

## Growth Mindset Framing

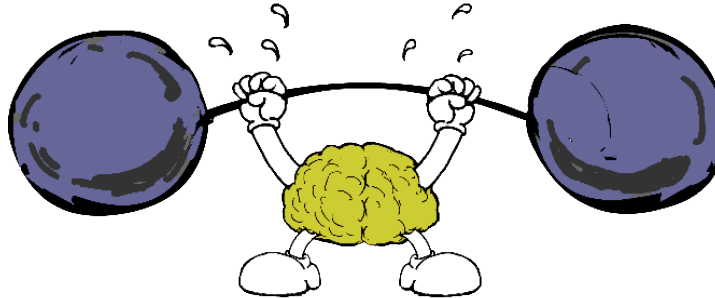
*In order to create a “risk-free” classroom environment where all students are willing to take on challenges and push themselves, it is important to make the focus on learning clear, make it safe to risk mistakes, and communicate a high confidence in all students’ ability to rise to the learning challenges. Use the following statements when introducing a new topic, concept, skill, or assignment in class:*

### For Communicating a Learning Goal

- New material is an opportunity to stretch!
- Today’s learning objective will give everyone an opportunity to stretch.
- Today, your brain will get stronger.
- I am hoping that you all do not know this already; I wouldn’t want to waste your time!
- I really want us to stretch beyond our comfort zone on this!
- After you do this, I’m going to ask everyone to share one mistake so we can learn from it.
- I’d like everyone to share one thing that is really confusing with their partner.
- The point of the lesson is learning; I want to know what parts are unclear so we can all meet our learning target.
- Today’s target for learning is . By tomorrow our goal is .
- I do not expect you to know this already. I am here to help you learn challenging material.
- Today, I want you to challenge yourself. stretch to learn this challenging material.
- This is very dense reading/challenging material. I am not going to hold you accountable for understanding all of it right away, but I want you to give it a first try.
- This is just the first draft—you’ll have lots of chance to improve it.
- I want you to push yourselves to tackle this concept.
- You won’t be graded on this—it’s a risk-free zone!
- We’re in the learning zone today. Mistakes are our friends!

### For Communicating High Expectations

- I **know** that you (all) have the ability to do this, so I have set the bar high.
- This will be a challenging concept to learn, but all of us can reach the goal.
- Be sure to communicate with me about your progress so I can provide support to you.
- I am going to push you all because I know if I do you will all do amazing work!
- Our classroom is a place for everyone to learn challenging material. I am here to help you meet that goal.
- This is challenging, but rewarding!
- This may be difficult right now, but you will remember it for the rest of your life.
- When you master this learning, you can be proud because this isn’t easy.
- Here is my challenge for you. I know you can meet it. I want you to challenge yourself.
- As you learn this, mistakes are expected. Your mistakes help me support you. Let’s make mistakes together!
- I have seen you stretch and succeed in the past. Let’s do it again.



### About Mindset Works

Mindset Works was co-founded by one of the world's leading researchers in the field of motivation, Stanford University professor Carol S. Dweck, Ph.D. and K-12 mindset expert Lisa S. Blackwell, Ph.D. The company translates psychological research into practical products and services to help students and educators increase their motivation and achievement.

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