


	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 - 5pm	After School Program	After School Program	After School Program	After School Program	After School Program	8:30 - 9:30 am Teen & Adult Karate
3:30 - 4:30pm		Juniors White - Yellow		Juniors White - Yellow		9:30 - 10:30 am Junior, Teen & Adult Sports Karate
5:15 Classes	Samurai Kids (5:15 - 6:00)	Samurai Kids (5:15 - 6:00)	Samurai Kids (5:15 - 6:00)	Samurai Kids (5:15 - 6:00)	Samurai Kids (5:15 - 6:00)	10:30 - 11:30 am Juniors All Levels
	Juniors White - Yellow	Juniors Orange - Black	Juniors White - Yellow	Juniors Orange - Black	Juniors White - Yellow	10:30 - 11:15 am Samurai Kids
6:15 Classes	Juniors Orange - Black	Juniors White - Yellow	Juniors Orange - Black	Juniors White - Yellow	Junior, Teen & Adult Blue - Black	
7:15 Classes	Teen & Adult Karate (7:15 - 8:45)		Teen & Adult Karate (7:15 - 8:45)	Teen & Adult Sports Karate		
				Brazilian Jujitsu (8:15 - 9:00)		
	Samurai Kids 4-6 yrs (1x week)	Kenzen Juniors White & Yellow 7-12yrs (2-3x week)	Kenzen Juniors Orange - Black 7-12yrs (2-3x week)	Advanced Classes	Teen & Adult 13 and up	Sports Karate Yellow to Black

All classes are 1 hour unless noted otherwise