


	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 - 5pm	After School Program	After School Program	After School Program	After School Program	After School Program	8:30 - 9:30 am Junior, Teen & Adult Sports Karate
5:15 Classes	Samurai Kids (5:15 - 6:00)	Samurai Kids (5:15 - 6:00)	Samurai Kids (5:15 - 6:00)	Samurai Kids (5:15 - 6:00)	Samurai Kids (5:15 - 6:00)	9:30 - 10:30 am Junior, Teen & Adult All levels
	Juniors White - Orange	Juniors Red - Black	Juniors White - Orange	Juniors Sports Karate Red - Black	Juniors White - Orange	
6:15 Classes	Juniors Red - Black	Juniors White - Orange	Juniors Red - Black	Juniors White - Orange	Junior, Teen & Adult Blue - Black	10:30 - 11:15 am Samurai Kids
	Teen & Adult White belts		Teen & Adult White belts			10:30 - 11:30 am Open Practice
7:15 Classes	Teen & Adult Karate Yellow belt & up (7:15 - 8:45)		Teen & Adult Karate Yellow belt & up (7:15 - 8:45)	Teen & Adult Sports Karate Yellow belt & up		
				Open Practice (8:15 - 9:00)		

Samurai Kids 4 to 6 years	Kenzen Juniors White to Orange 7 to 12 years	Kenzen Juniors Red to Black 7 to 12 years	Teen & Adult White belt 13 and up	Teen & Adult Yellow to Black 13 and up	Sports Karate Yellow to Black 13 and up
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All classes are 1 hour unless noted otherwise