

Your First Four  
Classes \$39

87

IYENGAR YOGA

BANDS 'n BALLS CORE  
STRENGTH

ROLL-OUT for TIGHT & TIRED  
MUSCLES

MEDITATION

GENTLE STRETCH &  
STABILITY

SLOW FLOW & WINE to GO

[STUDIO87YOGA.COM](http://STUDIO87YOGA.COM)



Maximum 12 students 7.5' apart  
Text 770.841.9086 to reserve your spot.

Covid protocols; Do not attend if unwell...  
Mask optional during class