

<p><u>Reception</u></p>	<p>Health and Wellbeing > Healthy Lifestyles Lead lesson 1 with related activities and enhancements: Move your body Lead lesson 2 with related activities and enhancements: A good night's sleep Lead lesson 3 with related activities and enhancements: Scrummy snacks Lead lesson 4 with related activities and enhancements: Sleepover Lead lesson 5 with related activities and enhancements: Hold on Harold! Lead lesson 6 with related activities and enhancements: I'm sad sometimes</p>								
<p><u>Year 1</u></p>	<p>Health and Wellbeing > Healthy Lifestyles Eat well Our feelings Harold's wash and brush up Catch it! Bin it! Kill it! I can eat a rainbow Healthy me Super sleep</p>	<p>Health and Wellbeing > Keeping Safe Harold loses Geoffrey Who can help? (1) Harold's school rules What could Harold do?</p>	<p>Health and Wellbeing > Growing and Changing Harold learns to ride his bike Then and now Inside my wonderful body! Keeping privates private</p>	<p>Relationships > Healthy Relationships Surprises and secrets Good or bad touches? Unkind, tease or bully? Who can help? (2) How are you listening? Pass on the praise!</p>	<p>Relationships > Feelings and Emotions Thinking about feelings Harold has a bad day Who are our special people? Feelings and bodies</p>	<p>Relationships > Valuing Difference It's not fair! Good friends Same or Different?</p>	<p>Living in the Wider World > Rules, Rights and Responsibilities Why we have classroom rules Taking care of something Our special people balloons</p>	<p>Living in the Wider World > Caring for the Environment Around and about the school</p>	<p>Living in the Wider World > Money Harold's money How should we look after our money?</p>
<p><u>Year 2</u></p>	<p>Health and Wellbeing > Healthy Lifestyles Harold's bathroom Harold's postcard -</p>	<p>Health and Wellbeing > Keeping Safe How safe would you feel? What should Harold say?</p>	<p>Health and Wellbeing > Growing and Changing You can do it! Sam moves house Haven't you</p>	<p>Relationships > Healthy Relationships Should I tell? Solve the problem A helping hand</p>	<p>Relationships > Feelings and Emotions How are you feeling today? How do we make others feel?</p>	<p>Relationships > Valuing Difference An act of kindness What makes us who we are?</p>	<p>Living in the Wider World > Rules, Rights and Responsibilities Our ideal classroom (1) Our ideal classroom (2)</p>	<p>Living in the Wider World > Caring for the Environment How can we look after our environment?</p>	<p>Living in the Wider World > Money Harold saves for something special</p>

	<p>helping us to keep clean and healthy</p> <p>My body needs...</p> <p>What does my body do?</p>	Harold's picnic	grown!	<p>I don't like that!</p> <p>Bullying or teasing?</p> <p>Don't do that!</p> <p>Types of bullying</p>	<p>My special people</p> <p>Being a good friend</p> <p>Let's all be happy!</p>		<p>When I feel like erupting</p> <p>When someone is feeling left out</p> <p>Getting on with others</p>		Harold goes camping
<u>Year 3</u>	<p>Health and Wellbeing > Healthy Lifestyles</p> <p>Derek cooks dinner! (healthy eating)</p> <p>Poorly Harold</p> <p>Body team work</p>	<p>Health and Wellbeing > Keeping Safe</p> <p>The Risk Robot</p> <p>Safe or unsafe?</p> <p>Helping each other to stay safe</p> <p>Getting on with your nerves!</p> <p>Alcohol and cigarettes: the facts</p> <p>Help or harm?</p> <p>None of your business!</p> <p>Raisin challenge (1)</p>	<p>Health and Wellbeing > Growing and Changing</p> <p>My special pet</p> <p>Top talents</p> <p>I am fantastic!</p>	<p>Relationships > Healthy Relationships</p> <p>Tangram team challenge</p> <p>Looking after our special people</p> <p>Danger or risk?</p> <p>Body space</p> <p>How can we solve this problem?</p> <p>Friends are special</p> <p>Zeb</p> <p>Relationship Tree</p>	<p>Relationships > Feelings and Emotions</p> <p>Secret or surprise?</p> <p>Dan's dare</p>	<p>Relationships > Valuing Difference</p> <p>Family and friends</p> <p>Respect and challenge</p> <p>Let's celebrate our differences</p>	<p>Living in the Wider World > Rules, Rights and Responsibilities</p> <p>As a rule</p> <p>Our friends and neighbours</p> <p>For or against?</p> <p>Thunks</p> <p>Recount task</p> <p>Super Searcher</p>	<p>Living in the Wider World > Caring for the Environment</p> <p>Let's have a tidy up!</p> <p>My community</p> <p>Our helpful volunteers</p> <p>Harold's environment project</p>	<p>Living in the Wider World > Money</p> <p>Can Harold afford it?</p> <p>Earning money</p>
<u>Year 4</u>	<p>Health and Wellbeing > Healthy Lifestyles</p>	<p>Health and Wellbeing > Keeping Safe</p> <p>Danger, risk or</p>	<p>Health and Wellbeing > Growing and Changing</p>	<p>Relationships > Healthy Relationships</p> <p>OK or not OK?</p>	<p>Relationships > Feelings and Emotions</p> <p>Different</p>	<p>Relationships > Valuing Difference</p> <p>Friend or</p>	<p>Living in the Wider World > Rules, Rights and Responsibilities</p>	<p>Living in the Wider World > Caring for the Environment</p>	<p>Living in the Wider World > Money</p>

	<p>Conformatron control</p> <p>Diversity World Hotel</p>	<p>hazard?</p> <p>Who helps us stay healthy and safe?</p> <p>Tell Mark II</p> <p>Medicines: check the label</p> <p>Picture Wise</p> <p>Crack the code</p> <p>Keeping ourselves safe</p> <p>When feelings change</p> <p>Under pressure</p> <p>Raisin challenge (2)</p>	<p>An email from Harold!</p> <p>Moving house</p> <p>My feelings are all over the place!</p> <p>All change!</p> <p>Period positive</p>	<p>(part 2)</p> <p>OK or not OK? (part 1)</p> <p>Islands</p> <p>Human machines</p> <p>Can you sort it?</p> <p>Together</p>	<p>feelings</p> <p>Secret or surprise?</p> <p>How dare you!</p>	<p>acquaintance?</p> <p>Diversity World</p> <p>What would I do?</p>	<p>How do we make a difference?</p> <p>In the news!</p> <p>The people we share our world with</p> <p>Safety in numbers</p> <p>That is such a stereotpye!</p>	<p>Logo quiz</p> <p>Volunteering is cool</p> <p>My school community (1)</p> <p>Harold's Seven Rs</p>	<p>Harold's expenses</p> <p>Why pay taxes?</p>
<p><u>Year 5</u></p>	<p>Health and Wellbeing > Healthy Lifestyles</p> <p>Smoking: what is normal?</p> <p>Getting fit</p> <p>It all adds up!</p>	<p>Health and Wellbeing > Keeping Safe</p> <p>'Thinking' about habits</p> <p>Jay's dilemma</p> <p>Independence and responsibility</p> <p>Our emotional needs</p> <p>Would you risk it?</p>	<p>Health and Wellbeing > Growing and Changing</p> <p>Different skills</p> <p>How are they feeling?</p> <p>Growing up and changing bodies</p> <p>Star qualities</p> <p>Dear Hetty</p> <p>Changing bodies and</p>	<p>Relationships > Healthy Relationships</p> <p>It could happen to anyone</p> <p>Taking notice of our feelings</p> <p>Collaboration Challenge!</p> <p>Give and take</p> <p>Relationship cake recipe</p> <p>Stop, start,</p>	<p>Relationships > Feelings and Emotions</p> <p>How good a friend are you?</p> <p>Dear Ash</p> <p>Ella's diary dilemma</p> <p>Is it true?</p>	<p>Relationships > Valuing Difference</p> <p>Qualities of friendship</p> <p>Kind conversations</p>	<p>Living in the Wider World > Rules, Rights and Responsibilities</p> <p>Local councils</p> <p>What's the story?</p> <p>Fact or opinion?</p> <p>The land of the Red People</p>	<p>Living in the Wider World > Caring for the Environment</p> <p>Rights, responsibilities and duties</p> <p>My school community (2)</p> <p>Mo makes a difference</p>	<p>Living in the Wider World > Money</p> <p>Spending wisely</p> <p>Lend us a fiver!</p>

		Being assertive Drugs: true or false? Spot bullying Communication Decision dilemmas	feelings Help! I'm a teenager - get me out of here!	stereotypes					
<u>Year 6</u>	Health and Wellbeing > Healthy Lifestyles Five Ways to Wellbeing project Joe's story (part 2) We have more in common than not What is HIV?	Health and Wellbeing > Keeping Safe It's a puzzle Rat Park What sort of drug is...? Think before you click! What's the risk? Drugs: it's the law! Alcohol: what is normal? Joe's story Traffic lights Behave yourself (2) What's the risk? 2 To share or not	Health and Wellbeing > Growing and Changing Is this normal? This will be your life! Helpful or unhelpful? Managing change Boys will be boys? - challenging gender stereotypes Media manipulation Making babies	Relationships > Healthy Relationships Solve the friendship problem Working together Let's negotiate Behave yourself Don't force me Acting appropriately	Relationships > Feelings and Emotions Dear Ash Dan's day	Relationships > Valuing Difference Advertising friendships! Respecting differences OK to be different	Living in the Wider World > Rules, Rights and Responsibilities Captain Coram 1 - Gin Lane: children's rights in the 18th century Captain Coram 2 - Thomas Coram and the Foundling Hospital Captain Coram 3 - Funds for Foundlings: 18th century artists raise money for the 1st children's charity Captain Coram 4 - Hetty Feather, fictional foundling: children's rights in the 19th century Captain Coram 5 - Life for Foundlings	Living in the Wider World > Caring for the Environment Project Pitch (parts 1 & 2) Community art Action stations! Happy shoppers	Living in the Wider World > Money What's it worth? Jobs and taxes

		to share?					in the 20th century Captain Coram 6 - Coram today: children's rights in the 21st century Our recommendations Two sides to every story Tolerance and respect for others		
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