

CANYON BREEZE

AT RED MOUNTAIN RESORT

MORNING PLATES

FARM FRESH EGGS \$15

Two Eggs Any Style, Breakfast Potatoes
Calories 215/Carbs 8g/Protein 13g/Fat 14g/Fiber 1g

MESQUITE FLOUR PANCAKES \$15

Seasonal Berries or Banana, Prickly Pear Syrup
Calories 278/ Carbs 48g/Protein 5g/ Fat 8g/ Fiber 4 GF/DF

ORGANIC QUINOA BREAKFAST BOWL \$17

Turmeric Poached Egg or Firm Tofu, Rainbow Quinoa, Baby Kale,
Black Lentils, Roasted Yam, Portobello Mushroom, Red Onion,
Nutritional Yeast, Red Bell Pepper, Tahini Sriracha Sauce, Toasted Sesame Seeds
Calories 400/ Carbs 55g/Protein 22/ Fat 12g/ Fiber 12
GF, VEGAN PREPARATION IS AVAILABLE.

BREAKFAST BURRITO \$17

Two Eggs Scrambled with Fresh Cilantro, Black Beans,
Brown Rice, Poblano Chiles, Cotija Cheese, Colby Jack,
Pico de Gallo, Wheat Tortilla, Salsa Fresca
Calories 499/Carbs 55g/Protein 25g/Fat 19g/ Fiber 5

Nutrition Key: Calories/Carbohydrates (g)/Protein (g)/Fat (g)/Fiber (g)

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SPECIALTY COFFEE FROM CANYON COUNTER

(Single/Double, Tall/Grande)

ESPRESSO \$3/4

AMERICANO \$3/4

MACCHIATO \$4/5

CAPPUCCINO \$4/5

CAFÉ LATTE \$5/6

CHAI LATTE \$5/6

FLAVORED LATTE \$5/6

SMOOTHIES \$6