

**Kenzen Karate  
November 2021**

Club safety plan on website, as per the BC ReStart Plan with ViaSport's Return to Sport guidelines

"Kenzen Office" phone/text 250-857-5907  
contact@kenzensportskarate.com  
www.kenzenkarate.com

MON	TUE	WED	THU	FRI	SAT	SUN
1-Nov	2-Nov	3-Nov	4-Nov	5-Nov	6-Nov	7-Nov
3:00p After School Karate 3:30p JRS OR-BL 4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEEN & ADULTS	3:00p After School Karate 3:30p JRS WH-YE 4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE	3:00p After School Karate 3:30p JRS OR-BL 4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEEN & ADULTS	3:00p After School Karate 3:30p JRS WH-YE 4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE 7:30p SPORTS KARATE	3:30p JRS OR-BL 4:00p KATA TEAM 4:45p SAMURAI 5:10p JRS WHITE	8:30-9:30a TEENS & ADULTS 9:40-10:40a YELLOW-BLACK 9:50-10:35a SAMURAI 10:50-11:50a JRS WHITE 12-12:45p SAMURAI	
8-Nov	9-Nov	10-Nov	11-Nov	12-Nov	13-Nov	14-Nov
3:00p After School Karate 3:30p JRS OR-BL 4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEEN & ADULTS	3:00p After School Karate 3:30p JRS WH-YE 4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE	3:00p After School Karate 3:30p JRS OR-BL 4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEEN & ADULTS	Remembrance Day No Classes	PRO-D DAY CAMP 8:30a-4:00p 3:30p JRS OR-BL 4:00p KATA TEAM 4:45p SAMURAI 5:10p JRS WHITE	8:30-9:30a TEENS & ADULTS 9:40-10:40a YELLOW-BLACK 9:50-10:35a SAMURAI 10:50-11:50a JRS WHITE 12-12:45p SAMURAI	BC Winter Games Tryouts Nanaimo
15-Nov	16-Nov	17-Nov	18-Nov	19-Nov	20-Nov	21-Nov
3:00p After School Karate 3:30p JRS OR-BL 4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEEN & ADULTS	3:00p After School Karate 3:30p JRS WH-YE 4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE	3:00p After School Karate 3:30p JRS OR-BL 4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEEN & ADULTS	3:00p After School Karate 3:30p JRS WH-YE 4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE 7:30p SPORTS KARATE	3:30p JRS OR-BL 4:00p KATA TEAM 4:45p SAMURAI 5:10p JRS WHITE	8:30-9:30a TEENS & ADULTS 9:40-10:40a YELLOW-BLACK 9:50-10:35a SAMURAI 10:50-11:50a JRS WHITE 12-12:45p SAMURAI	
22-Nov	23-Nov	24-Nov	25-Nov	26-Nov	27-Nov	28-Nov
3:00p After School Karate 3:30p JRS OR-BL 4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEEN & ADULTS	3:00p After School Karate 3:30p JRS WH-YE 4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE	3:00p After School Karate 3:30p JRS OR-BL 4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEEN & ADULTS	3:00p After School Karate 3:30p JRS WH-YE 4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE 7:30p SPORTS KARATE	3:30p JRS OR-BL 4:45p SAMURAI 5:10p JRS WHITE 6:30p BROWN/BLACK BELT CLUB	8:30-9:30a TEENS & ADULTS 9:40-10:40a YELLOW-BLACK 9:50-10:35a SAMURAI 10:50-11:50a JRS WHITE 12-12:45p SAMURAI	
29-Nov	30-Nov	1-Dec	2-Dec	3-Dec	4-Dec	5-Dec
3:00p After School Karate 3:30p JRS OR-BL 4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEEN & ADULTS	3:00p After School Karate 3:30p JRS WH-YE 4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE	3:00p After School Karate 3:30p JRS OR-BL 4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEEN & ADULTS	3:00p After School Karate 3:30p JRS WH-YE 4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE 7:30p SPORTS KARATE	3:30p JRS OR-BL 4:00p KATA TEAM 4:45p SAMURAI 5:10p JRS WHITE	8:30-9:30a TEENS & ADULTS 9:40-10:40a YELLOW-BLACK 9:50-10:35a SAMURAI 10:50-11:50a JRS WHITE 12-12:45p SAMURAI Canada Open, Richmond (TBC)	Canada Open, Richmond (TBC)