

MASTER OF HIS DESTINY, JEFFREY SEGAL FOLLOWS INNER VOICE TO ACHIEVE TRANSFORMATION THROUGH 'MYSTIC JOURNEY' WITH CRYSTALS

INTERVIEW BY ERIC MARLEY

Personal transformations can produce startling revelations. The seemingly surprising metamorphosis Jeffrey Segal experienced took him from jurisprudence to crystallography. It was surprising for everyone but Jeffrey. To him this was a natural result of following his inner voice. That did not mean he proceeded blindly. He knew that to achieve a personal transformation, he had to clearly define the new reality he wanted to create. By remaining grateful for his past accomplishments, he possessed confidence to leave the security he had known, and move on to make new things happen. This culminated with his opening *Mystic Journey Crystals*, in Venice, California. In a fascinating conversation with *Face the Current*, Jeffrey elaborates on the mindset that allowed him to follow his passions, leaving one's comfort zone to explore new opportunities and how to unleash the incredible power contained crystals.





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Eric Marley: You went from being an attorney and 27 years of practicing law to opening Mystic Journey Crystals, a high-end gallery in Venice, California. Synchronicity after synchronicity seemed to have facilitated your dreams and transformed your whole lifestyle. What habits, decisions or mindset did you possess to enable such interesting events?

Jeffrey Segal: I was open. And I listened to my intuition, my inner voice. I am a triple Capricorn, meaning that my sun sign, my moon sign and my rising sign are all Capricorn. This makes me very

“earthy” as Capricorn is an earth sign. (No wonder I’m involved with crystals from the earth!) But knowing this, and acknowledging years ago that I wasn’t very intuitive, I worked on developing my intuition, making it better, stronger, more accurate. For me, this involved paying attention to what was happening around me and in my life, and listening, closely, to my Inner Voice. When a thought came into my mind, I heard it, and followed it if I felt it resonate with me. I feel that synchronicities happen all the time- but most miss them. By seeing or hearing them, acknowledging them, and expressing gratitude for them, they then “seem”

to happen more often. They don’t, but we become more aware they are happening. Then when we follow through on them, the cycle continues and grows.

EM: Like many people, you seem to have felt called to leave your law practice and pursue something closer to your heart. Yet, it took decades – and life-threatening illnesses – before you decided enough was enough. Why do you believe so many people share in this desire to change their path, yet resist this calling until provoked by some drastic event in their life?



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JS: Security is number one. The security of one’s stable life, one’s job title that gives status, one’s financial situation and regular revenue stream. This factor, when combined with fear factor number 1A: Fear of change, the unknown, and fear of losing all those things that are certain, work to keep one locked in place. It is very, very hard to truly follow what are the oft-repeated spiritual principles and “trust the Universe” and “let go, live in the present and don’t worry about or focus on the outcome.” Unless one has had experiences that allows them to do this, it’s extremely difficult to basically have blind faith; blind faith that all

will be ok if they make a change in their life path. One thing I’ve been taught, and followed, and then experienced, is to take small steps to building faith. At first, one’s faith is “blind.” But if one tries a small thing, one with little risk, and Universe responds and all is ok, then the person builds faith that the Universe is there to support them. So they try again, and this time their act is not totally based on “blind” faith. There is some “evidence” the Universe will support them. If this time the Universe responds again, the faith becomes deeper. This again cycles upward until one is confident that they will be ok if they take a risk

such as a major path change. But that first step, is very scary, very challenging. So people wait until pushed, and if they wait too long, the push is a shove, or like with me, a kick in the rear!

EM: You’ve attributed your life altering changes to an “Order” to which you belonged, revealing how “It changed everything. The teachings I received from them over the course of 20 years shaped me, my worldview, and my life philosophy. Those teachings gave me the foundation for all my abilities to manifest what I wanted...” Can



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you share a philosophy you gained from this experience that was particularly impactful for you? What was the teaching most central to your success?

JS: At a core level, I firmly believe that everything is One. If we drill down to the smallest piece of matter that exists in the universe, it is the building block for everything. And I believe in this one thing that is “Everything,” what I call the One Life, or the One Force, or what many call God. Given this, I also believe that because everything, at its smallest core level is “God” we are also God. We are here as

“God” to experience this plane of existence. I also believe, that life is good. I do not believe that we are here to suffer. We are here to be challenged, that is what makes us grow, takes us forward, and upward on The Path, the path of spiritual and personal evolution. I believe that these challenges allow us, and thus God, to experience more and different things that will eventually allow us, on this plane, to experience who we truly are, God, on a different plane. Finally, and on a completely different note, I have learned that there are certain laws, or rules that exist on, and guide or control our physical plane of existence, and that

included in these laws are some we can learn which will help us to direct the flow of energy and thereby assist us in manifesting what we desire.

EM: To what do you ascribe the power of crystals? Do you believe everyone should learn to work with them?

JS: Crystals can be directors of energy. Energy is vibration. All matter at its core is very small particles vibrating. Crystals can enhance and direct this vibration, or energy. We use energy in an infinite variety of ways, and crystals can assist in those uses. As to whether people



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should learn to work with them, that is a completely individual thing. If it resonates, yes; if not, no. It's no different than anything else.

EM: You've said "It is important to honor and respect the crystals we are entrusted with and in return, give the Earth gratitude for the beautiful stones." How does one show honor and respect to a special stone, and how might a person give the Earth gratitude – both for crystals and the Earth in

general?

JS: Treat the stone with love and respect as you would any living thing. The crystals are "living;" the energy that comprises them is moving. It's just on a different level than what most normally consider as "living." But treat the crystals the same as anything in the human, animal or vegetable kingdom. By loving the crystals and the earth, blessing them, cleaning them, appreciating them, we show our gratitude in the deepest way possible.

EM: What's the most important 'gift' that your work with crystals has brought to you?

JS: My answer is two-fold. First, crystals have brought me a new life, new friends, and new experiences. They have grown and evolved me. I can now say something that I could not say as an attorney: I love what I do. Second, one of the modalities I used as part of my cancer healing process was Pranic Healing. In this, a crystal wand was used to direct energies to assist



in my healing. I could actually feel the energy as it coursed through portions of my body as directed by this crystal wand. In this way, I would say that I experienced a “gift” from the assistance of that crystal wand.

EM: Most of your crystals are larger specimens. Some are very large- up to 8 feet across! Do your clients for crystals of this size report any interesting phenomenon once they’re home? What would you advise for someone who feels

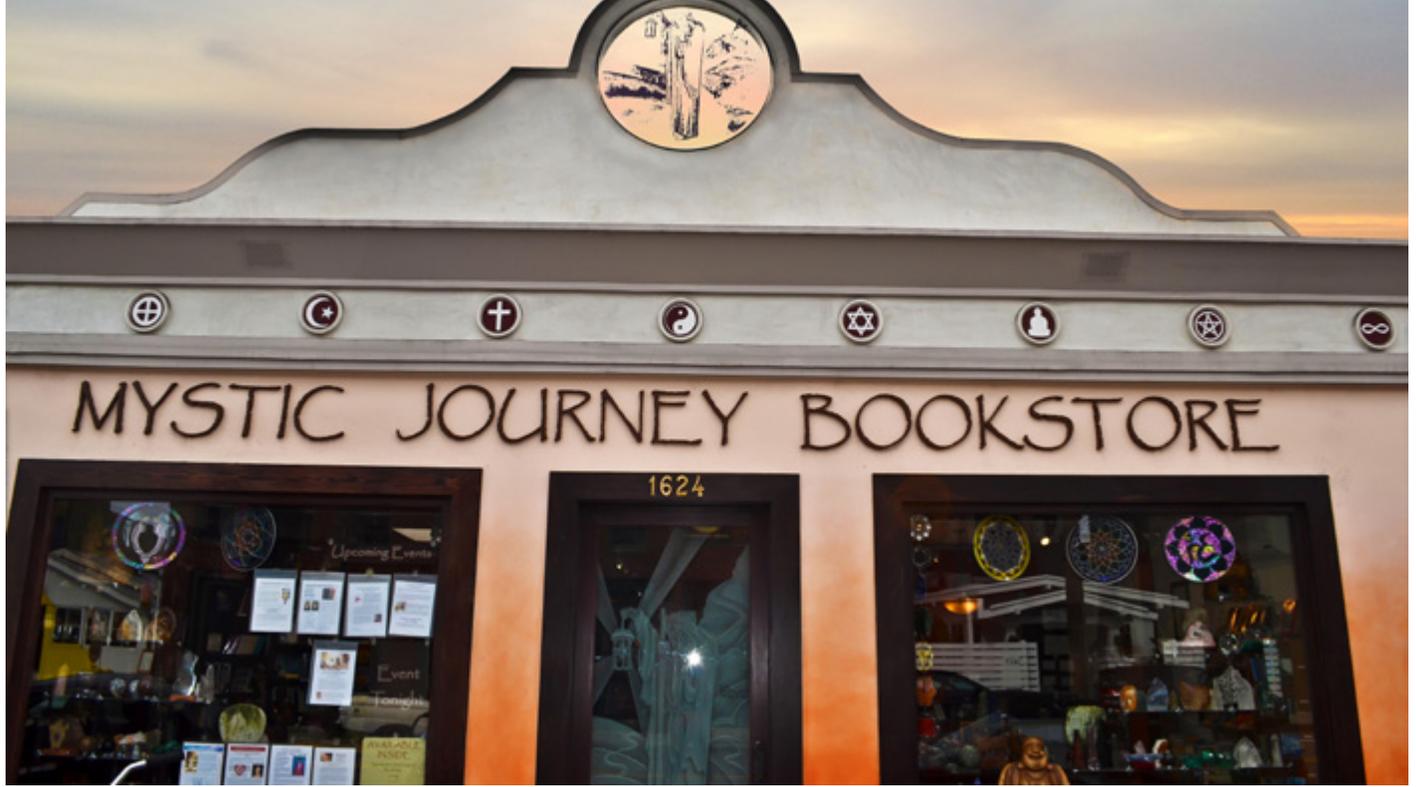
like they’d like to carry a much smaller one with them all the time?

JS: Some of the crystals are upwards of 7-8 feet tall, and others a few feet across. But to answer your questions, no, we have not had any such reports relating to the large crystals. As for keeping a small crystal at one’s side on a regular basis, I would certainly encourage that if a person feels so inclined. If one is open to receiving the energetic vibrations of the crystals, then keeping it with them

can allow them to more frequently and more strongly receive those vibrations.

EM: In addition to crystals, your store carries some amazing artwork. Some of it has aspects of indigenous spirituality to it (Lindsay Carron’s breathtaking work, for example). What would you say to someone concerned with cultural misappropriation?

JS: I find this an odd question. I



wasn't sure of the meaning of "cultural appropriation" so I looked it up. Here are two definitions I found:

**Cultural appropriation, often framed as cultural misappropriation, is a concept in sociology dealing with the adoption of the elements of a minority culture by members of the dominant culture. It is distinguished from equal cultural exchange due to the presence of a colonial element and imbalance of power.*

**The act of taking or using things from a culture that is not your own, especially*

without showing that you understand or respect this culture: Some see his use of African music as cultural appropriation.

As I write this answer, what comes to my mind is this: Why is anyone possessive about his or her cultural heritage. Why wouldn't a culture want another culture to incorporate it into theirs unless it is being manipulated to a bad or harmful purpose? To say "It's not his, or hers or theirs, so they can't use it" seems strange, and again, possessive to me. For me, it's more about how something is being used than the

fact of using it. Maybe I'm not in the majority on this, but it's what comes to mind thinking about it now.

EM: You are very involved with each and every stone that makes its way to your store. Why is this important to you?

JS: I care deeply about all I do. I take great care in what I think, what I say, and the actions I take. This is at the core of my engagement with life; a core philosophy of mine. It really goes with the answers to the first question of this interview. My work



with the crystals is no different. I think that by taking such care, paying such attention to all details in life, has made me, and will make anyone who does this, have what might generally be said as a “more successful” and “happier” life.

EM: What are some of the most valuable things you’ve learned in your travels to the mines and stone-cutters of Central and South America?

JS: The people of Brazil and Uruguay, at least the ones I’ve met, are

wonderful people, full of love and life, and they love and care about their stones. They truly enjoy them, and their work with them. Oh, and Brazilians and Uruguayans eat a lot of meat!

EM: How would one use a crystal to assist in self-transformation, and where do you advise people to go to learn more about how to use them?

JS: This is a very personal and individual question. There is no single answer. I would advise them to read,

both books, and online articles, and then “feel;” feel what seems right to them, what is aligned with them, what resonates with them. Work with, and use of crystals for any purpose, like moving energy, is a something that can only be experienced and described by the person doing it, and as every individual is unique, so will their work with crystals be unique.

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