

	<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>	<u>Weekly Special Alternatives</u>
<b>WEEK 1</b> Jun 28-July 2	28 	29 	30 	1 	2 	Chicken Caesar Wrap
<b>WEEK 2</b> July 5-9 <i>Camp Closed</i>	5 	6 	7 	8 	9 	Grilled Veggie Wrap
<b>WEEK 3</b> July 12-16	12 	13 	14 	15 	16 	Chicken Salad Wrap
<b>WEEK 4</b> July 19-23	19 	20 	21 	22 	23 	Hummus Pita Chips
<b>WEEK 5</b> July 26-30	26 	27 	28 	29 	30 	Chicken Caesar Wrap
<b>WEEK 6</b> Aug 2-6	2 	3 	4 	5 	6 	Grilled Veggie Wrap
<b>WEEK 7</b> Aug 9-13	9 	10 	11 	12 	13 	Chicken Salad Wrap
<b>WEEK 8</b> Aug 16-20	16 	17 	18 	19 	20 	Hummus Pita Chips



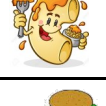




**FARM to TABLE**

Many of our ingredients are from local farmers

### Our Healthy Lunches are:

Nut-Free  
Sesame-Free  
Trans Fat-Free  
Baked Entrees  
(not Fried)

**Served Daily**  
Individually Packaged  
Grab 'n Go  
Salad Bar

	French Bread Pizza Carrot Sticks		Baked Chicken Tenders Cucumber Slices BBQ & Honey Mustard Sauce
	Baked Macaroni & Cheese Corn Bread		Pizza Carrot Sticks
	Chicken Sliders Corn Chips		French Toast Sticks Turkey Sausage
	Choice of Pasta (Plain, Butter or Marinara Sauce) Parmesan Cheese & Rolls		Choice of Hamburger, Veggie Burger or Kosher Hot Dog Pasta Salad & Chips

### Special one-time items served for Week 5

- Italy - Meatball Sub Sandwich with Cucumber Slices
- Japan - Vegetable Lo Mein & Pineapple
- Greece - Chicken Gyro served with Pasta Salad
- Poland - Pierogies (potato and cheese) served with Applesauce
- Mexico - Taco Wrap with Tortilla Chips

### Alternate Lunches Available Every Day

Turkey, Ham  
Tuna, Egg Salad  
SunButter & Jelly  
American Cheese  
Sandwiches

Bagels with  
Cream Cheese or Butter  
Yogurt

Vegan Rice & Bean Burrito

**Served Daily**  
Individually Packaged  
Grab 'n Go  
Fresh Fruit

