

Kenzen Sports Karate

May 2019

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MON	TUE	WED	THU	FRI	SAT	SUN
<i>April 29 2019</i>	<i>30-Apr</i>	<i>1-May</i>	<i>2-May</i>	<i>3-May</i>	<i>4-May</i>	<i>5-May</i>
3-5p After School 5:15p Samurai & Beg Juniors 6:15p Intermediate Juniors 7:15-8:45p Teen/Adults	3-5p After School 3:30-4:30p Beg Juniors 5:15p Samurai & Int Jrs 6:15p Beginner Juniors	3-5p After School 5:15p Samurai & Beg Jrs 6:15p Intermediate Jrs 7:15-8:45p Teen/Adults	3-5p After School 3:30-4:30p Beg Juniors 5:15p Samurai & Int Jrs 6:15p Beginner Juniors 7:15-8:15p Sports Karate 8:15-9:15p Brazilian JiuJitsu	3-5p After School 5:15p Samurai & Beg Jrs 6:15-7:30p Advanced	8:30 Teen/Adults 9:30 Sports Karate 10:30 Juniors - All ranks 10:30-11:15a Samurai PISE Family Sport & Rec Festival	
<i>6-May</i>	<i>7-May</i>	<i>8-May</i>	<i>9-May</i>	<i>10-May</i>	<i>11-May</i>	<i>12-May</i>
3-5p After School 5:15p Samurai & Beg Juniors 6:15p Intermediate Juniors 7:15-8:45p Teen/Adults	3-5p After School 3:30-4:30p Beg Juniors 5:15p Samurai & Int Jrs 6:15p Beginner Juniors	3-5p After School 5:15p Samurai & Beg Jrs 6:15p Intermediate Jrs 7:15-8:45p Teen/Adults	3-5p After School 3:30-4:30p Beg Juniors 5:15p Samurai & Int Jrs 6:15p Beginner Juniors 7:15-8:15p Sports Karate 8:15-9:15p Brazilian JiuJitsu	PRO D Day Camp 8:30a-5p (SD63) 3-5p After School 5:15p Samurai & Beg Jrs 6:15-7:30p Advanced	8:30 Teen/Adults 9:30 Sports Karate 10:30 Juniors - All ranks 10:30-11:15a Samurai	
<i>13-May</i>	<i>14-May</i>	<i>15-May</i>	<i>16-May</i>	<i>17-May</i>	<i>18-May</i>	<i>19-May</i>
3-5p After School 5:15p Samurai & Beg Juniors 6:15p Intermediate Juniors 7:15-8:45p Teen/Adults	3-5p After School 3:30-4:30p Beg Juniors 5:15p Samurai & Int Jrs 6:15p Beginner Juniors	3-5p After School 5:15p Samurai & Beg Jrs 6:15p Intermediate Jrs 7:15-8:45p Teen/Adults	3-5p After School 3:30-4:30p Beg Juniors 5:15p Samurai & Int Jrs 6:15p Beginner Juniors 7:15-8:15p Sports Karate 8:15-9:15p Brazilian JiuJitsu	PRO D Day Camp 8:30a-5p (SD61) 3-5p After School 5:15p Samurai & Beg Jrs 6:15-7:30p Advanced	8:30 Teen/Adults 9:30 Sports Karate 10:30 Juniors - All ranks 10:30-11:15a Samurai	
<i>20-May</i>	<i>21-May</i>	<i>22-May</i>	<i>23-May</i>	<i>24-May</i>	<i>25-May</i>	<i>26-May</i>
Victoria Day Club closed	3-5p After School 3:30-4:30p Beg Juniors 5:15p Samurai & Int Jrs 6:15p Beginner Juniors Progress Evaluations	3-5p After School 5:15p Samurai & Beg Jrs 6:15p Intermediate Jrs 7:15-8:45p Teen/Adults Progress Evaluations	3:30-4:30p Beg Juniors 5:15p Samurai & Int Jrs 6:15p Beginner Juniors 7:15-8:15p Sports Karate 8:15-9:15p Brazilian JiuJitsu Progress Evaluations	3-5p After School 5:15p Samurai & Beg Jrs 6:15-7:30p Advanced Progress Evaluations	8:30 Teen/Adults 9:30 Sports Karate 10:30 Juniors - All ranks 10:30-11:15a Samurai Progress Evaluations	
<i>27-May</i>	<i>28-May</i>	<i>29-May</i>	<i>30-May</i>	<i>31-May</i>	<i>1-Jun</i>	<i>2-Jun</i>
3-5p After School 5:15p Samurai & Beg Juniors 6:15p Intermediate Juniors 7:15-8:45p Teen/Adults	3-5p After School 3:30-4:30p Beg Juniors 5:15p Samurai & Int Jrs 6:15p Beginner Juniors	3-5p After School 5:15p Samurai & Beg Jrs 6:15p Intermediate Jrs 7:15-8:45p Teen/Adults	3-5p After School 3:30-4:30p Beg Juniors 5:15p Samurai & Int Jrs 6:15p Beginner Juniors 7:15-8:15p Sports Karate 8:15-9:15p Brazilian JiuJitsu	3-5p After School 5:15p Samurai & Beg Jrs 6:15-7:30p Advanced	8:30 Teen/Adults 9:30 Sports Karate 10:30 Juniors - All ranks 10:30-11:15a Samurai Canada Open (Richmond) rec divisions	Canada Open elite divisions

Progress evaluations 6x per year - all juniors, teens and adults are evaluated on their progress 2 weeks prior to every belt test (Jan-Mar-May-Jul-Sep-Nov)