



Sadhana 200-Hour Yoga Teacher Training

MyCAA Program Details

The Sadhana Yoga School participates in the My Career Advancement Account Scholarship (MyCAA) program which is a workforce development program that provides up to \$4,000 of tuition assistance to eligible military spouses. Spouses of service members on active duty in pay grades E1 – E5, W1 – W2, and O1 – O2 who have successfully completed high school and have the ability to request tuition assistance while their military sponsor is on Title 10 military orders are eligible. Spouses married to members of the National Guard and reserves in these same pay grades are eligible.

Visit the MyCAA Portal online at: <https://airportal.acc.af.mil/mycaa> to provide the required Spouse Profile information. To get additional information and assistance, call 800-342-9647.

After establishing eligibility, email Diane at diane@binduwellness.com for the appropriate paperwork to submit to MyCAA.