

Reading transforms your brain



Expands empathy



Improves focus



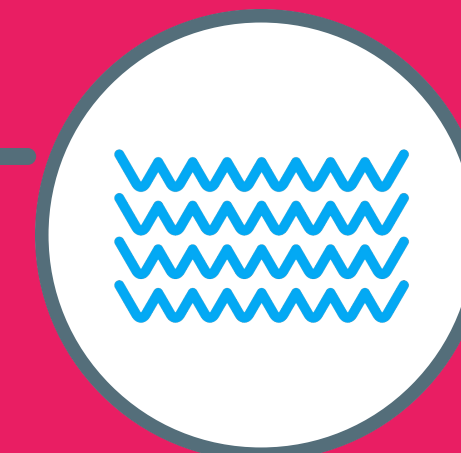
Develops critical thinking



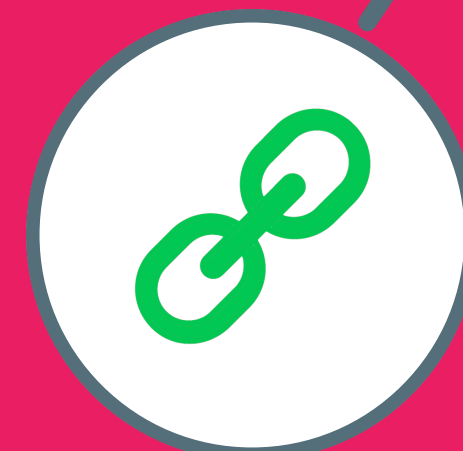
Enhances vocabulary



Heightens creativity



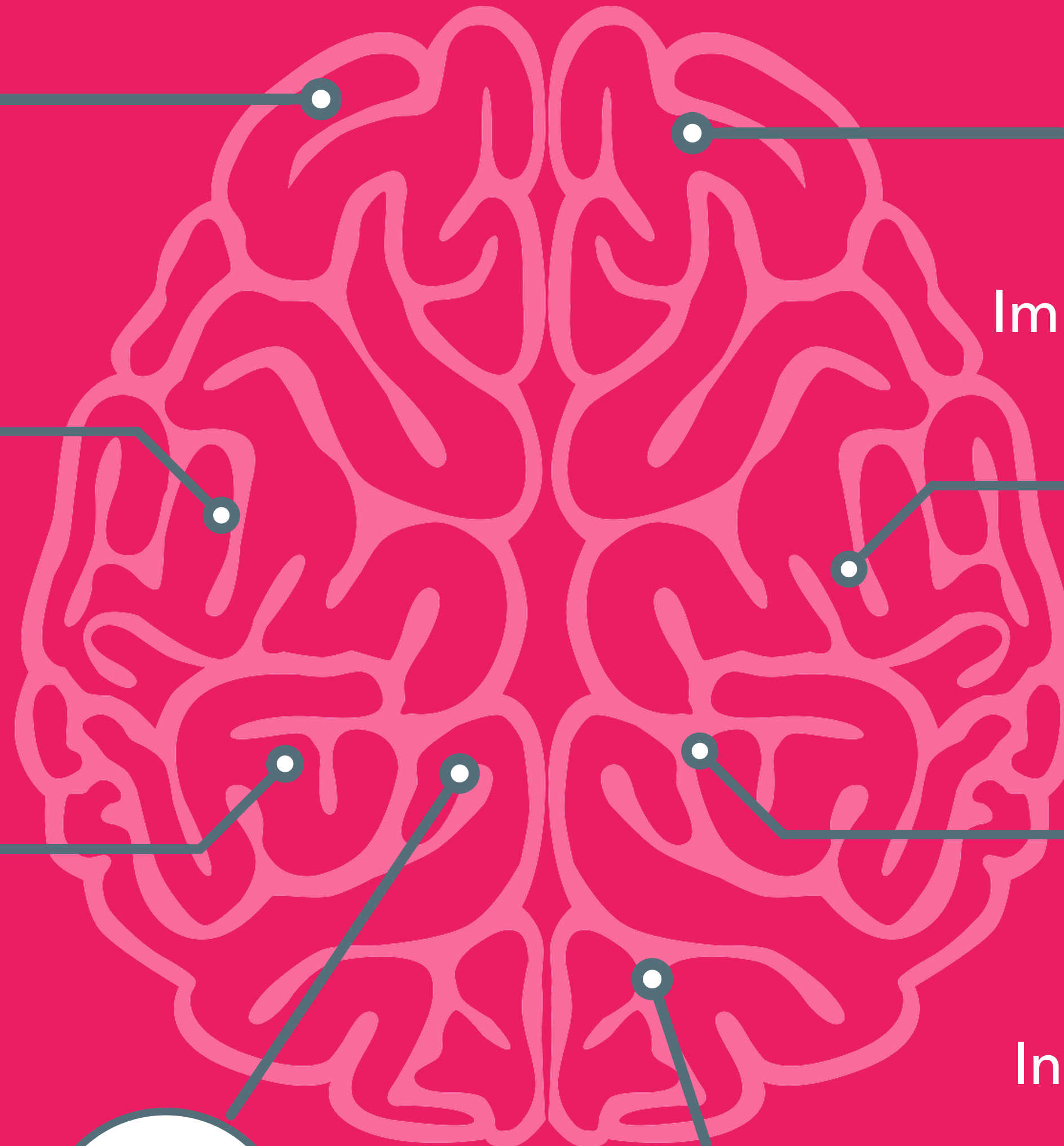
Increases white matter



Improves brain connections



Builds content knowledge

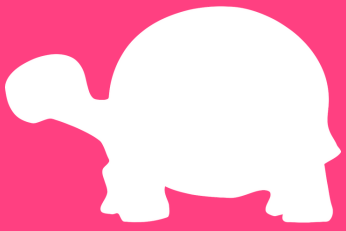




Actively Learn

GUIDE TO CLOSE READING

**1. LIMIT
DISTRACTIONS**



2. TAKE YOUR TIME

3. MONOTASK



**4. THINK ABOUT
WHAT YOU READ**

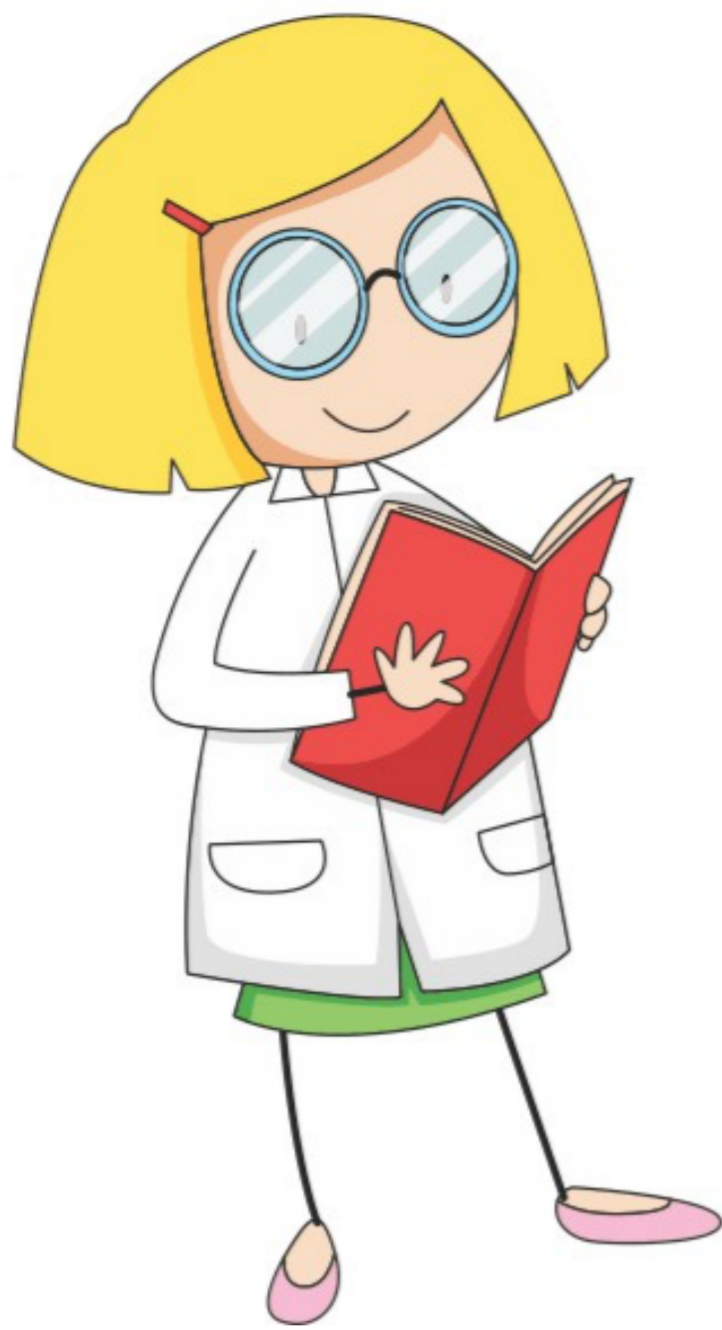
**5. TAKE NOTES AS
YOU READ**



**6. READ FOR AT LEAST
15-30 MIN. AT A TIME**

**7. DISCUSS WHAT
YOU READ**





THINK LIKE A SCIENTIST

Correlation or causation?

What questions weren't answered?

Is the sample size valid?

Is this research biased?

Do the results support the conclusions?

Other explanations for the results?

How to Read Like a Historian



WHAT IS THE AUTHOR'S BIAS?

WHO IS THE AUDIENCE?

**WHAT IS THE AUTHOR TRYING TO
TELL THE AUDIENCE?**

**WHAT DOES THE TEXT TELL ME
ABOUT THE TIME PERIOD?**

**HOW DOES THIS TEXT RELATE TO
OTHER EVIDENCE?**



Actively Learn