


	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:45 Classes	Juniors Orange - Black	Juniors White - Yellow	Juniors Orange - Black	Juniors White - Yellow	Juniors Orange - Black	8:30 - 9:30 am Teen & Adult Karate
5:15 Classes	Samurai Kids (5:15 - 6:00)	Samurai Kids (5:15 - 6:00)	Samurai Kids (5:15 - 6:00)	Samurai Kids (5:15 - 6:00)	Samurai Kids (5:15 - 6:00)	9:30 - 10:30 am Junior, Teen & Adult Sports Karate
	Juniors White - Yellow	Juniors Orange - Black	Juniors White - Yellow	Juniors Orange - Black	Juniors White - Yellow	10:30 - 11:30 am Juniors All Levels
6:15 Classes	Juniors Orange - Black	Juniors White - Yellow	Juniors Orange - Black	Juniors White - Yellow	Junior, Teen & Adult Blue - Black	10:30 - 11:15 am Samurai Kids
7:15 Classes	Teen & Adult Karate (7:15 - 8:45)		Teen & Adult Karate (7:15 - 8:45)	Teen & Adult Sports Karate		
				Brazilian Jiujitsu (8:15 - 9:00)		

Samurai Kids 4-6 yrs (1x week)	Kenzen Juniors White - Yellow 7 -12yrs (2-3x week)	Kenzen Juniors Orange - Black 7-12yrs (2-3x week)	Advanced Classes Blue - Black 7 and up	Teen & Adult 13 and up	Sports Karate Yellow to Black
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All classes are 1 hour unless noted otherwise