OTHERS (NEGATIVE SCALE)

The Distant Connection to Others scale evaluates the degree to which individuals minimize their need for others, and emotional connection to others.

GROWING STEADILY

As a whole, this group may not experience or express a lot of emotion in their relationships with others, however, they are growing steadily when it comes to Distant Connection to Others. Remember, this scale is scored negatively, meaning the higher the score, the more distant the connection is. This may not be a major struggle, but may be a recurring issue. People in this group may shut down their need for others during stressful or painful times, but usually they maintain some sense of connection to the important people in their lives. This may sometimes make it difficult to relate to others in such a way that they feel connected to them.

Even if this is not a major issue, it may be helpful to recommend that the group consider discussing this pattern with others who know them well. Reflecting on their emotional responses, or lack thereof, to others may help strengthen their sense of emotional connection to themselves and others. If unresolved negative feelings toward certain people surface, processing them with a spiritual mentor, friend, or therapist will be helpful and should be encouraged. Journaling can also be a helpful way to process these issues, and may be recommended to this group.



NEGATIVE SCALE

MEAN SCORES 1 = VERY FALSE OF ME 6 = VERY TRUE OF ME

SCALE SCORES ● 1-33 = THRIVING ● 34-66 = GROWING STEADILY ● 67-100 = STRUGGLING

IN-DEPTH ANALYSIS

DOMAIN

SCALE/DESCRIPTION

YOUR MEAN SCORE

YOUR SCALED SCORE [%]



SELF & OTHERS

4 / OWNING YOUR FAITH

The Owning Your Faith scale evaluates the degree to which individuals are intrinsically motivated to grow in their relationship with God.

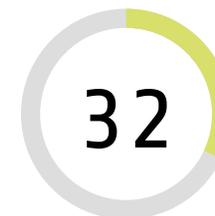
STRUGGLING

The group as a whole struggles in the process of Owning Your Faith. It may be that they have not worked out what role, if any, they want spiritual practices to play in their lives. They are likely not very intentional about engaging in spiritual practices and seeking out spiritual community. People in this group likely find themselves going through the motions spiritually. They may also struggle with feeling loved by God. They tend to respond to crises by withdrawing from God. It's likely that they experience a low sense of spiritual well-being. In particular, they most likely experience lower levels of awareness of God, intimacy with God, gratitude, a secure sense of connection with God, commitment to God, using spiritual resources to cope with challenges in a healthy way, and spiritual meaning. They may also experience higher levels of distant and anxious connection to God.

Not having fully owned their faith, it's as if the foundation of their faith is incomplete. That means they might be building or re-building the foundation of their faith, or may not be actively striving to grow spiritually. For teenagers and emerging adults, this is a normal part of growing up and becoming an adult. For adults, this could be a normal part of a recent conversion experience.

There could be a number of factors contributing to these experiences. They may have had negative experiences with Christian authority figures and feel that the Christian faith was forced on them. They may have made an initial commitment to Christianity but have mixed feelings about fully committing their lives to Christ. They may have doubts about the Christian faith, which causes them to feel hesitant about fully committing their lives to God.

If any of this fits the experiences of the group as a whole, the most important thing they likely need is the space to process and decide what role, if any, they want their relationships with God to play in their lives. If there are negative experiences hindering their commitment, encourage the group to spend some time reflecting on them and talk to a friend or mentor about them.



POSITIVE SCALE

MEAN SCORES

1 = VERY FALSE OF ME

6 = VERY TRUE OF ME

SCALE SCORES

1-33 = STRUGGLING

34-66 = GROWING STEADILY

67-100 = THRIVING

IN-DEPTH ANALYSIS

DOMAIN

SCALE/DESCRIPTION

YOUR MEAN SCORE

YOUR SCALED SCORE [%]

5 / FORGIVENESS

The Forgiveness scale evaluates the degree to which individuals consistently experience forgiveness from God and the degree to which they forgive others who have hurt them in some way.

GROWING STEADILY

When it comes to forgiveness, the group as a whole is growing steadily. Their responses indicate that they experience a moderate sense of being forgiven by God, and that this helps them to forgive others who have hurt them. Their scores here suggest that they might struggle at times with feeling forgiven by God, and with forgiving others. This may show up in ruminating about perceived offenses, avoiding others who have hurt them, or seeking to hurt others who have hurt them. This is probably not a consistent pattern, but it could be a periodic struggle. When this occurs, encourage the group to consider being intentional about trying to understand others' perspectives, and actively processing the pain caused by others in order to not hold this against them.



POSITIVE SCALE

MEAN SCORES

1 = VERY FALSE OF ME

6 = VERY TRUE OF ME

SCALE SCORES

1-33 = STRUGGLING

34-66 = GROWING STEADILY

67-100 = THRIVING



SELF & OTHERS



IN-DEPTH ANALYSIS

DOMAIN

SCALE/DESCRIPTION

YOUR MEAN SCORE

YOUR SCALED SCORE [%]



SELF & OTHERS

6 / AGAPE LOVE

The Agape Love scale evaluates the degree to which individuals demonstrate Christ-like love and compassion for others.

GROWING STEADILY

The group as a whole is growing steadily in Agape Love, indicating that they do show love and compassion for others at times. However, their scores suggest that this may not be an ingrained part of their characters. They might struggle at times with attending to others' needs, although the seeds of a life of love are evident. Communicate to the group that it may be helpful to consider any ministries they are involved in with this in mind. Encourage reflection on how they typically respond to others' needs in situations that are out of their comfort zones, or painful. This will bring to the surface their motives in serving and loving others, and enable them to bring these issues before God.



POSITIVE SCALE

MEAN SCORES	1 = VERY FALSE OF ME	6 = VERY TRUE OF ME	
SCALE SCORES	1-33 = STRUGGLING	34-66 = GROWING STEADILY	67-100 = THRIVING



IN-DEPTH ANALYSIS

DOMAIN

SCALE/DESCRIPTION

YOUR MEAN SCORE

YOUR SCALED SCORE [%]



SELF & OTHERS

7 / SPIRITUAL SELF-AWARENESS

The Spiritual Self-Awareness scale evaluates the degree to which individuals are aware of their own limits and need for spiritual renewal.

GROWING STEADILY

The group as a whole is growing steadily in Spiritual Self-Awareness, suggesting that they are somewhat or inconsistently aware of their own limitations and their needs of spiritual renewal. Awareness of these things is important for maintaining a vibrant relationship with God, making them available to serve others.

They may at times be caught by surprise by their needs for spiritual renewal. At other times, they may feel dry and spent. It will be helpful to pay attention to the circumstances that make them feel these ways. In addition, it may be helpful to consider their attachment tendencies on the attachment to God, others, and community scales. This will help them better understand issues related to their self-awareness.



POSITIVE SCALE

MEAN SCORES

1 = VERY FALSE OF ME

6 = VERY TRUE OF ME

SCALE SCORES

● 1-33 = STRUGGLING

● 34-66 = GROWING STEADILY

● 67-100 = THRIVING

IN-DEPTH ANALYSIS

DOMAIN

SCALE/DESCRIPTION

YOUR MEAN SCORE

YOUR SCALED SCORE [%]



SELF & OTHERS

8 / SECURE CONNECTION TO GOD

The Secure Connection to God scale evaluates the degree to which individuals feel they can turn to God in times of distress, and trust that God will comfort and protect them.

GROWING STEADILY

The group as a whole is growing steadily in Secure Connection to God. At times they may feel comfortable exploring their thoughts and feelings about their relationships with God, but sometimes this may be difficult or they may find themselves uninterested in doing this. They may have difficulty articulating their current stories about what God is doing in their lives.

This suggests some measure of security in their connections to God; however, it may at times feel insecure or unstable. There may be a pattern of feeling more distant from God, or more anxious about God being there for them. However, this is not likely a pervasive experience for them.

Communicate that it may be helpful to consider their scores on the insecure attachment scales (Anxious and Distant, scales 9 and 10, respectively). If one of these patterns fits the experiences of the group more clearly, scales in these domains will likely be elevated (i.e., in the struggling category).



POSITIVE SCALE

MEAN SCORES	1 = VERY FALSE OF ME	6 = VERY TRUE OF ME	
SCALE SCORES	1-33 = STRUGGLING	34-66 = GROWING STEADILY	67-100 = THRIVING

IN-DEPTH ANALYSIS

DOMAIN	SCALE/DESCRIPTION	YOUR MEAN SCORE	YOUR SCALED SCORE [%]
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GOD

9 / ANXIOUS CONNECTION TO GOD [NEGATIVE SCALE]

The Anxious Connection to God scale evaluates the degree to which individuals worry that God is not reliable and will not be available for them in times of need or distress.

GROWING STEADILY

The group as a whole might experience some degree of unresolved painful emotions related to their relationship with God. They scored in the middle range for Anxious Connection to God. Remember, this scale is scored negatively, meaning the higher the score, the more anxious the connection to God. This may not be a major struggle for them, but it might an issue that arises periodically. They may experience negative feelings when they think about or discuss their relationships with God. This may at times hinder their ability to talk about their spiritual stories coherently and to learn from these conversations. This is a reflection of some underlying degree of anxiety about God not being reliable and available when they need Him.

Encourage the group to consider discussing this pattern with others who know them well. Processing unresolved negative feelings in their relationship with God with a spiritual mentor, friend, or therapist may be very helpful.



NEGATIVE SCALE

MEAN SCORES 1 = VERY FALSE OF ME 6 = VERY TRUE OF ME

SCALE SCORES ● 1-33 = THRIVING ● 34-66 = GROWING STEADILY ● 67-100 = STRUGGLING

IN-DEPTH ANALYSIS

DOMAIN	SCALE/DESCRIPTION	YOUR MEAN SCORE	YOUR SCALED SCORE [%]
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GOD

10 / DISTANT CONNECTION TO GOD [NEGATIVE SCALE]

The Distant Connection to God scale evaluates the degree to which individuals experience emotional distance from God, and avoid relying on God during difficult times.

GROWING STEADILY

The group as a whole may not experience or express a lot of emotion in their relationships with God, but they do feel some sense of connection to God. Their scores are in the middle range for Distant Connection to God. Remember, this scale is scored negatively, meaning the higher the score, the more distant the connection to God. This may not be a major struggle, but may be a recurring issue. They may shut down their needs for God and others during stressful or painful times, but usually maintain some sense of connection to God. This could hinder their ability to talk about their relationships with God in a way that others feel connected to their stories and to learn from these interactions.

Even if this is not a major issue, it may be helpful to encourage the group to consider discussing this pattern with others who know them well. Communicate that reflecting on their emotional responses to God in prayer, reading Scripture, and other spiritual practices may help strengthen their sense of emotional connection to God. If unresolved negative feelings toward God surface, processing them with a spiritual mentor, friend, or therapist will be helpful. Journaling can also be a helpful way to process these issues, and may be suggested.



NEGATIVE SCALE

MEAN SCORES 1 = VERY FALSE OF ME 6 = VERY TRUE OF ME

SCALE SCORES ● 1-33 = THRIVING ● 34-66 = GROWING STEADILY ● 67-100 = STRUGGLING



IN-DEPTH ANALYSIS

DOMAIN	SCALE/DESCRIPTION	YOUR MEAN SCORE	YOUR SCALED SCORE [%]
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GOD

11 / AWARENESS OF GOD

The Awareness of God scale evaluates the degree to which individuals have an awareness of God's presence, guidance, and direction in their life. This is one aspect of an overall sense of connecting to God in a direct way.

GROWING STEADILY

The group as a whole is growing steadily in their Awareness of God, indicating that at times they experience a sense of God's presence, guidance, and personal communication. However, they may struggle at times, not feeling a sense of God personally attending to them. Communicate that it may be helpful to reflect on how God is specifically working in and through their life stories to reveal themselves, and to transform them into Christ's image.



POSITIVE SCALE

MEAN SCORES	1 = VERY FALSE OF ME	6 = VERY TRUE OF ME	
SCALE SCORES	1-33 = STRUGGLING	34-66 = GROWING STEADILY	67-100 = THRIVING



IN-DEPTH ANALYSIS

DOMAIN	SCALE/DESCRIPTION	YOUR MEAN SCORE	YOUR SCALED SCORE [%]
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GOD

12 / INTIMACY WITH GOD

The Intimacy with God scale evaluates how close versus distant and dry individuals typically feel in their relationship with God.

GROWING STEADILY

People in this group are growing steadily in Intimacy with God, indicating that they do feel close to God at times, but it may not be a strong or consistent experience. They might be experiencing slow but steady spiritual growth during this period of their lives.



POSITIVE SCALE

MEAN SCORES 1 = VERY FALSE OF ME 6 = VERY TRUE OF ME

SCALE SCORES ● 1-33 = STRUGGLING ● 34-66 = GROWING STEADILY ● 67-100 = THRIVING



IN-DEPTH ANALYSIS

DOMAIN	SCALE/DESCRIPTION	YOUR MEAN SCORE	YOUR SCALED SCORE [%]
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GOD

13 / EXPERIENCING GOD IN PRAYER

The Experiencing God in Prayer scale evaluates the degree to which individuals experience a meaningful connection with God in prayer.

GROWING STEADILY

The group is growing steadily in Experiencing God in Prayer, suggesting that they generally feel some connection to God when they pray, but this experience may not be consistent. There may be times when they feel distant or disconnected from God when they pray, but this is not likely the most common experience they have. Let them know that it's important to continue seeking a close connection to God through prayer as they grow and develop in all the different areas of their lives. Encourage them to review feedback with respect to their Secure Connection to God (scale 8); this will help them better understand their experiences of God in prayer.



POSITIVE SCALE

MEAN SCORES	1 = NO CONNECTION	4 = STRONG CONNECTION	
SCALE SCORES	1-33 = STRUGGLING	34-66 = GROWING STEADILY	67-100 = THRIVING

IN-DEPTH ANALYSIS

DOMAIN	SCALE / DESCRIPTION	YOUR MEAN SCORE	YOUR SCALED SCORE [%]
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GOD

14 / EXPERIENCING GOD IN SPIRITUAL PRACTICES

The Experiencing God in Spiritual Practices scale evaluates the degree to which individuals experience a meaningful connection with God when engaging in spiritual practices.

GROWING STEADILY

The group as a whole is growing steadily in their Experience of God in Spiritual Practices, suggesting that they generally feel some connection, but this experience may not be consistent. There may be times when they feel distant or disconnected from God when they engage in spiritual practices, but this is not likely the most common experience they have. Remind the group that it's important to continue seeking a close connection to God through spiritual practices as they grow and develop in all the different areas of their lives. Instruct them to read their feedback on the Secure Connection to God scale (scale 8); this will help them better understand their experiences of spiritual practices.



POSITIVE SCALE

MEAN SCORES	1 = NO CONNECTION	4 = STRONG CONNECTION	
SCALE SCORES	1-33 = STRUGGLING	34-66 = GROWING STEADILY	67-100 = THRIVING



IN-DEPTH ANALYSIS

DOMAIN	SCALE/DESCRIPTION	YOUR MEAN SCORE	YOUR SCALED SCORE [%]
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GOD

15 / GRATITUDE

The Gratitude scale evaluates the degree to which individuals experience and express gratitude in their daily life.

GROWING STEADILY

People in this group are growing steadily in Gratitude, suggesting that they do feel and express gratitude to God, but this experience may not be consistent. There may be times when they feel bitter toward God, but this is not likely the most common experience they have. It's likely that, more often than not, they are not tuned in to their gratitude to God. It is important to continue developing gratitude as a way of life and as a way of seeing God's hand in everything.



POSITIVE SCALE

MEAN SCORES	1 = VERY FALSE OF ME	6 = VERY TRUE OF ME	
SCALE SCORES	1-33 = STRUGGLING	34-66 = GROWING STEADILY	67-100 = THRIVING

IN-DEPTH ANALYSIS

DOMAIN

SCALE/DESCRIPTION

YOUR MEAN SCORE

YOUR SCALED SCORE [%]



16 / SECURE CONNECTION TO COMMUNITY

This scale evaluates the degree to which you feel a secure connection to your spiritual community.

GROWING STEADILY

This group as a whole is growing steadily in Secure Connection to Community. At times they may feel comfortable exploring their thoughts and feelings about their spiritual communities; but sometimes this may be difficult or they may find themselves uninterested in doing this. This suggests some measure of security in their connections to community; but it may be that at times their connections feel insecure or unstable. There may be a pattern of feeling more distant from others at times, or more anxious about their communities being there for them. However, this is not likely a pervasive experience for them.

When they become distressed, they may tend toward anxious or distant attachment tendencies with respect to their spiritual communities. Most people will have similar experiences with God and others as they do in their communities. Communicate that it may be helpful to consider their scores on the insecure attachment to community scales (Anxious and Distant, scales 17 and 18 respectively). If one of these patterns fits the experiences of the group more clearly, scales in these domains will likely be elevated.



POSITIVE SCALE

MEAN SCORES	1 = VERY FALSE OF ME	6 = VERY TRUE OF ME	
SCALE SCORES	1-33 = STRUGGLING	34-66 = GROWING STEADILY	67-100 = THRIVING

SPIRITUAL
COMMUNITY

IN-DEPTH ANALYSIS

DOMAIN

SCALE/DESCRIPTION

YOUR MEAN SCORE

YOUR SCALED SCORE [%]



SPIRITUAL
COMMUNITY

17 / ANXIOUS CONNECTION TO COMMUNITY [NEGATIVE SCALE]

The Anxious Connection to Community scale evaluates the degree to which individuals struggle with painful emotions with respect to their spiritual community.

GROWING STEADILY

The group as a whole experiences some degree of unresolved painful emotions related to their spiritual communities. Remember, this scale is scored negatively, meaning the higher the score, the more anxious the connection to community. This may not be a major struggle, but is likely an ongoing issue. They may at times experience negative feelings when they think about or discuss their experiences with their spiritual communities. At times they may feel confused about their experiences of spiritual community, and have difficulty gaining new insights when they talk about them. This may reflect some underlying degree of anxiety about their spiritual community not being reliable and available when they need it. However, this is not likely to be a strong, consistent pattern.

Encourage the group to consider discussing this pattern with others who know them well. Processing unresolved negative feelings with a spiritual mentor, friend, or therapist may be very helpful.



NEGATIVE SCALE

MEAN SCORES 1 = VERY FALSE OF ME 6 = VERY TRUE OF ME

SCALE SCORES ● 1-33 = THRIVING ● 34-66 = GROWING STEADILY ● 67-100 = STRUGGLING

IN-DEPTH ANALYSIS

DOMAIN

SCALE/DESCRIPTION

YOUR MEAN SCORE

YOUR SCALED SCORE [%]



SPIRITUAL
COMMUNITY

18 / DISTANT CONNECTION TO COMMUNITY [NEGATIVE SCALE]

The Distant Connection to Community scale evaluates the degree to which individuals minimize the need for, and emotional connection to, a spiritual community.

GROWING STEADILY

There may be times when people in this group don't experience or express a lot of emotion in their relationships with their communities. Their scores are in the middle range of Distant Connection to Community. Remember, this scale is scored negatively, meaning the higher the score, the more distant the connection to community. This may not be a major struggle, but may occur from time to time. They may shut down their need for community during stressful or painful times, but usually maintain some sense of connection to their spiritual communities. This may sometimes affect their ability to make sense of their experiences with community, and to gain new insights about themselves when they reflect on these experiences.

Even if this is not a major issue, it may be helpful to encourage the group to consider discussing this pattern with others who know them well. Reflecting on their emotional responses, or lack thereof, to others may help strengthen their sense of emotional connection to themselves and their communities. If unresolved negative feelings toward certain people in their communities surface, processing them with a spiritual mentor, friend, or therapist will be helpful. Journaling can also be a helpful way to process these issues and should be suggested.



NEGATIVE SCALE

MEAN SCORES

1 = VERY FALSE OF ME

6 = VERY TRUE OF ME

SCALE SCORES

● 1-33 = THRIVING

● 34-66 = GROWING STEADILY

● 67-100 = STRUGGLING

IN-DEPTH ANALYSIS

DOMAIN

SCALE/DESCRIPTION

YOUR MEAN SCORE

YOUR SCALED SCORE [%]



19 / SPIRITUAL COMMUNITY INVOLVEMENT

The Spiritual Community Involvement scale evaluates the degree to which individuals are actively involved in and feel a sense of belonging to a spiritual community.

GROWING STEADILY

The group as a whole is growing steadily in their involvement with spiritual community. They feel a moderate sense of belonging to their spiritual communities, and are likely involved in them. However, their involvement or sense of belonging may fluctuate somewhat. It's likely that they have several relationships that serve as an ongoing source of encouragement, support, and challenge. However, they might feel that their spiritual mentoring relationships or friendships are not strong enough to support their spiritual growth. Communicate to the group that it may be helpful to consider the degree of spiritual support they experience in their spiritual community, and to intentionally foster spiritually supportive relationships.

SPIRITUAL
COMMUNITY



POSITIVE SCALE

MEAN SCORES	1 = VERY FALSE OF ME	6 = VERY TRUE OF ME	
SCALE SCORES	1-33 = STRUGGLING	34-66 = GROWING STEADILY	67-100 = THRIVING



IN-DEPTH ANALYSIS

DOMAIN

SCALE/DESCRIPTION

YOUR MEAN SCORE

YOUR SCALED SCORE [%]



20 / SPIRITUAL FRIENDSHIP

The Spiritual Friendship scale evaluates the degree to which individuals have spiritual mentoring or friendship relationships that encourage their spiritual growth.

GROWING STEADILY

The group as a whole is growing steadily in Spiritual Friendships, indicating that they likely have a relationship with a spiritual mentor or friend that focuses on helping them grow spiritually. They may have several relationships that serve as an ongoing source of encouragement, support, and challenge. However, they may at times feel that these relationships are not strong enough to sustain their spiritual growth. Communicate to the group that it may be helpful to consider the degree of spiritual support they experience in their close relationships, and to intentionally foster spiritually focused relationships.

SPIRITUAL
COMMUNITY



POSITIVE SCALE

MEAN SCORES	1 = VERY FALSE OF ME	6 = VERY TRUE OF ME	
SCALE SCORES	1-33 = STRUGGLING	34-66 = GROWING STEADILY	67-100 = THRIVING



IN-DEPTH ANALYSIS

DOMAIN

SCALE/DESCRIPTION

YOUR MEAN SCORE

YOUR SCALED SCORE [%]



21 / CHRIST-CENTEREDNESS

The Christ-centeredness scale evaluates the degree to which people's lives are centered around their relationship with God.

GROWING STEADILY

The group as a whole is growing steadily in Christ-centeredness. They are likely involved in some of the foundational aspects of the Christian life. Their scores suggest that they typically spend time with God at least periodically, have some ongoing involvement in a spiritual community and various ways of serving others. However, some of these habits may be inconsistent. Communicate to the group that it may be helpful to reflect on how ingrained these various practices are, and select one or two to focus on developing them further.

SPIRITUAL
PRACTICES



POSITIVE SCALE

MEAN SCORES

1 = VERY FALSE OF ME

6 = VERY TRUE OF ME

SCALE SCORES

● 1-33 = STRUGGLING

● 34-66 = GROWING STEADILY

● 67-100 = THRIVING



IN-DEPTH ANALYSIS

DOMAIN

SCALE / DESCRIPTION

YOUR MEAN SCORE

YOUR SCALED SCORE [%]



SPIRITUAL PRACTICES

22 / PRAYER FREQUENCY

The Prayer Frequency scale evaluates how consistently individuals engage in prayer.

GROWING STEADILY

The group as a whole is growing steadily in Prayer Frequency, suggesting that prayer is an important part of their lives. In general, they tend to be motivated to pray, although this is not always consistent. Their spiritual lives would benefit from focused attention on prayer.

Everyone struggles with prayer at times. When we do, it's important to remember that God isn't interested in condemning us for not praying enough; there is no condemnation for those who are in Christ Jesus (Romans 8:1). God lovingly invites us into an ongoing, and very personal relationship with Him. Prayer is one of the main ways we maintain and develop our relationship with God. While God invites us to pray, and continues to work in our hearts through the Holy Spirit, it's still important to put effort into connecting to God through prayer, even when it's difficult at times. Ensure that the group is encouraged to develop an even closer relationship with God through prayer. Ask the group to think about how often they pray in light of the degree to which they experience connection to God in prayer (scale 13). This will help them better understand their prayer lives.



POSITIVE SCALE

MEAN SCORES

1 = NEVER

7 = MORE THAN ONCE DAILY

SCALE SCORES

1-33 = STRUGGLING

34-66 = GROWING STEADILY

67-100 = THRIVING

Ensure that the group is encouraged to develop an even closer relationship with God through prayer. Ask the group to think about how often they pray in light of the degree to which they experience connection to God in prayer (scale 13). This will help them better understand their prayer lives.



IN-DEPTH ANALYSIS

DOMAIN

SCALE/DESCRIPTION

YOUR MEAN SCORE

YOUR SCALED SCORE [%]



23 / SPIRITUAL PRACTICES FREQUENCY

The Spiritual Practices Frequency scale evaluates how consistently individuals engage in spiritual practices.

GROWING STEADILY

Spiritual practices (e.g., worship, reading Scripture, fellowship, prayer) for people in this group are an important, but inconsistent, part of life. Their spiritual lives would still benefit from focused attention on spiritual practices. Everyone struggles with engaging in spiritual practices at times. Communicate to the group that when we do, it is important to remember that spiritual practices are not about checking off an obligation on a list, but they are more like training. They shape our character so that we can live for Christ more fully and enjoy our relationship with Him more. While God invites us to read the Bible, engage in fellowship with other Christians, and worship Him (among other spiritual practices), and works through these practices, it's still important to do our part in engaging in spiritual practices to the extent we are able. Ensure that the group is encouraged to develop an even closer relationship with God through spiritual practices.

SPIRITUAL PRACTICES



POSITIVE SCALE

MEAN SCORES

1 = NEVER

7 = MORE THAN ONCE DAILY

SCALE SCORES

1-33 = STRUGGLING

34-66 = GROWING STEADILY

67-100 = THRIVING

Ensure that the group is encouraged to develop an even closer relationship with God through spiritual practices.



IN-DEPTH ANALYSIS

DOMAIN

SCALE/DESCRIPTION

YOUR MEAN SCORE

YOUR SCALED SCORE [%]



24 / USE OF MEDIA

The Use of Media scale evaluates the degree to which individuals make decisions about their use of media based on its spiritual impact.

GROWING STEADILY

The group as a whole is growing steadily when it comes to Use of Media, meaning that they sometimes consider how their use of technology and social media (to the extent that they use them) impact their spiritual lives. Maybe they have some general guidelines for themselves, but they may not be well developed and they may not practice them consistently. Let the group know that it may be helpful to spend some more focused time reflecting on how their media use impacts their spiritual lives and articulating more clear guidelines for how they will use media. They may want to discuss this with friends or mentors and get their input on what has helped them to manage their media use.

SPIRITUAL
PRACTICES



POSITIVE SCALE

MEAN SCORES	1 = VERY FALSE OF ME	6 = VERY TRUE OF ME	
SCALE SCORES	1-33 = STRUGGLING	34-66 = GROWING STEADILY	67-100 = THRIVING



IN-DEPTH ANALYSIS

DOMAIN

SCALE/DESCRIPTION

YOUR MEAN SCORE

YOUR SCALED SCORE [%]



SPIRITUAL
PRACTICES

25 / TRANSFORMATIONAL SUFFERING

The Transformational Suffering scale evaluates the degree to which individuals remain open to God's work during trials and times of suffering.

GROWING STEADILY

The group is growing steadily when it comes to Transformational Suffering. Their scores indicate that at times their relationship with God grows deeper as a result of suffering; however, this may not be a consistent pattern in their lives. There may be times when trials and suffering cause them to withdraw from God and/or hold on to bitterness. It may be helpful to reflect on how they typically respond to suffering. Encourage the group to consider reflecting on these experiences with God and seek out several spiritual mentors or friends to assist them in opening themselves to God more deeply during painful times.



POSITIVE SCALE

MEAN SCORES	1 = VERY FALSE OF ME	6 = VERY TRUE OF ME	
SCALE SCORES	1-33 = STRUGGLING	34-66 = GROWING STEADILY	67-100 = THRIVING



IN-DEPTH ANALYSIS

DOMAIN

SCALE/DESCRIPTION

YOUR MEAN SCORE

YOUR SCALED SCORE [%]



SPIRITUAL PRACTICES

26 / SPIRITUAL OPENNESS

The Spiritual Openness scale evaluates the degree to which individuals are open to different perspectives on their faith, and to working through doubts about their faith.

GROWING STEADILY

The group is growing steadily in Spiritual Openness. Their scores indicate that at times they are open to different perspectives on their faith and their growth processes. However, at times they may find it difficult to be open to other viewpoints. They may not actively deny doubts, but may not actively process them either. These doubts may include logical beliefs about God, but they may also include ?gut-level? beliefs about themselves in relation to God and others. Ask the group to consider reflecting on any doubts they may have and bringing these to God in prayer. In addition, communicate to the group that it may be helpful to observe how they naturally respond to different viewpoints about God and spirituality.



POSITIVE SCALE

MEAN SCORES	1 = VERY FALSE OF ME	6 = VERY TRUE OF ME	
SCALE SCORES	1-33 = STRUGGLING	34-66 = GROWING STEADILY	67-100 = THRIVING



IN-DEPTH ANALYSIS

DOMAIN

SCALE / DESCRIPTION

YOUR MEAN SCORE

YOUR SCALED SCORE [%]



SPIRITUAL
PRACTICES

27 / POSITIVE SPIRITUAL COPING

The Positive Spiritual Coping scale evaluates the degree to which individuals cope with difficulties in a healthy way by staying connected to God.

GROWING STEADILY

People in this group are growing steadily in Positive Spiritual Coping, and this suggests that the way they cope with difficulties sometimes has a positive impact on their spiritual lives; however, this may not be a consistent pattern in their lives. They might sometimes cope with trials by drawing closer to God through prayer, trying to turn their situations over to God while still doing their part, or turning to God for comfort and guidance. But because this is not consistent for them, it may be helpful to encourage reflection on how they typically cope with life difficulties. Ask the group to consider processing these experiences with God and seek out several spiritual mentors or friends to assist them in opening themselves to God more deeply during painful times.



POSITIVE SCALE

MEAN SCORES	1 = VERY FALSE OF ME	6 = VERY TRUE OF ME	
SCALE SCORES	1-33 = STRUGGLING	34-66 = GROWING STEADILY	67-100 = THRIVING



IN-DEPTH ANALYSIS

DOMAIN

SCALE/DESCRIPTION

YOUR MEAN SCORE

YOUR SCALED SCORE [%]



SPIRITUAL
PRACTICES

28 / NEGATIVE SPIRITUAL COPING (NEGATIVE SCALE)

The Negative Spiritual Coping scale evaluates the degree to which the way individuals cope with trials has a negative impact on their spiritual life.

GROWING STEADILY

People in this group sometimes cope with difficulties in a way that has a negative impact on their spiritual lives. This may not be true all the time, but there may be times when trials and suffering cause them to withdraw from God and/or hold on to bitterness. Remember, this scale is scored negatively, so the higher the score, the more negative the approach to spiritual coping. It may be helpful to reflect on how they typically cope with life difficulties. They may consider processing these experiences with God and seek out spiritual mentors or friends to assist them in opening themselves to God more deeply during painful times.



NEGATIVE SCALE

MEAN SCORES

1 = VERY FALSE OF ME

6 = VERY TRUE OF ME

SCALE SCORES

● 1-33 = THRIVING

● 34-66 = GROWING STEADILY

● 67-100 = STRUGGLING

IN-DEPTH ANALYSIS

DOMAIN

SCALE/DESCRIPTION

YOUR MEAN SCORE

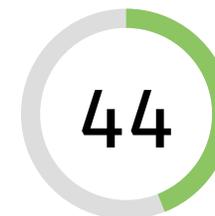
YOUR SCALED SCORE [%]

29 / SPIRITUAL PERSPECTIVE

The Spiritual Perspective scale evaluates the degree to which individuals view their daily life through a spiritual lens.

GROWING STEADILY

The group as a whole is growing steadily in Spiritual Perspective. That means that they sometimes see life through a spiritual lens; however, this has not yet become a consistent way of processing relationships and life events. They likely desire to depend on God and follow his agenda for their lives; however, at times their natural responses to events and relationships don't factor in a broader spiritual perspective. The beginnings of a spiritual perspective on life are evident and that's a great thing. Remind the group that people's perspectives can often be clearly seen through trials. Ask them to reflect on how they have responded to recent trials in their lives in light of the degree to which they intentionally processed how God was working. As events unfold in their lives, encourage them to consider developing the habit of intentionally reflecting on their initial responses, their deeply held values that are revealed in their responses, how these compare to the spiritual values they are striving to live out, and how God is working in and through the events and relationships in their lives.



POSITIVE SCALE

MEAN SCORES

1 = VERY FALSE OF ME

6 = VERY TRUE OF ME

SCALE SCORES

1-33 = STRUGGLING

34-66 = GROWING STEADILY

67-100 = THRIVING



GOD'S KINGDOM



IN-DEPTH ANALYSIS

DOMAIN

SCALE/DESCRIPTION

YOUR MEAN SCORE

YOUR SCALED SCORE [%]



GOD'S KINGDOM

30 / SPIRITUAL MEANING

The Spiritual Meaning scale evaluates the degree to which individuals feel a sense of meaning and purpose in life derived from their relationship with God.

GROWING STEADILY

The group as a whole is growing steadily in Spiritual Meaning, suggesting that sometimes they experience a sense of meaning and purpose in their lives; yet this may be inconsistent or unclear. This may result from a number of factors, such as inconsistent involvement in a spiritual community, or lack of a clear sense of God's specific direction for them at this stage in their lives. It may be helpful to encourage the group to reflect on how God is specifically working in their lives. Others with scores in this range typically benefit from an intentional focus on this area.



POSITIVE SCALE

MEAN SCORES	1 = VERY FALSE OF ME	6 = VERY TRUE OF ME	
SCALE SCORES	1-33 = STRUGGLING	34-66 = GROWING STEADILY	67-100 = THRIVING



IN-DEPTH ANALYSIS

DOMAIN

SCALE / DESCRIPTION

YOUR MEAN SCORE

YOUR SCALED SCORE [%]



GOD'S KINGDOM

31 / SERVICE TO LOCAL CHURCH

The Service to the Local Church scale measures the degree to which individuals are involved in serving others within their local church.

GROWING STEADILY

The group as a whole is growing steadily in Service to the Local Church. Their scores indicate that they are likely involved in serving others in their local churches in some way. This may involve volunteering their time, helping people with emotional and physical needs, or serving in a variety of other ways. Their scores suggest they're engaged in some level of service within the local church, but this may not be a core commitment. Communicate to the group that it may be helpful to reflect on the types of service they are involved in, how these fit their senses of calling, and the degree to which they are devoted to serving others.



POSITIVE SCALE

MEAN SCORES

1 = VERY FALSE OF ME

6 = VERY TRUE OF ME

SCALE SCORES

1-33 = STRUGGLING

34-66 = GROWING STEADILY

67-100 = THRIVING

IN-DEPTH ANALYSIS

DOMAIN

SCALE/DESCRIPTION

YOUR MEAN SCORE

YOUR SCALED SCORE [%]



GOD'S KINGDOM

32 / SERVICE OUTSIDE LOCAL CHURCH

The Service Outside the Local Church scale measures the degree to which individuals are involved in serving others outside the context of their local church.

GROWING STEADILY

The group as a whole is growing steadily in Service Outside the Local Church. This may involve volunteering their time in their local communities, helping people with emotional and physical needs, or serving in a variety of other ways. However, this may not be a core commitment for them. They may not be intentional about using their time and talents to serve in a broader context than their local churches. Ask the group to reflect on the types of service they are involved in, how these fit their senses of calling, and the degree to which they are devoted to serving others in general.



POSITIVE SCALE

MEAN SCORES	1 = VERY FALSE OF ME	6 = VERY TRUE OF ME	
SCALE SCORES	1-33 = STRUGGLING	34-66 = GROWING STEADILY	67-100 = THRIVING



IN-DEPTH ANALYSIS

DOMAIN

SCALE/DESCRIPTION

YOUR MEAN SCORE

YOUR SCALED SCORE [%]



GOD'S KINGDOM

33 / EVANGELISM

The Evangelism scale assesses the degree to which individuals are sensitive to God's leading in sharing their faith and supporting world missions.

GROWING STEADILY

The group as a whole is growing steadily in Evangelism, indicating that they are involved in sharing their faith with others to some extent, but probably not in an intentional way. It's likely that they have some awareness of the world missions movement but aren't consistently involved in supporting it. Ask the group to consider their current patterns of evangelism and involvement in world missions.



POSITIVE SCALE

MEAN SCORES	1 = VERY FALSE OF ME	6 = VERY TRUE OF ME	
SCALE SCORES	1-33 = STRUGGLING	34-66 = GROWING STEADILY	67-100 = THRIVING