


	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 - 5pm	After School Program	After School Program	After School Program	After School Program	After School Program	8:30 - 9:30 am Junior, Teen & Adult Sports Karate
5:15 Classes	Samurai Kids (5:15 - 6:00)	Samurai Kids (5:15 - 6:00)	Samurai Kids (5:15 - 6:00)	Samurai Kids (5:15 - 6:00)	Samurai Kids (5:15 - 6:00)	9:30 - 10:30 am Junior, Teen & Adult All levels
	Juniors White - Yellow	Juniors Orange - Black	Juniors White - Yellow	Juniors Sports Karate Orange - Black	Juniors White - Yellow	
6:15 Classes	Juniors Orange - Black	Juniors White - Yellow	Juniors Orange - Black	Juniors White - Yellow	Junior, Teen & Adult Blue - Black	10:30 - 11:15 am Samurai Kids
						10:30 - 11:30 am Open Practice
7:15 Classes	Teen & Adult Karate (7:15 - 8:45)		Teen & Adult Karate (7:15 - 8:45)	Teen & Adult Sports Karate Yellow belt & up		
				Open Practice (8:15 - 9:00)		

Samurai Kids 4 to 6 years	Kenzen Juniors White to Yellow 7 to 12 years	Kenzen Juniors Orange to Black 7 to 12 years	All levels Juniors and up 7 and up	Teen & Adult Yellow to Black 13 and up	Sports Karate Yellow to Black 13 and up
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All classes are 1 hour unless noted otherwise