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**CENTRAL**  
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Laguna Beach, CA 92651  
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**Half Tray - Serves 6 people • Full Tray - Serves 12**

**Empanadas**

**H \$15**

**F \$30**

Zesty stuffed pastry, available in chicken, beef or vegetarian.

**House Salad**

**H \$20**

**F \$40**

Lettuce, tomatoes and cucumbers, tossed in a fresh vinaigrette dressing. **GF**

**Avocado Salad**

**H \$45**

**F \$85**

Lettuce, tomatoes, cucumbers, shaved carrots, all tossed in a fresh vinaigrette dressing. **GF Veg V**

**Chicken Delights**

**Chicken Saltado**

**H \$65**

**F \$125**

Lean chicken sautéed with onions, tomatoes, and your choice of **either** green beans, cabbage, broccoli or French fries and served with steamed rice. (Can be requested **GF**).

**Arroz con Pollo (Chicken & Rice)**

**H \$65**

**F \$125**

Chicken strips sautéed with minced onions, cilantro and garlic. Served with a vegetable/cilantro based rice. **GF**

**Chicken Combinado**

**H \$65**

**F \$125**

Slow cooked cilantro chicken strips sautéed with onions and garlic. Served with our Peruvian white beans and steamed rice. **GF**

**Chicken Picante (Stew)**

**H \$65**

**F \$125**

Chicken strips and potatoes sautéed in a spicy chili and garlic sauce. Served with steamed rice. Can be requested **• • • •**

**Tallarín Verde Chicken**

**H \$65**

**F \$125**

Spinach basil sauce served on spaghetti, topped with a lightly breaded chicken breast.

**Chicken Chaufa**

**H \$65**

**F \$125**

Chicken fried rice, green onions, scrambled eggs and soy sauce.

**Best of Beef**

**Beef Saltado**

**H \$65**

**F \$125**

Beef strips sautéed with onions, tomatoes and your **choice** cut green beans, cabbage, broccoli or French fries. Served with steamed rice. (Can be requested **GF**)

**Tallarín Verde Steak**

**H \$65**

**F \$125**

Spinach and basil sauce served on spaghetti, topped with a lightly breaded thin steak.

**Beef Picante (Stew)**

**H \$65**

**F \$125**

Beef strips and potatoes sautéed in a spicy garlic sauce. Served with steamed rice. Can be requested **• • • •**

**Beef Chaufa**

**H \$65**

**F \$125**

Beef fried rice, green onions, scrambled eggs and soy sauce.

**Sea of Dreams**

**Seafood Picante (Stew)**

**H \$70**

**F \$140**

A blend of shrimp, fish, calamari and potatoes sautéed in a spicy chili garlic sauce, served with steamed rice. Can be requested **• • • •**

**Peruvian Paella**

**H \$70**

**F \$140**

Fish, calamari, mussel and shrimp tossed in a cilantro based rice with vegetables. **GF •**

**Vegetarian Garden** (All **Vegetarian** dishes can be requested **Vegan** except for Tallarín Verde Vegetables)

**Vegetarian Picante (Stew)**

**H \$55**

**F \$110**

Vegetables and potatoes in a spicy chili garlic sauce. Served with steamed rice. Can be requested **• • • •**

**Vegetarian Chaufa**

**H \$55**

**F \$110**

Vegetables fried-rice, green onions, scrambled eggs and soy sauce. **Veg**

**Tallarín Verde Vegetables**

**H \$55**

**F \$110**

Spinach basil sauce with vegetables served on al dente pasta. **Veg**

*We can serve all dishes with steamed rice instead of green rice for an upgrade. Prices subject to change without notice.  
We reserve the right to refuse service to anyone.*

**•** spicy    **•** medium    **•** mild    **•** non-spicy

**V** **vegan**    **Veg** **vegetarian**    **GF** **Gluten Free**    *ask for SOY FREE*

*Most dishes may be adjusted to your palate, spicy, non-spicy, remove or add certain spices, etc., with some exceptions.*